

Saddle Post Intelligence

The Voice of the Skagit Bicycle Club

Skagit County Washington

October
2012

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<http://www.facebook.com/SkagitBicycleClub>

Skagit Bicycle Club's Annual Meeting Wednesday, October 17th, 2012 at 6:00 PM Sedro Woolley Senior Center 715 Pacific Place – Sedro Woolley

The meeting is open to all club members and a catered Mexican dinner will be provided by the club. If you plan to attend, PLEASE RSVP to Bill Thayer, 360 757 2679 or bhthayer@frontier.com by Tuesday October 9th.

Election of club officers for 2013 and voting for the recipients of the club's charitable donations will be conducted. Current club officers and Ride Leaders will be recognized and presented with appreciation awards.

This year's guest-speaker is author Mike McQuaide. Mike has written outdoor, travel and lifestyle stories for Adventure Cyclists, Sunset and Outside, and he is a frequent contributor to the Seattle Times NW Weekend. The author of five other guidebooks on outdoor travel, Mike is an avid road cyclist and mountain biker, with a few ironman triathlons under his chain, as well as a finish of the 200-mile STP ride in a single day. To learn more about Mike and some of his adventures go to his blog; mcqview.blogspot.com/.

6:00 pm Doors Open
6:30 pm Dinner buffet
7:00 pm Ride Leader Awards &
Officer/Board Recognition
7:30 pm Guest Speaker

I hope to see all of you at the meeting, thanks.
Jim Finch

Voice of the Club Member Survey We Hear You!

What an amazing response! Thanks to all who submitted a Voice of the Club Member Survey. We hear you and are looking forward to implementing your ideas. Below is feedback from 62 SBC members.

My Primary Reason for joining SBC is to

- 68% Bike socially with others as well as improve cycling skills and strength.
- 12% Bike socially with others of my same cycling ability
- 7% Improve cycling skills and strength
- 13% Receive updates on Skagit Valley improvements related to bicycling

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Out of The Saddle



By Jim Finch

It is time to vote! No, no, no, not that vote, but for your bike club. In the October newsletter you will find an invitation to our Annual Meeting. The newsletter will include Ballots for officers and our charitable donations for 2013. This is a great opportunity for you to get involved, just by placing your vote.

How to vote?? Simple! When you attend the meeting there will be ballots on the tables for you to fill out or you can print out the ballot in the newsletter, fill it out and bring it with you to the meeting. If you cannot attend, mail it to:

Skagit Bicycle Club
PO Box 363 Burlington, WA 98233

You may "write in" a candidate or charitable cause. Please remember, your vote COUNTS. Vote wisely and only vote once, thanks.

I invite you all to attend and meet other club members in a social setting. You might not recognize people in their civilian attire. No jerseys, riding glasses, helmets, bikes or clunky shoes. You will mingle with all abilities, from cruisers to hammerheads. All relaxed and calm. I am a bit deficient in knowing a lot of our club members, so I will work on that too. I hope to see you October 17th in Sedro Woolley.

Ride Safe.....Jim Finch

Continued from page 1

- 79% Road cyclist
- 3% Mountain Biker
- 18% I enjoy at least 2 out of 3 cycling disciplines

Have you participated in a Wednesday night club ride?

- 57% Yes
- 43% No

If you answered "yes", what is your opinion of the Wednesday ride? Circle all that apply

- 86% Just right. Long, medium, and short route options worked for me.
- 8% Ride was too fast
- 20% No one stayed together. I came to ride with others and not by myself
- 3% No one introduced themselves to me

My bicycle mileage has

- 30% Increased from last year
- 34% Decreased from last year
- 36% Stayed the same as last year

I prefer to ride

- 29% With other riders in a small group (less than 5)
- 56% With other riders in a medium group (6-10)
- 2% With other riders in a large group (greater than 10)
- 13% By myself or with one other person

While comments included feedback stating that many were satisfied with club rides and activities, we are ALWAYS looking for ways to improve. Here's what you told us.

Your recommendations for improving club rides include:

- Improve maps and route descriptions
- Conduct introductions, ride description, and ride expectations at each ride
- Allow racing (fast) group on Wednesday to leave 2 minutes earlier than other riders. Those dropped from the racing group can be picked up by other riders along the way
- Leave no one behind
- Identify new riders and make them feel welcome by riding with them

Continued on Page 4

My Trip Down the Coast to California

By Whit Whitford

First, I'm sorry I failed to complete this adventure--trust me; I'm more disappointed than anyone. Everyone helped me so much and I appreciate it all. It was a grand 2 weeks and I met some really nice people and saw some incredible scenery. I just wish the saddle sores hadn't gotten to me. Rode with the guy on the beach for 4 days--learned a lot from him--this was his 5th or 6th tour. Met 2 kids (early 20's--guy and girl friend) at Devils Lake State park and they camped with us again two nights later. We sat around a campfire and talked and laughed until after 10 pm. Wish I could have gotten a picture of them--they had crossed the country before riding down the coast. Love those hiker/biker sites--especially in Oregon. Had a serious tailwind in Oregon (picture with flag at Pt Orford), but California turned calm, foggy and cold, and they closed the state parks in NoCal the day after Labor day. Wasn't camping weather for sure. We'll see what next year brings in July...WHIT



“Duarte -- Serialized Cycling Fiction, Part Thirteen

By Ken Rasmussen

Emily was feeling frazzled. All of her clothes needed washing. The show had resulted in several commissions. She needed to contact her clients and set up a schedule for doing the paintings. The painting of Gigi needed to be finished while Gigi was available, and Emily needed to get ready for the century ride, which was tomorrow. What Emily wanted was twelve hours of sleep, a clone to handle the painting, and servants to clean house and do laundry. She wanted time to explore her relationship with Duarte.

Oh well, she thought. In ten years it will all seem unimportant. Of course that didn't do anything to solve her present situation. She decided to take a nap. At least that would help her to prepare for the ride.

* * *

Duarte reread the article. The Arts Examiner had given the show a positive review. His eyes drifted again to the final paragraph; “The highlight of the show was a painting by Duarte, who is also the curator of the show. In the painting two lovers are partially illuminated by moonlight. The interplay of moonlight and shadows across their bodies is handled with remarkable skill. If that were all, it would be a very fine painting. Even more wonderful is the manner in which the background echoes and amplifies the mood. If one ignores the lovers the painting still evokes a powerful emotional response. Duarte has infused emotion into the painting in a way that is reminiscent of Van Gogh's best work. However Duarte is a much more capable painter than Van Gogh was, so the effect is heightened. In a subtle touch that nearly escaped my attention, the intertwined bodies of the lovers are mimicked in the clouds. I eagerly await more work by Duarte.”

Emily was right. He had been casting stones in his own pathway. He could have had a career as a painter decades ago. His habitual defeatism had nearly sabotaged his relationship with Emily. It was only the shock of her trip to Italy with Dimitri that had jolted him out of his rut. Life was funny. For years he'd destroyed his opportunities for success and happiness. Now, against all of his expectations, he found himself rich, admired and loved.

* * *

Emily shivered with cold and excitement as she waited for Duarte to return from the Porta-Potty.

“You'll never guess who's here,” he said, when he came back.

“Who?” Emily asked.

“Gigi and Dimitri,” he said. “You've got to see. They're at registration.”

Emily walked toward the registration booth. There was no mistaking Gigi in her hot pink jersey. She strutted happily about, enjoying the attention she attracted. Dimitri was there also, looking self-conscious in his new cycling outfit.

“Dimitri, Gigi!”

Their heads turned, “Emily!”

“What a surprise to find you here,” said Emily.

“Gigi learned of the century ride from you,” said Dimitri, “and she wanted to come, so we got bikes and here we are. We're doing the twenty five miler.”

“Look at the bicycle Dimitri got me!” said Gigi. “It matches my outfit.”

Indeed it did, thought Emily. It was bright pink. “You'll

knock 'em dead, Gigi.”

“Knock 'em dead?” said Gigi. “Is that idiomatic?”

“Oui,” said Emily.

“Ah,” said Gigi. “Dimitri has a bicycle too. Show Emily, Dimitri.”

“I got this,” said Dimitri proudly. “It was the best they had.”

Emily blinked. It was a Merlin titanium frame with the finest Campagnolo parts. However the saddle was a Troxel, a brand known for its broad, deeply padded vinyl seats. The stem and bars were tall. Dimitri would be bolt upright. It was an odd combination.

“I've always heard good things about Merlins,” said Emily tactfully.

“I chose the saddle and bars myself,” said Dimitri proudly.

“Doesn't Dimitri look nice in his outfit?” said Gigi.

“Very,” said Emily.

“Gigi made me get this,” said Dimitri. “It feels funny to me, but I see everyone else wearing the same thing, so I suppose its OK. These shorts are strange.”

“Let's see,” said Emily. “Turn around.”

“Don't look at me,” said Dimitri. “I'm not used to wearing these yet. I don't know why they make them this way.”

“It's so women can check the men out,” said Emily. “You look really good, Dimitri.”

Dimitri flushed. Behind him Gigi could barely contain her laughter. She punched a fist in the air and mouthed the word “Yes!” to Emily.

“Did you find the bike you wanted in Italy?” Dimitri asked, changing the subject.

“I did,” said Emily, “But today I'm riding with Duarte on his tandem.”

“That's nice of you,” said Dimitri. “It'll be a lot easier on the old guy to have some young strong legs behind him.”

“Yes,” said Emily. “I'd better get ready.”

* * *

“I saw Dimitri and Gigi,” said Emily. “They have all new everything.”

“Gigi is going to be hazardous in that outfit,” said Duarte.

“How so?” asked Emily.

“When full breasted women crouch over racing handle-bars, it has a devastating effect on men. I once saw a distracted driver climb a seven inch curb. That brought his attention back to his driving!”

“Duarte, we're getting ready for an important ride. Would you think about cleavage some other time, and when you do, would you think about mine, not Gigi's?”

“Alright.”

“And another thing. Would you keep your tights pulled up? I don't want to be distracted by your “cleavage.”

“I have suspenders,” said Duarte, with dignity. He rummaged in the back of the van. “I got you this,” said Duarte. He held out the strangest helmet Emily had ever seen. “It's from the '80s,” said Duarte. “These were a hot item for time trialing until the UCI outlawed them for racing. This isn't really a race, so it's OK here.”

“You want me to wear that?” said Emily.

The helmet was gray, which was OK—it matched the jer-

Rides & More

October 27

RED BARN RAMBLE, 11:00 am

No one gets dropped for the first 5 miles, after that the speed increases as do the hills. This ride has many options, see me if you would like some help to make it shorter or different. The original route is about 42.5 miles approx.

Ride Leader Jean Sattler-Will,
360 710-9577, cesiwill@msn.com

August 30, 31 & Sept 1 Ride Report

By Jennifer McCoy

It was a series of 50's. On August 30, the Joy Ride, 12 people showed up, 6 reached Bellingham, and I rode home solo. Total 55 miles. Friday, August 31, 3 of us rode to Concrete on Hwy 20 and back to Burlington on South Skagit Hwy. Gordon Odegard was out in front. It was nice to meet and ride with Rick Weimin, a multitalented cyclist from Oak Harbor, including cyclocross, mountain bike and road biking. Total 60 miles. Saturday we headed out to Arlington. It was a challenge trying to keep up with Cheryl Minor and Jane Monroe. Gary would let me draft to catch them. Thank you, thank you. Total 45 miles. Total 3 days – 160 miles. Hopefully I'm getting into better and better shape to do Cycle North Carolina and everyone had opportunities to ride well!

Ride report for 9/7 Breakfast Ride:

By Jean Sattler-Will

On this beautiful sunny morning 8 riders, Gordon Odegard, Dan Snadstrom, Marshall Will, Gary Minor, Steve and Dian Jahn, Ron Runyan and myself, set off from Conway heading south to Silvana for Breakfast. Along the way we picked up Darlene Dubai near Cedarhome Elementary School. We crossed Pioneer Hwy to get to Miller Rd where we jumped the barriers to ride down to Norman Rd. There was some mention of Dian being able to ride under the barriers (short joke).. Thanks to everyone that rode and even waited for me a few time. It was fun!

Continued from page 2

- Regroup riders along the way for camaraderie and safety checks
- Provide more after work rides
- Give incentives for ride leaders
- Organize after ride potlucks and socials
- Provide training and/or cycling skills classes
- Organize slow rides for beginners
- More weekend breakfast rides
- Make start location in more central areas for after work rides.
- Offer more rides with long, medium, and short route options like the Wednesday night

Your recommendations for improving the club in general include:

- Add ride routes to the website. Post ride routes on website prior to ride
- Establish meet and greet activities where riders get to know each other
- Recruit and encourage the younger cyclists. The 20 and 30 year olds are missing
- Provide bike maintenance classes
- Offer trips and tours. Can be accomplished through established business like Erickson Bike Tours
- Organize other outdoor activities such as hikes and winter outings
- Coordinate rides and activities with Kulshan Bike Club, Mt. Baker Bike Club, or Fairhaven Bike Club
- Bring back ride leader reports to the newsletter. Add pictures of the ride
- Sponsor high profile guest speakers for club members
- Encourage online medium such as Facebook for spur of the moment rides
- Provide default Wednesday night ride for those who cannot travel to Wednesday monthly location
- Create ombudsman for each area (Anacortes, Mt. V, LaConner, Stanwood) to encourage local-community rides and socials

Path Forward....

We are looking forward to implementing your recommendations. Be sure to read your November newsletter ... as we begin to unveil the changes.

Most Sincerely,

Shaun, Justin, Colby, Jim, and Jill



FreeWheeling

ACTIVE COMMUNITY TASK FORCE (ACT) Skagit Council of Governments (SKOG)

Monthly meeting of: Sept 11, 2012

SBC members in attendance: McNett-Crowl; Pope; Erbstoesz; Jahn; McGuinness

Note: Skagit Bicycle Club(SBC) supports ACT activities to improve bicycling in Skagit County. This SBC Newsletter brief is to keep SBC members informed of such activities. You may direct inquiries to: Steve Jahn- steved-anjahn@gmail.com

Update: Skagit Transit –The updated Rider Guide represents significant improvements in ridership and routes improvements, is effective as of this September. SKAT is actively looking for ways to carry more bicycles and Bike lockers at Skagit Station and park 'n' ride locations.. It would be great to have funding for a pilot program. ACT is working to include Transit in the Regional NM Plan to beef up long range planning.

Update: Safe Routes to Schools (SRTS) – ACT has worked with communities for SRTS grant applications submissions for four local school zones: Mount Vernon, needs bike/ped improvements for LaVenture Road north to College Way; LaConner, push button signals on the Rainbow Bridge; Sedro-Woolley, improvements on John Liner Road near Cascade MS and connecting to the paved pathway on McGarigle Road; Anacortes, Island View School needs mid-block crossings, covered bike racks, etc.

Bike Ped Grants – Skagit County Public Works has recently embraced using push button signals and the use of information kiosks. PW also proposed a rest area near the Best Road/McLean Roundabout. During the peak cycling season - the Tulip Festival, MS 100 and other events - the rest area will provide water and air. These improvements are now within the County's Comp. Plan.

Skagit County Public Works- Chip Seal-The County's recent chip sealing are poor quality and noticeably rougher.. The results are a cause for concern, notably: E. Marches' Point Road and Josh Wilson. The County needs immediate feedback when road conditions have deteriorated. John Pope and Steve Jahn are looking further into this problem. Of need is a funded economic study of the impact of bicycling and bicycle tourism.

Non-Motorized Plan Update –Gabe completed a webpage and blog devoted to receiving public comment which will allow the public a voice without holding frequent meetings. The Non-Motorized Plan project blog is launched to provide public access to documents, surveys, and information about the plan. Here is the address: www.skagitnonmotorized.org

Developing Bike Parking Guidelines- Gabe researched and presented a 6 page draft for review by ACT. The reviewed draft then goes to TAC and if adopted moves into the Regional Non-Motrized Plan.

Skagit Bike Club Funding Requests-ACT has responded to Skagit Bike Club specific funding requests: 1) A donation toward the competition of the Guemes Trail (biking/walking trail);2) Donation to the Skagit Land Trust toward the purchase of 35 acres which will secure the future Centennial Trail section north of Big Rock and west of Hwy 9; 3) Bicycle Education programs; an interactive Web Site supporting the Regional NM Plan.

Bike/Walk Mount Vernon Update - At the September 6th Bike/Walk meeting, Henry Klein Partnership introduced a conceptual design for a bike/ped suspension bridge between the future downtown Promenade (Phase 2, fully funded) and Edgewater Park. The West MV Bridge cannot support any increased weight or capacity for a bike/ped addition.

Anacortes Bikes and Walks Bicycle Friendly Plan & Update-The final draft is to be adopted by the City of Anacortes. John Pope will give an update on the plan and Bicycle Friendly efforts in Anacortes at the ACT meeting in October.

Duarte: Continued from page 3

sees and the tandem, but it had the oddest teardrop shape that Emily had ever seen. It was as long as two ordinary helmets.

"Why don't you wear it?" said Emily.

"I have one," said Duarte. "It's just the same. I spent all summer finding this for you. C'mon, we'll be able to run a gear higher when we're at speed."

Emily sighed. "If it will make you happy. You owe me a big favor for this."

She put the helmet on. At least she couldn't see herself.

Skagit Land Trust Barney Lake Acquisition includes Centennial Trail right-of-way!

By Liz McNett Crowl

Skagit Land Trust is in the process of raising funds to purchase 255 acres in the Barney Lake-Nookachamps wetlands area. This purchase includes a 35-acre uplands piece that has a large Centennial Trail railway right-of-way through it. Bike club member Liz McNett Crowl has been involved in the campaign and would like to encourage individual club members to consider making a donation to SLT for the purchase of this land. Bicycling the Centennial Trail in Snohomish County is great but it is time for Skagit County to connect the dots. We are \$33,000 from our goal. For more information about the project and to make a donation please visit <http://skagitlandtrust.org/pages/savebarneylake.aspx>.

SKAGIT VALLEY BIKE MAPS ON Skagit Bicycle Club WEBSITE- In LINKS AND FORMS

SBC has added a downloadable .PDF file of the Skagit Valley bike Map. This may help you when creating bike routes. You can download the map, adjust the scale for the area your riding using +/- ZOOM, print the map, and then draw your route with a highlight pen. You would need a copier to make copies.



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 10am MRR March Point Dian Jahns 425 830 5381	2 Board Meeting Jim Finch 360 770 5915 WA FED Bank Burlington	3	4 10am MRR Joy Ride Conway Red Barn Linda White 360 399 1999	5	6	7
8 10am MRR March Point Dan Sandstrom 425 708 4981	9	10	11 10AM MRR Joy Ride Conway Red Barn Dan Sandstrom 425 708 7108	12 9am Hitchcock Park & Ride Bkfst & Ride Cheryl Minor 424-3567	13 10am MRR Red Barn Ramble Red Barn Conway Jim Finch 360 424 5533	14 12:00 M/RR RLH-Burlington Rose Ploeg 360 202 1716
15 10am MRR March Point Steve Jahns 425 830 4981	16	17 5:30 Sedro Woolley Senior Center Annual Dinner & Meeting Jim Finch 360 424 5533	18 10am MRR Joy Ride Conway Red Barn Jennifer McCoy 360 336 2535	19 10 AM MRR Burlington High School Parking lot Rain cancels Bill Thayer 360 757 2679 Newsletter Deadline 	20 10:00 B/RR Washington School Mount Vernon Jim Finch 360 770 5951	21 10AM MRR Conway Red Barn Jane Monroe 360 424 4619
22 10am MRR March Point Gordon Odegaard 360 421 0573	23	24	25 10am MRR Joy Ride Conway Red Barn Janice Lisherness 360 466 3030	26	27 11:00 AM Conway Red Barn Red Barn Ramble Jean Sattler-Will	28 2 PM MRR RLH 17524 Fir Island RD. La Conner Jeannette Folkertsma 360 445 5924

29 10am MRR March Point Jerry Ziegler 253 966 7975	RR	Road Ride	30 31
	MB	Mountain Bike	
	TT	Time Trial	
	RLH	Ride Leader's Home	
	Ride Pace:		
	E	Easy under 10mph	
	S	Social 10-12 mph	
	M	Moderate 12-16 mph	
	B	Brisk 16-20 mph	
	ST	Strenuous 20+ mph	
If weather is questionable call the ride leader			



October 2012

Board Briefs

SKAGIT BICYCLE CLUB
GENERAL MEETING MINUTES--SEPTEMBER 4, 2012

Present: Jim Finch, Jean Sattler-Will, Gordon Odegaard, Dan Sandstrom, Colby Plagge, Shaun Bridge, Justin Dahl, Steve and Dian Jahn, Bill Thayer, Chris Hanson, Jill Langley, and Marci Maulden

Welcome to new member Curt Oppel from Anacortes.

The August 4, 2012 meeting minutes were approved with no corrections.

Ride Coordinator's Report:

As of the time of the board meeting, Bill Thayer reported that 17 members have qualified for a ride leader award this year. Both Bill and Marshall Will have been looking into appropriate ride leader awards this year and they will coordinate their efforts.

Old Business:

The list for the annual banquet donations to be voted on are as follows:

Special Olympics; Bike Alliance of Washington, Skagit County Medic One Helmet; BMX Bakerview; and Active Community Taskforce.

Jim Finch reported that Gordon Odegaard and Dan Sandstrom will be 2013 nominees for the positions of SBC President and Vice-President respectively. Steve and Dian Jahn have agreed to coordinate the bridge sweeps and the presence of SBC at bike expo in 2013. We still need nominees for Ride Coordinator, and another SBC board member. It was asked that Marshall Will send out a late breaking news email to the club to solicit nominees for these two positions.

New Business:

Shaun Bridge distributed charts which portrayed SBC Memberships throughout the years of 2008 through 2012, average memberships by location, and percentage of out of county memberships. He is working on documenting rider participation in a similar fashion at a later date. Jill Langley brought the results of the September 2012 SBC Survey. There were 48 responses which are considered a good participant ratio. The board reviewed the results together but Jill will put a smaller group together for discussion and recommend a follow-up action plan to the board.

Meeting was adjourned at 7:20pm.

Respectfully submitted by Marci Maulden

Club Information

Skagit Bicycle Club

Officers & Board

President

Jim Finch

JimF@waulb.com

Vice President

Steve Jahn

stevedianjahn@gmail.com

Secretary

Marci Maulden

mauldenm@earthlink.net

Treasurer

Marshall Will

cesiwil@msn.com

Past President

Jean Sattler-Will

cesiwil@msn.com

Board Members

Justin Dahl

justin661@gmail.com

Chris Hanson

cahanson94@comcast.net

Dian Jahn

stevedianjahn@gmail.com

Craig Langley

clangley@everettsd.org

Gordon Ogedaard

ygode@wavecable.com

Dan Sandstrom

dan.sandstrom@comcast.net

Volunteer Positions

Ride Coordinator

Bill Thayer

BhThayer@frontier.com

Spring Classic Co-Coordinator:

Jamie Wells/Jill Langley

Bridge Sweep Coordinator:

Bill Woyski

Membership List

Marshall Will

cesiwil@msn.com

Web masters:

George Haigh

george@zappo.org

Tom Jacobson Tomandlori@

comcast.net

Website:

www.skagitbicycleclub.org

Mailing Address

The Skagit Bicycle Club

P.O. Box 363 Burlington WA

98233

Saddle-Post Intelligencer

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The Skagit Bicycle Club

Editor Rose Ploeg

dutchpedaler@yahoo.com

See Ride Calendar for Deadline

Bike Travel Cases: Deposit is \$100 and is refundable upon the return of the case. The borrower is responsible for the pickup and drop off of the case.

Bike Travel Trailer: "BOB" bike trailer with a water proof duffel
Club Bike Racks: Four Yakima bike carriers attach to a roof rack 1 inch round bars front and rear. fork mount/ mounts for the front wheel. Currently kept in the Storage Unit in Mount Vernon. To check out and arrange a pick up of any of the above items contact Bill Thayer 360 757 2679 or Jane Monroe 360 424 4619

If you are having issues with the email edition of the Newsletter please contact us through the website or via Marshall Will at 360 929 5003 or cesiwil@msn.com. Copies of the newsletter will be mailed upon request.

Membership benefits include 10% off at the following businesses:

Bicycles NW

31531 SR 20

Oak Harbor 360 279 8919

Skagit Cycle Center

1704 S Burlington Blvd

Burlington 360 757 7910

1620 Commercial Ave.

Anacortes 360 588 7910

Arlington Velo Sport

Bicycle Shop

401 N Olympic Ave

Arlington, WA 98223

360-629-6415

www.stanwoodvelosport.com

Club Members:

Please remember to show your membership card to receive your discount at the above businesses.



Find us on
Facebook

<http://www.facebook.com/SkagitBicycleClub>

Skagit Bicycle Club
P.O. Box 363
Burlington WA 98233

Skagit Bicycle Club Membership Form

Check One: New Renewal

Annual Dues: Individual \$ 15.00 Family \$ 20.00

Name
Address
City State Postal Code
Phones
Email:

MAIL TO:

Skagit Bicycle Club P.O. Box 363 Burlington WA 98233

You will receive your Newsletter via Email ...Unless you CHECK HERE to receive the paper version (not in color) via US Postal Service

**Skagit Bicycle Club 2013 Officer Election Ballot & Charitable Donation Preference List
2013 Officer Candidates, as recommended by the Nomination Committee**

(Please vote for each position; write in's are welcome.)

Position	Nominee	Write In
Position 1 Board Member	<input type="checkbox"/> Colby Plagge	_____
Position 2 Board Member	<input type="checkbox"/> Shawn Bridge	_____
Position 3 Board Member	<input type="checkbox"/> Mike Tallering	_____
Secretary	<input type="checkbox"/> Marci Maulden	_____
Vice President	<input type="checkbox"/> Dan Sandstrom	_____
President	<input type="checkbox"/> Gordon Odegaard	_____

**Charitable Donation Preference List
(Please number in order of your preference; 1 = highest.)**

Bicycle Alliance of Washington

The Bicycle Alliance advocates for bicyclist's and a bike friendly Washington.
<http://www.bicyclealliance.org/aboutbaw/index.html#mission>

Special Olympics - Skagit County Branch

Since its inception, the Skagit Bicycle Club has proudly been the prime sponsor of Skagit Valley's ten week cycling training program for approximately twenty special athletes. We train on the two lane truck driving oval at Skagit Valley College on Tuesday evenings starting in late March through the state competition held on the first weekend in June. Thankfully members of our club volunteer each week serving as mentors for our special friends. Athletes skills range from very basic riding to fairly technical competitive road racing. Our volunteers are the heart and soul of the program. Your continued support is greatly appreciate.

Skagit County Medic One Bicycle Helmet Program

Coordinates local injury prevention efforts as the sponsoring agency for Safe Kids Skagit County, a Washington state chapter of Safe Kids Worldwide. Medic One encourages everyone to wear a helmet while riding bikes, skateboards or scooters. They make low cost helmets available to all who need them. They also partner with area fire departments and other government agencies to bring helmets to local schools.

Skagit County Active Community Task Force (ACT)

- 1) A donation toward the competition of the Guemes Trail (biking/walking trail);
- 2) Donation to the Skagit Land Trust toward the purchase of 35 acres which will secure the future Centennial Trail section north of Big Rock and west of Hwy 9;
- 3) Bicycle Education programs; an interactive Web Site supporting the Regional NM Plan.