

Saddle-Post Intelligencer

The Voice of the Skagit Bicycle Club -Skagit County-Washington

August 2013

Volunteer Opportunities

There will be two positions on the Skagit Bicycle Board open starting in January 2014. We will also need a member to run for Vice President since Vice President will become President. If anyone is interested in these positions notify a member of the nomination committee, Jim Finch, Marshall Will, Dan Sandstrom or Gordon Odegaard. In order to maintain a viable club we all need to do our part so please volunteer.

Riding Orcas

Last month on a Monday ride we did San Juan Island this month we rode Orcas. It was a perfect day, cool in the morning and as we started riding the sun



come out. Orcas, as you know, has some challenging hills with included Mount Constitution. Five of us rode the mountain, which offers spectacular views. It had been nearly 40 years since I had ridden up Mount Constitution. Jennifer told me after the first two miles the road flattens out. Well after 2 miles I was wondering when this road will flatten! The ride down the mountain was fun and fast although we had to be careful since there were a few potholes and they were difficult to see because of the shadows of the trees and wearing sunglasses. Besides riding up Mount Constitution we took the Crow Valley Road to Deer Harbor and the Deer Harbor Road back to the ferry. East Sound offered many options for lunch.

Total Retro Cycling Weekend! August 16th and 18th

The Seventh Annual Retro Ride will take place on August 18th beginning at 10am at the Skagit County Historical Museum, 501 4th Street, in La Conner. Participants are encouraged to come in period or fanciful costume and to ride antique, interesting, or unusual bicycles. Even if you can't manage a costume or special bike the event will be worth attending to see what others have come up with. In the past we've seen some wonderful costumes and bikes, and this year's event should be better than ever.

The judging of bikes and costumes will be done by all in attendance. Awards will be given for Most Wonderful Bicycle, Most Wonderful Costume, and Best Overall Effect. After the judging and socializing there will be a relaxed two hour out-and-back ride followed by lunch in La Conner. The event is free except for lunch.

The event is co-sponsored by the Skagit Bicycle Club and the Skagit County Historical Museum. Ken and Kathea Rasmussen are the ride leaders, kayakfit@fidalgo.net, 360 766 8720.

The Pickford Film Center has chosen the same weekend for their annual "Bike In" and "Show and Shine". Meet at 6pm on August 16th at Bay Street in Bellingham. This year's event will begin with a parade, followed by judging of bicycles (with merchandise awards) in the Vintage, Custom, and Best Decorated categories. There will be a beer garden (sponsored by Sparks Radio Museum) with live music, followed by an outdoor screening of "Young Frankenstein". (Participants are encouraged to wear costumes based upon "Young Frankenstein".) Watch out for special effects and demonstrations from the Sparks Radio Museum throughout the evening! <http://everybodybike.com/events/event/pickford-bike-in-movie/>

The best thing is to attend both events for a total Retro Cycling Weekend!

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The Pace Line

By Gordon Odegaard



My wife and I have five grandchildren. Over the years we have taken them on various trips during the summer months including a couple of trips to Disney Land, Vancouver Island, the Oregon Coast, the Washington Coast, Petersburg, Alaska and Winthrop plus other destinations. The ages of the grandchildren range from 23 to 6 years. The youngest two are 8 and 6. Since the oldest grandchildren are off doing other things, we have started a new set of trips this summer being the first. Since I enjoy exercising, working in a run during those earlier years was not a problem. I would put on a pair of running shoes go out the door and Joanne would take the kids to the pool. Now that running is out of the question with a knee replacement bicycling is more complicated.

The first time I took my bike to one of these trips was to San Juan Island about 14 years ago. We loaded our bags in the back of the Subaru Outback (our first one) and put the bike on the carrier on top of the car. When arriving at the ferry dock the ticket taker said I would have to pay extra for the bike, but if I placed the bike on its side on the roof rack I would not have to pay the extra fee. This I thought was strange. Being the cheap Norwegian that I am, I placed the bike on its side and drove on to the ferry. We then found our motel in Friday Harbor. The only real requirement was that the motel had a pool. The water was so cold that only kids would get in. We then proceeded to explore the island, the kids and Joanne in the car and I was on my bike. We were to meet in Roach Harbor. Little did I know they were looking at the sculptures in the sculpture garden which I road by several times before they flagged me down? They accused me of riding with my head down and not looking around, maybe they have a point. This arrangement of Joanne and the grandchildren riding in the car and me riding a bike worked out really well on the inland. On the return ferry ride to Anacortes I asked the attendant at the dock if I had to lay my bike flat on the roof rack. He had not heard of such a requirement. One real bonus on our return ferry ride was a pod of orcas swam right by the ship so the grandchildren had an excellent view of these wonderful animals.

Fast forward to 2013 when we took the two youngest grandchildren to Winthrop. Again the only requirement for a motel was that it had a pool. Unfortunately it rained a much of the time, but it was not too wet for the children to play and swim in the pool. I did manage to take a short 20-mile ride up Sun Mountain before it started to rain on the second day. On the way back home I left the motel early on my bike while the grandchildren had one last swim. They then drove toward Washington Pass with a stop in Mazama. They caught up to me just short of the pass. My goal was to meet them at the pass. But Just as Joanne drove into a parking area a big old black bear ran across the road in front of me. Had Joanne not been at the point on the road I would have been a spot where the bear crossed the road. The older of the two grandchildren did see the bear, which was a thrill for her, but her brother missed the excitement having fallen asleep.

So after walking out to the look out at Washington Pass we headed home having completed what will no doubt be the first of several more summer adventures with grandma and grandpa which we hope they will remember for years to come. The three older grandchildren certainly remember those adventures. I will always try to work a bike ride in the trips to come.

May all your winds be tail winds and all the hills are down hill.



Sunday August 4

Lake Whatcom MRR - Mount Vernon park and ride corner across street from downtown Co-op. 9:30 AM Approx. 60 to 70 miles. Map provided. Ride goes to Clear Lake into Sedro up Fruitdale to highway 9 into Wickersham down Park road to Lake Whatcom and back via Butler Creek and back through the valley. We stop halfway at the Alger store for a 15 min. break. Rain cancels. 425-446-9019 Lou Rivetti

Sunday, August 4 2:00 pm (RLH)

LaConner Ice Cream Ride
Summer sunshine, a bike ride, and ice cream...what more could you want? Enjoy approx 20 mile bike ride from Fir Island to La Conner. We'll stop for ice cream at Snow Goose Produce on the way back.
Jeannette Folkertsma
360-445-5924

MONDAY RIDES

March Point Park & Ride; 10 AM, Moderate Pace. 35-45 miles. Stop for lunch/light snack. No map group ride. Bad weather cancels.
Questions-Contact Dan Sandstrom
dan.sandstrom@comcast.net 360-708-7108
or Steve Jahn
stevedianjahn@gmail.com 425-830-4981

Saturday, August 24,

Port Townsend to Fort Flagler (also called The Vlasak Classic)
Join me for a great ride on the Olympic Peninsula we will take the 8:45 AM Coupeville (formerly called Keystone) Ferry (but be there by 8:15 to park and get your ferry ticket) from Whidbey Island over to Port Townsend. The new ferries have reserved parking stalls just for bicyclists. We will ride the beautiful but hilly 53 mile loop that goes over to Fort Flagler by cycling through scenic Fort Worden, Cape George, and Irondale. Our return brings us back to Port Townsend where we can celebrate the adventure with burgers and beverages at the Port Townsend Public House before catching an afternoon ferry back. I have a shorter route of about 38 miles but this route also has hills. Any questions, just give me a call at 360-632-7596. Greg Vlasak

Saturday, August 24 @ 8:30 am

MV Farmer's Market Ride
The Mount Vernon Farmer's Market has moved to a new location in the Skagit State Bank parking lot at 901 Cleveland in the south end of old downtown. Meet at the parking lot just east of it (south of the MV Library on Snoqualmie street between 2nd & Cleveland). We'll do approx 26 mile ride to Conway and around the west side. Afterwards, we can enjoy some breakfast/lunch at the market. You won't want to miss out on the Swedish pancakes there!
Jeannette Folkertsma
360-445-5924

Sunday August 25

Gary and Cheryl is hosting a bicycle ride, potluck (burgers provided) and swim day (optional) Ride starts 1 PM and potluck 3:30 Bring swimsuit, towel a drink of choice and a dish to share.
RR M/B
23605 Glenn Allen Place
Off of W. Big Lake Blvd.
Gary's 360 755 9848
Cher's 360 424 4836



September 21

This annual ride is the major fund raiser for Whidbey General Hospital, and attracts about 500 riders. Participants can choose between 100, 50, 40, or 30 mile routes for \$60. There's also a beginner and family ride of 10 miles. To encourage families to ride, the cost for this 10 mile route is \$25 for one adult and up to 3 kids.

Registration is open now: www.tourdewhidbey.com



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday																						
AUGUST			1	2	3	4																						
			10:00 am MRR-Joy Ride Conway Red Barn Janice Lisherness 360 391 3931		10:00am RR-all levels Ramble Ride Conway Red Barn Jean Sattler-Will 360 710 9577	9:30 am MRR MV Park & Ride Lou Rivetti 360 446 9019 More info in Newsletter 2:00 pm SRR- Ice Cream Ride 17534 Fir Island Rd Jeannette Folkertsma 360 445 5924 Details in Newsletter																						
2013			8	9	10	11																						
5	6	7	10:00 am MRR-Joy Ride Conway-Red Barn Cheryl Minor 360 424 4836	9:00am MRR- Breakfast Ride MV Park & Ride Hickox Rd & Old 99 Cheryl Minor 360 424 4836	Jan Selvig-RR Marblemount to Winthrop Jamie Wells 360 941 1270	9:35 am MRR Anacortes Ferry to Lopez Island Whit Whitford 360 757 1357																						
12	13	14	15	16	17	18																						
10:00 am MRR March Point Park & Ride Dan Sandstrom 360 708 7108 Steve Jahns 425 830 4981 6:00 pm MTB-intermediate Call Mark Everett 360.629.6415 for start location	6:00 pm SBC Mtg. Dimensional Communications 1220 Anderson Rd, M.V. Gordon Odegaard 360 421 0573 6:00 pm SRR Sweet Cakes M.Everett 360.629.6415 6:15 pm E Bikespot -Anacortes N.Stowe 360 588 1676	8:00am BRR Spicy Cakes Arlington Velo Sport Mark Everett 360.629.6415 6:00 pm Edison Elem School B & MRR/Med/Long Jon Kvernmo 360-333 1212 SRR/short Mike Rathvon 360 708 9284	10:00 am MRR Joy Ride Conway Red Barn Linda White 360 770 1050	10:00am Social Trail Ride North end Centennial Trail @Barn Linda White 360 770 1050	10:00 am RR-all levels Ramble Ride Conway Red Barn Lou Rivetti 425 446 9019	10:00 am Retro Ride Skagit County Historical Museum Ken & Kathea Rasmussen 360 766 8720 Details in the Newsletter																						
19	20	21	22	23	24	25																						
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26	27	28	29	30	31																							
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Skagit Bicycle Club Membership Form

Club Information

Annual Dues: Individual \$15.00 Family \$20.00

Check One: New Membership
 Renewal

MAIL TO:

Skagit Bicycle Club
P.O. Box 363 Burlington WA 98233
OR

Use PayPal to join or renew your membership
online at www.skagitbicycleclub.org

Name
Address
City State Postal Code
Phones
Email:

You will receive your Newsletter via Email
...Unless you CHECK HERE
to receive the paper version (not in color)
via US Postal Service



Skagit Bicycle Club
Officers & Board
President
Gordon Ogedaard
jgode@wavecable.com
Vice President
Dan Sandstrom
dan.sandstrom@comcast.net
Secretary
Marci Maulden
mauldenm@earthlink.net
Treasurer
Marshall Will
cesiwill@msn.com
Past President
Jim Finch
JimF@wabulb.com

Board Members
Shaun Bridge
sbridge007@gmail.com
Justin Dahl
justin661@gmail.com
Chris Hanson
cahanson94@comcast.net
Dian Jahn
stevedianjahn@gmail.com
Colby Plagge
Colbyp@dimensional.net
Mike Tallering
mike.tallering@siemens.com

Volunteer Positions
Ride Coordinator
Janice Lisherness
360 391 3931 /360 466 3030
bikerjan1@hotmail.com
Spring Classic Co-Coordinator:
Marshall Will/Jill Langely
Bridge Sweep Coordinator:
Steve Jahn
Membership List
Marshall Will
cesiwill@msn.com

Website:
www.skagitbicycleclub.org
Web masters:
Jamie Wells
Jamie@skagitspringclassic.org
George Haigh
george@zappo.org
Tom Jacobson
Tomandlori@comcast.net

Mailing Address
The Skagit Bicycle Club
P.O. Box 363 Burlington WA
98233

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The Skagit Bicycle Club
Editor Rose Ploeg
dutchpedaler@yahoo.com
See Ride Calendar for Deadline

Bike Travel Cases: Deposit is \$100 and is refundable upon the return of the case. The borrower is responsible for the pickup and drop off of the case.

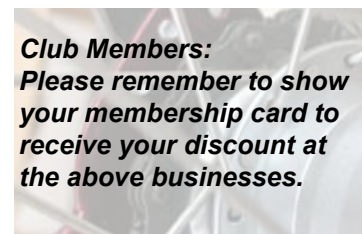
Bike Travel Trailer: "BOB" bike trailer with a water proof duffel
Club Bike Racks: Four Yakima bike carriers attach to a roof rack 1 inch round bars front and rear. fork mount/ mounts for the front wheel. Currently kept in the Storage Unit in Mount Vernon. To check out and arrange a pick up of any of the above items contact Bill Thayer 360 757 2679 or Jane Monroe 360 424 4619

If you are having issues with the email edition of the Newsletter please contact us through the website or via Marshall Will at 360 929 5003 or cesiwill@msn.com. Copies of the newsletter will be mailed upon request.

Membership benefits include 10% off at the following businesses:

Bicycles NW
31531 SR 20
Oak Harbor 360 279 8919

Skagit Cycle Center
1704 S Burlington Blvd
Burlington 360 757 7910
1620 Commercial Ave.
Anacortes 360 588 8776
Arlington Velo Sport
Bicycle Shop
401 N Olympic Ave
Arlington, WA 98223
360-629-6415
www.stanwoodvelosport.com



<http://www.facebook.com/SkagitBicycleClub>

Skagit Bicycle Club
P.O. Box 363
Burlington WA 98233