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# *The Pace Line*

*By Gordon Odegaard*



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## *One More Bike*

During rides we often talk about bikes. I innocently asked Marshall Will what is the right number of bikes one should own. His response was "One more bike."

Three years ago my wife and I visited her cousin in Tucson, Arizona, a great city in which to bicycle. Greg Vlasak suggested a couple of bike shops in the neighborhood where we staying. It just so happens that Greg and his wife 's winter home is within two miles where we stay. So I rented a full carbon fiber Look bicycle. I could not go back to my aluminum frame Cannondale after riding the carbon fiber bike. So I guess I have Greg to blame for buying the Specialized Roubaix with a triple crank. While HansPeter and I were buying our new bikes, Brigitte told my wife that HansPeter and I were acting like a couple of little kids getting their first bike. The Specialized is really nice to ride especially for senior riders. I have tried riding the old Cannondale from time to time but my hands go numb and I am worn out after a rather short time.

Since buying the Specialized I compared its weight with HansPeter's Cannondale and my son's new Focus. Those bikes are so much lighter than mine. I need one more bike! Maybe I could ride faster if I had a bike just a couple of pounds lighter!? So when you see HansPeter drop me, remember he has a lighter bike!

I am from a small fishing community in Southeastern Alaska called Petersburg. The population while I was growing up was 1,600. All the roads were gravel and many were pure mud during the spring thaw. All the bikes were single speed with balloon tires. At age 5 the neighbor kids would push me along teaching me to ride. Since I was the youngest kid in the neighborhood I was allowed some perks. Finally, my brother who was really mechanically talented, built a 24 inch bike for me. As a first grader and the proud owner of a bike I decided to ride to school. I had not mastered getting on the bike without the aid of a curb and I could not yet stand on the pedals. The school is up on a rather steep hill so I could only do a seated climb on that rather heavy single speed. I was so scared I went right up that hill. I have never been able to do that since. Even with my 27 speed Specialized I would have to stand on the pedals.

After growing out of the 24 inch bike my brother put together another bike that nearly ended my life. I had a nasty collision at the bottom of our hill with a car, a collision that destroyed the bike and was the origin of my knee

problems. Having worked at odd jobs I had saved enough money to buy a brand new bike from the Montgomery Ward Catalog.

That was my last bike I owned for several years besides it was not cool to go riding around a bike as one entered middle and high school.

Finally, after several years of school, marriage, and children my wife wanted a bike. I thought why would one want a bike we were runners! I had received a grant to attend graduate school at the University of Iowa. It just so happened a person we knew wanted to sell his Schwinn Varsity. That I thought would be great while going to school so I bought it for \$35.00, it worked out to be a dollar pound. I had that bike for a few months at the University before it was stolen even though it was locked. It was a period of time when people with trucks would come though college campuses and rip off bikes. Multi speed bikes were in big demand. So after loosing the Schwinn Varsity I had to buy another bike, then another and another and another and another until I finally bought the Specialized Roubaix.

But it would sure be nice to have a bike that is just a little lighter. Could I go faster and not let HansPeter drop me? Could I hang on to Dan's, wheel, probably not. But maybe with ONE MORE BIKE!? How fast are those Ebikes?

*May all the winds be tail winds! ---Gordon*

*First Bike*



*Last Bike?*





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# Rides, Ride Reports & More!

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## MONDAY RIDES

Every Monday in February, March Point Park & Ride;  
WINTER START TIME!!- 11 AM, Moderate Pace.

Bad weather cancels

Questions: Contact Dan Sandstrom dan.sandstrom@comcast.net 360.708.7108 or Steve Jahn stevedian-jahn@gmail.com 425.830.4981

February 25

11:00am, meet at home of Jane Monroe.

2710 Firwood Ln. #203, Mount Vernon, WA. to ride and swim after (warm indoor pool). For more information call 360.424.4619.



Let's head to Whistler for a long weekend of skiing. This activity will not be covered by our Skagit Bicycle Club insurance so be prepared yourselves. We'll head up to Whistler on Thursday, March 7, ski Friday, Saturday and Sunday and head back after skiing on Sunday. It should be a great weekend, lots of skiing, good food, some shopping if desired and relaxation with good friends. Downhill and cross country skiing, and whatever else you'd like to do. We'll stay in the village, maybe ski in/ ski out. Get your tickets cheaper down here at Haggens. Jennifer McCoy, 336-2528.

## RIDE LEADERS FOR MOUNTAIN BIKE RIDES

Hey all you mountain bike riders!!!...we know you are having lots of fun on your favorite Skagit County trails. We would like to encourage you to list your rides in the Skagit Bicycle Club Newsletter and Ride Calendar and enjoy the companionship of fellow SBC members. We are also trying to add diversity to the rides available to members.

What does it take to lead a ride??...not too much. You can review what to do in the Skagit Bicycle club Newsletter. <http://www.skagitbicycleclub.org/Rides.html> Here is an overview: Contact Janice Lisherness- Ride Coordinator : 360-391-3931 bikerjan1@hotmail.com and let her know of your ride. You can also make a late notice in our

Facebook page. There is a link to our Facebook page in the Ride Calendar section of the web site.

These guideline will also may help:

- Cut-off date for entry into the next monthly Newsletter/Ride Calendar is ususally the 3rd Friday of each month check the calendar for the date.
  - Provide Janice with:
  - Ride type- Example- "Mountain Bike ride"
  - Meeting location and time
  - Ride leader contact- Name, Tel# and email address
  - Ride description & difficulty- (This helps riders select rides matching their capability) Example- 2 hrs trail riding/ moderate skill level
  - Download a copy of the Skagit Bicycle Club rider release form from the Rides section of the web site and have riders sign up at the start of the ride.
- <http://www.skagitbicycleclub.org/Rides.html>

Now , just enjoy your ride with fellow members and know you have made everyone's day much better!... OH!!!...don't forget to send /give your ride list to Janice.

The ride leader of every calendar listed rides is awarded 1 POINT toward the 10 POINTS total to receive a great Skagit Bicycle Club Ride Leader award at the Annual Year End dinner!!!

...and Thanks for making Skagit Bicycle Club an exciting and fun club to belong!

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# Freewheeling

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## Board Briefs

### ACTIVE COMMUNITY TASK FORCE (ACT)

Meeting of January 4, 2012

Note: Skagit Bicycle Club (SBC) supports ACT activities to improve bicycling in Skagit County. This SBC Newsletter brief is to keep SBC members informed of such activities. You may direct inquiries to: Steve Jahn- [stevedianjahn@gmail.com](mailto:stevedianjahn@gmail.com)  
SBC Members Present: Liz McNett Cowl – Facilitator, Healthy Communities; John Pope – Tesoro, BAW, RTPO; Cindy McGuinness –Meeting Recorder; Mark Semrau – Semrau Engineering ; Marie Erbstoeszler – Health Consultant

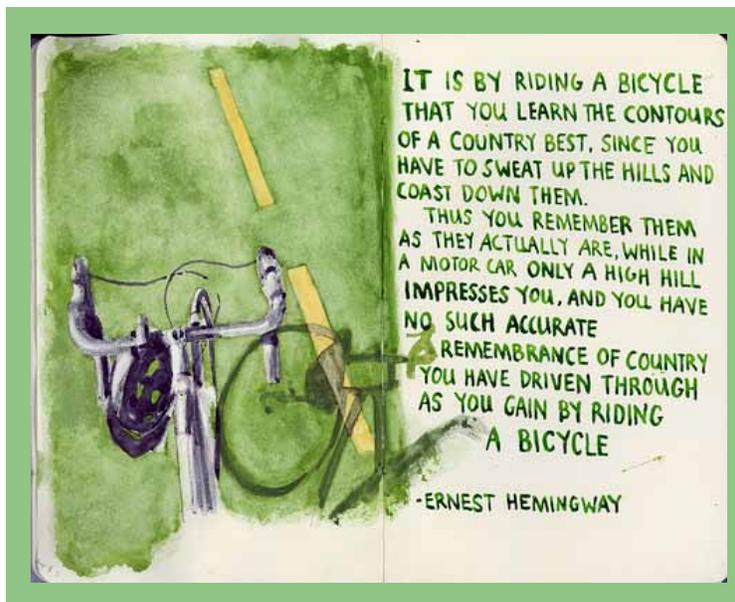
### MEETING SUMMARY

**Non-Motorized Plan Update** –Gabe presented the report from Alta Planning which reviewed the Regional Transportation Plan and made recommended policies that can be included in the NM plan.

**Transportation Alternative Funding** – Gabe/Liz The Transportation Alternatives Funding is a new program as of July 2012 .Under the new formula Skagit/ Island Counties receive \$239,373 with a 60-40% split. Skagit will receive \$143,624. ACT can apply and start the process from the next list of roads scheduled for chip seal maintenance and apply these funds to the cost differential techniques to improve bicycling safety and quality. It is hoped this will be acceptable to SC Public Works.

**Skagit County Chip Seal:** Steve and Jahn is researching examples of acceptable CS practices from surrounding counties plus costs. Have contacted San Juan and Jefferson Counties. Steve has 4 examples from which a document summarizing the results will be created.

**Bicycle/Walk Friendly:** The city of Anacortes received an Honorable Mention from League of American Bicyclists for its BFC plan which has been adopted by the city. They are also working to upgrade their 2013 ranking as well as starting a 'walking friendly' plan. Mount Vernon is moving forward with a bike



SKAGIT BICYCLE CLUB  
GENERAL MEETING MINUTES  
January 8, 2013

Present: Janice Lisherness, Phil Smoots, Chris Hanson, Mike Tallering, Jim Finch, Marshall Will, Dan Sandstrom, Colby Plagge, Shaun Bridge, Steve Jahn, Bill Thayer, Gordon Odegaard, Jamie Wells, John Pope, and Marci Maulden

Before the formal Skagit Bicycle Club (SBC) board meeting began, SBC members met with John Pope to discuss USBR 10 through Skagit County. John Pope is a volunteer to the Bicycle Alliance of Washington (BAW) helping to coordinate efforts to develop U.S. Bicycle Routes with Washington State Department of Transportation through the state of Washington. John approached SBC to help document the best bicycle route through Skagit County for USBR 10 and a notice was placed in the January SBC newsletter asking for member participation. After listening to city planners, and ideas from other club members, John presented several routes for discussion and a consensus was made on the best route, with one or two others to be deemed as alternate routes. John will meet with SBC next month (Feb) to get a recommendation of support signed on the routes agreed to, and take it to the Skagit Regional Transportation Planning Organization.

Welcome to new members Stevan Luther from Mount Vernon and Richard Chase from Stanwood.

### Ride Coordinator's Report:

Janice Lisherness said she will start working on the Wednesday night ride schedule and she is thinking about having a couple of family rides- probably in the summer. Steve Jahn committed to writing an article for the newsletter about mountain bike rides.

### Old Business:

Due to a lack of sign-ups, Colby Plagge reported that the maintenance class originally scheduled for January 10 will be postponed until sometime in the Spring. A motion was approved to expand the \$200 budget to \$250 to allow for a gift certificate to the winner of a participant drawing.

Steve will place a notice in the February newsletter asking for volunteers to support the SBC booth at Bike Expo in March 9 & 10. He has also obtained a Square which is a credit card reader for web-enabled phones or ipads with the possibility of using it for Spring Classic Registration. Steve will bring the Square to the next board meeting so board members can try it out.

### New Business:

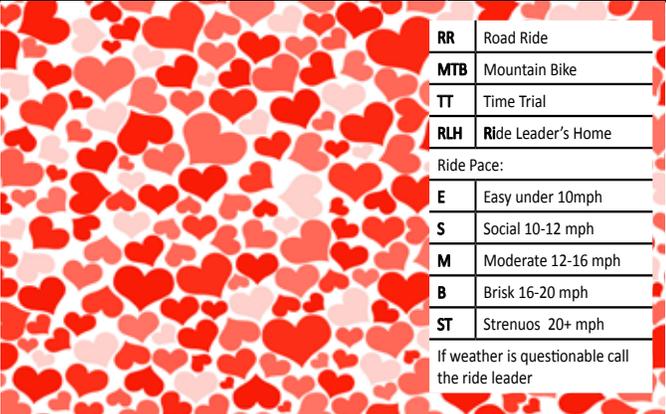
Steve reported that Active Community Taskforce (ACT) is collecting data and costs from other counties on their chipseal processes to build a case supporting better chipsealing processes within Skagit County. So far, they have data from Jefferson and San Juan Counties.

Shaun Bridge has been working on a ride participation project and presented data from April through June 2011 which showed that 47% of riders which participated in rides during that time, did so on a Wednesday evening.

In case some SBC members missed out, Marshall will send out a notice for another chance to buy jerseys in the red, black, and white color scheme. A minimum of 10 jerseys is required for an order.

With the offer of a new meeting place from Colby and Jamie Wells, the next SBC Board Meeting will be held at 6:00pm on Tuesday, February 5th at Dimensional Communications on 1220 Anderson Road, Mount Vernon.

Respectfully submitted by Marci Maulden

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday																						
<h1>February</h1> <h2>2013</h2>				<b>1</b>	<b>2</b> 11:00AM Conway Red Barn Red Barn Ramble All Levels Gordon Odegaard 360.421.0573	<b>3</b>																						
<b>4</b> 11:00 AM MRR March Point Park & Ride Dan Sandstrom 360.708.7108	<b>5</b> Board Meeting 6:00PM <b>New Location!</b> Dimensional Communications 1220 Anderson Rd Mt.Vernon Gordon Odegaard 360.421.0573	<b>6</b>	<b>7</b> 11:00AM MRR Conway Red Barn Jennifer McCoy 360.336.2825 Rain/Snow Cancels	<b>8</b>	<b>9</b> 10:00AM MRR Mount Baker Middle School MV Colby Plagge 360.540.4554	<b>10</b> 12:00PM MRR RLH- 1025 E Washington Ave, Burlington Rose Ploeg 360.202.1716																						
<b>11</b> 11:00 AM MRR March Point Park & Ride Steve Jahn 425.830.4981	<b>12</b>	<b>13</b>	<b>14</b> 11:00AM MRR Conway Red Barn <b>Valentine Ride</b> Janice Lisherness 360.391.3931 Rain/Snow Cancels	<b>15</b> <b>Newsletter Deadline</b> 	<b>16</b> 11:00AM MTB Armstrong Tract Marshall Will 360.929.5003	<b>17</b> 11:00AM MRR/Swim RLH-2710 Firwood Lane #203-M.V. Jane Monroe 360.424.4619																						
<b>18</b> 11:00 AM MRR March Point Dan Sandstrom 360.708.7108  	<b>19</b>	<b>20</b>	<b>21</b> 11:00AM MRR Conway Red Barn Jennifer McCoy 360.336.2825 Rain/Snow Cancels	<b>22</b>	<b>23</b> 10:00AM MTB Whistle Lake Parking Lot Anacortes John Pope 360.202.1928	<b>24</b>																						
<b>25</b> 11:00 AM MRR March Point Steve Jahn 425.830.4981	<b>26</b>	<b>27</b>	<b>28</b> 11:00AM MRR Conway Red Barn Gordon Odegaard 360.421.0573	 <table border="1"> <tr><td><b>RR</b></td><td>Road Ride</td></tr> <tr><td><b>MTB</b></td><td>Mountain Bike</td></tr> <tr><td><b>TT</b></td><td>Time Trial</td></tr> <tr><td><b>RLH</b></td><td>Ride Leader's Home</td></tr> <tr><td colspan="2">Ride Pace:</td></tr> <tr><td><b>E</b></td><td>Easy under 10mph</td></tr> <tr><td><b>S</b></td><td>Social 10-12 mph</td></tr> <tr><td><b>M</b></td><td>Moderate 12-16 mph</td></tr> <tr><td><b>B</b></td><td>Brisk 16-20 mph</td></tr> <tr><td><b>ST</b></td><td>Strenuos 20+ mph</td></tr> <tr><td colspan="2">If weather is questionable call the ride leader</td></tr> </table>			<b>RR</b>	Road Ride	<b>MTB</b>	Mountain Bike	<b>TT</b>	Time Trial	<b>RLH</b>	Ride Leader's Home	Ride Pace:		<b>E</b>	Easy under 10mph	<b>S</b>	Social 10-12 mph	<b>M</b>	Moderate 12-16 mph	<b>B</b>	Brisk 16-20 mph	<b>ST</b>	Strenuos 20+ mph	If weather is questionable call the ride leader	
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# Skagit Bicycle Club Membership Form

# Club Information

Annual Dues: Individual \$15.00 Family \$20.00

Check One:  New Membership  
 Renewal

MAIL TO:  
Skagit Bicycle Club  
P.O. Box 363 Burlington WA 98233  
OR

Use PayPal to join or renew your membership  
online at [www.skagitbicycleclub.org](http://www.skagitbicycleclub.org)

Name
Address
City State Postal Code
Phones
Email:

You will receive your Newsletter via Email  
...Unless you CHECK HERE    
to receive the paper version (not in color)  
via US Postal Service



Skagit Bicycle Club  
Officers & Board  
President  
Gordon Ogedaard  
jgode@wavecable.com  
Vice President  
Dan Sandstrom  
dan.sandstrom@comcast.net  
Secretary  
Marci Maulden  
mauldenm@earthlink.net  
Treasurer  
Marshall Will  
cesiwill@msn.com  
Past President  
Jim Finch  
JimF@wabulb.com

Board Members  
Shaun Bridge  
sbridge007@gmail.com  
Justin Dahl  
justin661@gmail.com  
Chris Hanson  
cahanson94@comcast.net  
Dian Jahn  
stevedianjahn@gmail.com  
Colby Plagge  
Colbyp@demensional.net  
Mike Talling  
mike.talling@siemens.com

Volunteer Positions  
Ride Coordinator  
Janice Lisherness  
360 391 3931 /360 466 3030  
bikerjan1@hotmail.com  
Spring Classic Co-Coordinator:  
Marshall Will/Jill Langely  
Bridge Sweep Coordinator:  
Steve Jahn  
Membership List  
Marshall Will  
cesiwill@msn.com

Website:  
[www.skagitbicycleclub.org](http://www.skagitbicycleclub.org)  
Web masters:  
Jamie Wells  
jamie@skagitspringclassic.org  
George Haigh  
george@zappo.org  
Tom Jacobson  
Tomandlori@comcast.net

Mailing Address  
The Skagit Bicycle Club  
P.O. Box 363 Burlington WA  
98233

Saddle-Post Intelligencer  
Published by  
The Skagit Bicycle Club  
Editor Rose Ploeg  
dutchpedaler@yahoo.com  
See Ride Calendar for Deadline

**Bike Travel Cases:** Deposit is \$100 and is refundable upon the return of the case. The borrower is responsible for the pickup and drop off of the case.

**Bike Travel Trailer:** "BOB" bike trailer with a water proof duffel  
Club Bike Racks: Four Yakima bike carriers attach to a roof rack 1 inch round bars front and rear. fork mount/ mounts for the front wheel. Currently kept in the Storage Unit in Mount Vernon. To check out and arrange a pick up of any of the above items contact Bill Thayer 360 757 2679 or Jane Monroe 360 424 4619

If you are having issues with the email edition of the Newsletter please contact us through the website or via Marshall Will at 360 929 5003 or cesiwill@msn.com. Copies of the newsletter will be mailed upon request.

Membership benefits include 10% off at the following businesses:

Bicycles NW  
31531 SR 20  
Oak Harbor 360 279 8919

Skagit Cycle Center  
1704 S Burlington Blvd  
Burlington 360 757 7910  
1620 Commercial Ave.  
Anacortes 360 588 7910

Arlington Velo Sport  
Bicycle Shop  
401 N Olympic Ave  
Arlington, WA 98223  
360-629-6415  
[www.stanwoodvelosport.com](http://www.stanwoodvelosport.com)

