

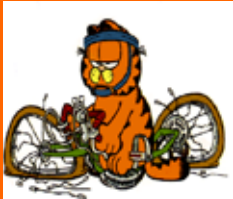
Saddle-Post Intelligencer

The Voice of the Skagit Bicycle Club -Skagit County-Washington

May 2013

Correction--On the cover of the March newsletter the photo of Mark and Molly (Land Trust) the club actually gave the \$2500 to the Skagit Land Trust, and not to ACT.

--Cindy McGuiness



Bike MAINTENAnCE Class
Thursday May 16 6:00 pm
8353 Collins Rd. Sedro-Woolley
Colby Plagge 360.540.4554
Shaun Bridge 360.854.7926



Skagit Spring Classic

*A Skagit Bicycle Club Event
May 11th 2013*

For More Information Visit
SkagitSpringClassic.org

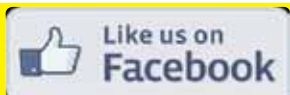
Use your Head. Always wear a helmet

Special Olympics Cycling

Special Olympic practice will be held all Tuesdays in April and May at Skagit Valley College truck track, at 5:30.

Heavy rain cancels.

Skagit Bicycle Club members have supported this group for 20 years, financially and by donating time as volunteers. Please consider riding with this group, contributing companionship and sharing skills. Questions?? Call Jane Monroe 360 424 4619



<http://www.facebook.com/SkagitBicycleClub>

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Spring Classic

We're winding up preparations for our 23rd annual Skagit Spring Classic bike ride and club fundraiser. As you know it's May 11th.

The only thing we need help with is sunny weather..... and enough enthusiastic volunteers to help it run as smoothly as in past years. If you can help out, it'd be great if you could contact the individual chairpersons to see if they can use help.

Chairpersons are:

Registration: Jane Monroe 360-391-9062

Parking: Janice Lisherness 360-391-3931

Church rest stop: Dan Sandstrom 360-708-7108

Chuckanut rest stop: Marci Maulden 360-757-8474

Donovan Park rest stop: Jean Sattler-Will 360-710-9577

Samish School rest stop: Jim Finch 360-424-5533

Check out our website for more info too!

Cheers,

Marshall Will, Spring Classic Chairman



It must really be Spring.....
We need Cookie Bakers!

Cookies needed for the Skagit Spring Classic

Cookie Contacts:

Jill at 360 631 9117

Email: jlanglej@nalco.com or

Dian at 425 830 5381

Email: Dian.jahn@gmail.com

Jennifer at 360 283 9520

Email: jwoyski@gmail.com

Cheryl Calhoun 360 757 1200

Email: calhoun@fidalgo.net

Marie Erbstoesz 360 421 3796

Email: erbst@cnw.com

Drop off locations May 8-10:

Skagit Cycle Centers in Anacortes & Burlington
Arlington Velo Sport

May 10 from 6-8PM

BAYVIEW ELEMENTARY at our
"stuffing and pizza party"



The Pace Line

By Gordon Odegaard



The Great Adventure Continued

Last month our trip had taken us to my home town of Petersburg, Alaska with a population of 1,600 when I was growing up. They now claim a population of 3,000. It is primarily a fishing community with some logging. The logging industry has been greatly diminished in recent years so Forest Service is just a fraction of what it once was. Tourism is rather small because large ships can not go through the "Narrows".

After visiting family and friends for a few days, we took another boat ride to Juneau, the capital city. Limited by the size of our panniers we did not have a lot of clothes with us. I had a shirt and a pair of bell bottom jeans popular at the time. The only shoes I had were Beta Bikers, a canvas shoe with a rather stiff sole. I actually did the STP with those shoes. Those were the days before click pedals.

After landing in Juneau, we walked up the street toward the city center. We spotted a hotel just down the street from the Barnoff Hotel. Our hotel was not a Four Star Hotel like the Barnoff. Apparently, this hotel did offer optional services other than a room. The first morning we were awakened by a phone call. Joanne answered the phone, the manager of the hotel, wanted to know who she was. I guess he thought she must have been a new employee for the hotel! I have never lived that down. But there were not many choices of places to stay. This hotel was located directly across the street from the Red Dog Saloon, a place with an interesting reputation.

The University of Alaska had recently started a branch north of Juneau near the Menenhall Glacier. We took a bus to see the glacier and visit the university. I had learned that they were looking for a person with a science education background. I thought this would be a perfect fit since I had done all my course work and had written my thesis, I just had to defend the thesis that fall. I guess they were not impressed with a person in bell bottom jeans and Beta Biker shoes. They gave me the excuse they wanted a resident of Alaska not someone born and raised in Alaska. None- the- less we had a great time seeing the glacier and other sites in the Juneau area.

We returned to Petersburg, the next day on the ferry traveling through Stevens Passage and Fredrick Sound where I spent my summers as a teenager commercial fishing with my Dad. After staying a few more days with my parents in Petersburg, we again boarded the Alaska Ferry to Prince Rupert. From Prince Rupert we boarded a Canadian Ferry to Vancouver Island landing at Kelsey Bay. This was a very nice ship. We were able to secure space in one of the lounges where there

were several other folks who did not have a stateroom. As passengers were lining up to go to dinner I overheard an elderly gentleman say, "I guess they were sleep anywhere." That evening we reached the Queen Charlotte Sound which noted for rough water. The people that were lined up for their big evening meal were soon very sick leaving the restrooms a mess. Finally the next morning we started our ride down Vancouver Island camping along the way. After getting under was I looked back and saw a bear on our tail. My Dad gave us a couple of sides of smoked salmon for which he had a great reputation. This salmon was on the back rack of my bike! I did not want to give up the salmon so we sped up and luckily the bear lost interest. Another lesson about bears, do not carry smoked salmon in bear country.

The ride down Vancouver Island went well, except the road became narrower and the traffic increased as we progressed south. We diverted to Salt Spring Island and found a campground. After setting up our tents off the parking strip the campground ranger told us we had to put the tent on the parking strip which was designed for a RVs and we could only have one tent! It was difficult sleeping on the gravel with just a sleeping mat.

After a bad night's sleep we road to Sindy and got a motel. We hung up all out camping stuff, tents, sleeping bags, and cycling clothes in the room and took the bus to Victoria for a dinner to celebrate our trip. Upon returning to the motel, the room looked like a sauna account of the wet gear hung up to dry.

The following day we sailed to Anacortes and stopped by Anacortes Cyclery to see Tom Clelland. He took our picture that we used for our Christmas Card that year. I could not relocate that picture. We rode on home to Mount Vernon and sailed up Lincoln Hill with fully loaded panniers as if the hill was not even there. What a feeling to be in that kind of shape!

That Fall my daughter, Kristin, received a notice that she was too young to ride her bike to school. She later received another letter from the principal that she had special permission to ride her bike to school since she had ridden the Alaska trip as well as the Skagit Flat Century earlier that year.

May all winds be fair winds!
Gordon Odegaard

Rides, Ride Reports & More!

Freewheeling

MONDAY RIDES--Mondays in May , March Point Park & Ride; NEW SPRING/SUMMER START TIME!!- 10 AM, Moderate Pace. Bad weather cancels. Question-Contact Dan Sandstrom dan.sandstrom@comcast.net 360-708-7108 or Steve Jahnstedianjahn@gmail.com 425-830-4981

Monday MTB ride is 6pm, riding tree farm trails or other local trails May-Sept. Call the shop Sunday or Monday ahead to see where I will ride. Pace is intermediate. Starts from Arlington Velo Sports Mark Everett 360.629.6415 401 N Olympic Ave Arlington WA, 98223 www.arlingtonvelosport.com

Tuesday Rides for families and beginners will start at the BIKESPOT in Anacortes. Nick Stowe and Carolyn Moulton will be leading leisurely paced rides on the Tommy Thompson Trail @ 6:15 pm. Contact: BIKESPOT Commercial Ave, Anacortes, WA 98221 (360) 588-1676 email-bikespot28@gmail.com

"Sweet Cakes" April- Sept. Tuesday nights at 6pm "Social pace" 1hr ride time. Kids and family's encouraged! Starts from Arlington Velo Sports Mark Everett 360.629.6415 401 N Olympic Ave Arlington WA, 98223 www.arlingtonvelosport.com

"Spicy Cakes" Feb-November Wed mornings at 8am 1.5 hr aggressive road ride with 1000ft of climbing in 15-16 miles distance and average speeds 15mph and above. Starts from Arlington Velo Sports Mark Everett 360.629.6415 401 N Olympic Ave Arlington WA, 98223 www.arlingtonvelosport.com

Wednesday Evening Rides for May will start at March Point Park & Ride near Anacortes at 6:00 pm. Long & Medium Routes along with a Short Route will be offered with maps and 2 ride leaders. All riders are welcomed with paces for all speeds. A local restaurant is picked for all to join in after the ride. This is usually the largest ride of the week.

Thursday Rides called Joy Rides for May are starting at Edgewater Park in West Mount Vernon at 10:00 am. All Retirees and anyone not working that day are invited to join us on Social Rides. Lunch is always an option during or after riding.

The Saturday Ramble Ride out of Conway (Red Barn) on May 25th at 10:00 am. This ride is for ALL RIDERS. The first 4 miles is flat, social speed with no one getting dropped! Slower riders can finish up their ride from there by returning to start. Others can continue on by working a cycling pace line at moderate 15 mph at mile 4 to 13 then the sprinters can kick loose for up to a 42 mile ride. Opportunities for coffee or lunch in La Conner. This ride will be led by Jamie Wells.

HELP IMPROVE OUR POOR QUALITY CHIP SEAL ROADS! YOUR LETTERS TO SKAGIT COUNTY COMMISSIONERS ARE HELPING!!!...PLEASE CONTINUE

Hello fellow cyclists! Your club is trying to improve the road quality of our bike route roads with Skagit County Public Works. SBC member representatives have been working with SCOG/ACT: Liz McNett-Crowl. (See ACT Meeting brief in this and past SBC Newsletters)

We are at a phase that would be helped by citizen input...AND THAT IS YOU!!! We are asking YOU for a "steady stream" of communications (email or letter) to the people listed. We suggest your communication be brief and emphasize a few main issues. THANK YOU!... YOUR LETTERS ARE BEING RECEIVED AND RESPONDED!... PLEASE CONTINUE!! , and if questions, please contact Steve Jahn 425-830-4981 stevedianjahn@gmail.com

CONSIDER

It is spring and soon, road resurfacing in Skagit County will begin CAN IT BE IMPROVED THIS YEAR!!!...especially cycling routes ISSUES

- Rougher road surface after chip seal than the previous chip seal.
- Roads are chip sealed that are in perfectly good shape and do not warrant resurfacing.
- Roads chip sealed only a few years ago are not wearing well and show extensive areas worn away to the previous surface, making the road worse!
- Course chip seal over fog lines onto shoulders leaving an unsafe surface for cyclists.
- Course chip seal does not adhere and becomes loose debris on the road, which is dangerous to cyclists and damaging to cars.
- Roads are not adequately swept clean of loose chip seal after application, and is left on the shoulders/edge of the road, where cyclists ride.....this is unsafe and unnecessary!
- Other counties roads are superior to Skagit County...Island County...Whatcom County....Jefferson County....why?????
- Other cyclists complain of the quality of road surface in Skagit County compared to their county...although they enjoy the area of Skagit County to visit and ride.

DIRECT COMMUNICATIONS TO: SEND COPIES TO:

Skagit County Commissioners

Ron Wessen- District 1 Ken Dahlstedt- District 2 Sharon Dillon- District 3 County Commissioners:

1800 Continental Place, Suite 100 Mount Vernon, WA 98273 (360) 336 - 9300 email: commissioners@co.skagit.wa.us

County Administrator: Tim Holloran

1800 Continental Place, Suite 100 Mount Vernon, WA 98273 (360) 336-9300 email: admsrvcs@co.skagit.wa.us

CONSIDER SENDING TO: SKAGIT VALLEY HERALD

Submit Letter button on goskagit.com under the Opinion tab.

https://goskagit-dot-com.bloxcms.com/site/forms/online_services/letter/

Or send email to: letters@skagitpublishing.com NOTE- 300 word max.

Public Works Director: Henry Hash

County Engineer: Paul A. Randall-Grutter P.E.

1800 Continental Place Mount Vernon, WA 98273

Phone: 360-336-9400 Fax: (360) 336-9478

email: pw@co.skagit.wa.us

PLEASE: BCC to:

Steve Jahn stevedianjahn@gmail.com

Liz McNett Crowl LCrowl@skagitvalleyhospital.org

....Board Briefs....

....Et•cet•er•a.....

SKAGIT BICYCLE CLUB GENERAL MEETING MINUTES--April 9, 2013

Present: Chris Hanson, Marshall Will, Dan Sandstrom, Colby Plagge, Shaun Bridge, Gordon Odegaard, Janice Lisherness, Jim Finch, Mike Tallering, Jane Monroe, Steve & Dian Jahn, Bill Thayer, Jamie Wells, and Marci Maulden

Welcome to new members Bonnie Campbell, Brian Lovelace, Belinda Roten from Mount Vernon; Alfred Currier, Anne Schreivogl, Curtis & Nicoleline Payne, Rick Stevens, Kent Mathes, Troy Kunz from Anacortes; Rick Davies from Sedro Woolley; Steve Winters from Burlington; Csaba Horvath from Bellingham; and Sharon Finley from Everett.

Old Business:

Marshall Will reported that Jill Langley tried to build some maps using Map-My-Ride and found that they couldn't be printed out to be useful for general membership. The consensus was that we need to find something else besides Map-My-Ride for making maps.

Jill Langley, Cheryl Calhoun, and Dian Jahn have volunteered to make telephone calls for cookies for the Spring Classic. Marshall will break-out the roster in regions and assign them to the volunteer callers. Bill Thayer has already ordered the food for the rest stops. The SBC Board voted to allow monies not to exceed \$200 for coordinators to spend at the Church and Donovan Park Rest Stops. Marshall will order signs and bracelets for registration, and flags and vests for the parking personnel. Rose Ploeg has been assigned to operate Square at registration and Steve Jahn will get Rose up to speed as to how to use Square. Jill Langley will dress as the Devil and Dave Mazzarella will dress as a chicken for the Spring Classic. There will be a chili feed after the ride this year for participants that will cost \$7.00 per head. A call for a couple more tables to be bought to be used at rest stops was made. Mechanical help with mechanics from Skagit Cycle will be located at registration. All registrants must sign the waiver from SBC's insurance company to ride the Spring Classic. Marshall will review the wavier from ACTIVE to see if it matches the waiver sent to SBC.

Steve reported that Skagit Active Community Taskforce (ACT) was pursuing a grant from the State of Washington's Transportation Alternative Projects to chip seal a to-be-designated road using best practices with the hopes of expanding this example to all chip sealing on bicycle route roads in Skagit County. He also requested a letter writing campaign to Skagit County Commissioners to try to improve the road quality of our bike routes before chip sealing is done this summer. Gordon committed to write a letter as President of SBC but letters from all members are encouraged.

New Business:

Gordon relayed an email he received from Liz McNett Crowl with the invitation to the bike club about being involved in a county-wide bike summit. No plans at this time but Gordon will meet with Liz.

Gordon also passed around another invitation to volunteers for June 14th and June 16th to support a 2 day cycling journey from Vancouver to Seattle from Julia Lowe for Ride to Conquer Cancer. This will be placed in the May newsletter.

Bill will research the use of Hillcrest Park as a possible venue for the October 16th SBC General Meeting. Potential speakers Helen Thayer and Willy Weir were also discussed. No decision was made.

The maintenance class scheduled for Shaun Bridge's home will be on Thursday, May 16 at 6:00pm.

Meeting was adjourned at 7:35pm. The next SBC Board Meeting will be held at 6:00pm on Tuesday, May 7th at Dimensional Communications on 1220 Anderson Road, Mount Vernon.

Respectfully submitted by Marci Maulden

ACTIVE COMMUNITY TASK FORCE (ACT)

Note: Skagit Bicycle Club (SBC) supports ACT activities to improve bicycling in Skagit County. This SBC Newsletter brief is to keep SBC members informed of such activities. You may direct inquiries to: Steve Jahn- stevedianjahn@gmail.com 425-830-4981

SBC Members Present: Liz McNett Crowl – Facilitator, Healthy Communities; John Pope – BAW, RTPO; Cindy McGuinness; Marie Erbstoesz – Health Consultant; Linda tallman- Meeting recorder;
Skagit Active Community Task Force
Minutes of Meeting April 2, 2013

Transportation Alternative Funding – Gabe

TAP funding. Three applications reviewed. There is over \$230K available. Three projects supported by ACT 1) Guemes Channel Trail Project: 2) County Chip Seal Project Pilot: 3) Burlington Bike Program

Bike Route Signage Plan – John

There is a need for additional signage. The ACT group may need to provide a master map showing suggestions for where an how to provide the signage.

Chip Seal Update

Liz reviewed a chip seal document - Recommendations for Bike Routes Scheduled for Chip Seal in 2013 We have seen good roads turn to bad with the application of bad rock. There are many cases of roads lasting 15 years with improved application procedures (costing \$30,000/mile, the same as in Skagit Co). We suggest that 50% of the roads in this county don't need doing at the present rate of every 7 years. The county is going to do 67 miles of road this next season. A suggestion was made that a consultant on chip seal would be useful when implementing the new (to Skagit Co) procedure. Liz will met with Skagit Public Works, Henry Hash, April 18.

Miscellaneous

- Four SAFE ROUTES TO SCHOOL (SRTS) grants in county got letters and are waiting for the legislative budget to pass.

- Liz met with Tim Holloran about Open Spaces and is working with Skagit County about moving the adopted plan toward implementation. Commissioners will be appointing advisory committee.

- Liz said that the County is making progress on Centennial Trail and about forming a community advisory committee similar to what Snohomish has in place.

-Bike friendly efforts are going on in many communities. Anacortes conducted a Pedestrian Open House and is also working on Walk Friendly Community Application.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday																						
		<p>8:00am BRR 1 Spicy Cakes Arlington Velo Sport Mark Everett 360.629.6415 6:00pm RR-All Levels March Point Park & Ride Anacortes Med/Long: Jim Finch 360.424.8511 Short Kathea Rasmussen 360.766.8720</p>	<p>10:00 am MRR 2 Joy Ride Edgewater Park West-Mt.Vernon Rain Cancels Tony Pestarino 360.420.3052</p> <p>6:00 pm TT Fir Island Church Conway Marshall Will 360.929.5003</p>	<p>3</p> <p>Remember to Bake Cookies for the Spring Classic.....</p>	<p>4</p> <p>10:00 am BRR Washington Elem. School Mt Vernon Jim Finch 360.424.8511</p>	<p>5</p> <p>12:00 pm MRR RLH-Burlington Rose Ploeg 360 202 1716</p> <p><i>Cinco de Mayo</i></p>																						
<p>6</p> <p>10:00 am MRR March Point Park & Ride Steve Jahn 425.830.4981</p> <p>6:00 pm MTB-intermediate Call Mark Everett 360.629.6415 for start location</p>	<p>7</p> <p>5:30 pm SVC Special Olympics Board Meeting 6PM Dimensional Communications 1220 Anderson Rd Mt.Vernon Gordon Odegaard 360.421.0573 6:00 pm SRR- Sweet Cakes 360.629.6415 6:15 pm E Bikespot -Anacortes 360.588.1676</p>	<p>8</p> <p>8:00am BRR Spicy Cakes Arlington Velo Sport Mark Everett 360.629.6415</p> <p>6:00pm RR-All Levels March Point Park & Ride Anacortes Med/Long: Colby Plagge 360.540.4554 Short:Janice Lisherness 360.391.3931</p>	<p>9</p> <p>10:00 am MRR Joy Ride Edgewater Park West-Mt.Vernon Rain Cancels Linda White 360.770.1050</p>	<p>10</p> <p>6:00 pm Spring Classic set up Bayview School Marshall Will 360.929.5003 Jill Langley 360.631.9117</p>	<p>11</p> <p>Spring Classic 7:00 am Bayview School RR 25 to 100 mile routes Marshall Will 360.929.5003 Jill Langley 360.631.9117</p>	<p>12</p> <p><i>Mother's Day</i></p>																						
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If weather is questionable call the ride leader																												

Skagit Bicycle Club Membership Form

Club Information

Annual Dues: Individual \$15.00 Family \$20.00

Check One: New Membership
 Renewal

MAIL TO:
Skagit Bicycle Club
P.O. Box 363 Burlington WA 98233
OR

Use PayPal to join or renew your membership
online at www.skagitbicycleclub.org

Name

Address

City State Postal Code

Phones

Email:

You will receive your Newsletter via Email
...Unless you CHECK HERE
to receive the paper version (not in color)
via US Postal Service



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jgode@wavecable.com
Vice President
Dan Sandstrom
dan.sandstrom@comcast.net
Secretary
Marci Maulden
mauldenm@earthlink.net
Treasurer
Marshall Will
cesiwill@msn.com
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Jim Finch
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Mike Tallering
mike.tallering@siemens.com

Volunteer Positions
Ride Coordinator
Janice Lisherness
360 391 3931 /360 466 3030
bikerjan1@hotmail.com
Spring Classic Co-Coordinators:
Marshall Will/Jill Langely
Bridge Sweep Coordinator:
Steve Jahn
Membership List
Marshall Will
cesiwill@msn.com

Website:
www.skagitbicycleclub.org
Web masters:
Jamie Wells
jamie@skagitspringclassic.org
George Haigh
george@zappo.org
Tom Jacobson
Tomandlori@comcast.net

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P.O. Box 363 Burlington WA
98233

Saddle-Post Intelligencer
Published by
The Skagit Bicycle Club
Editor Rose Ploeg
dutchpedaler@yahoo.com
See Ride Calendar for Deadline

Bike Travel Cases: Deposit is \$100 and is refundable upon the return of the case. The borrower is responsible for the pickup and drop off of the case.

Bike Travel Trailer: "BOB" bike trailer with a water proof duffel
Club Bike Racks: Four Yakima bike carriers attach to a roof rack 1 inch round bars front and rear. fork mount/ mounts for the front wheel. Currently kept in the Storage Unit in Mount Vernon. To check out and arrange a pick up of any of the above items contact Bill Thayer 360 757 2679 or Jane Monroe 360 424 4619

If you are having issues with the email edition of the Newsletter please contact us through the website or via Marshall Will at 360 929 5003 or cesiwill@msn.com. Copies of the newsletter will be mailed upon request.

Membership benefits include 10% off at the following businesses:

Bicycles NW
31531 SR 20
Oak Harbor 360 279 8919

Skagit Cycle Center
1704 S Burlington Blvd
Burlington 360 757 7910
1620 Commercial Ave.
Anacortes 360 588 8776
Arlington Velo Sport
Bicycle Shop
401 N Olympic Ave
Arlington, WA 98223
360-629-6415
www.stanwoodvelosport.com

Club Members:
Please remember to show your membership card to receive your discount at the above businesses.

