

Saddle Post Intelligence

The Voice of the Skagit Bicycle Club Skagit County Washington

April
2012

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SBC BOOTH AT SEATTLE BIKE EXPO 2012

By Steve & Dian Jahn- Seattle Bike Expo booth leaders.

The Skagit Bike Club and Mount Vernon Chamber of Commerce shared a lively corner booth at the 2012 Seattle Bike Expo on March 10 & 11. . This is a big event drawing over 8000 people and 190 exhibitors ! We were promoting the Skagit Spring Classic and the Mount Vernon C of C was promoting the Tulip Festival and Skagit Valley/Mt Vernon. Our location on the first floor next to the Food Court, presentation stage, and bathrooms meant many people visited our booth We had lots of interest in the Skagit Spring Classic and accolades from past riders who will "be there again this year"! We gave out Spring Classic yellow bags and beer mugs to riders serious on attending this years event. All promotional items were distributed to happy riders!

Thank You to those SBC members who volunteered and enjoyed attending a great Expo : Justin Dahl, Janice Lisherness; Phil Smoots; Linda White; Mike Tallering; Gordon Odegaard who kept Dan Sandstrom "in line"; Mark and Marci Maulden; Marie and John Erbstoerzer; Jame Monroe; and Jerry Ziegler, Craig and Jill ("THE DEVIL") Langley. We appreciated Rose Ploeg's new photo presentation of the Spring Classic, and Jamie Wells graphics and sign-up forms worked well. We invite you to be a volunteer next year. Booth duty is fun and the Expo is amazing !



Special Olympics

Turnouts will be on all Tuesdays in April and May. We meet at Skagit Valley College on the truck driving course, at 5:30 -7:00pm. We need adult biker riders to assist Special Athletes. Our job is to give encouragement, ride along as partners, demonstrate skills and safety. Please join us.

Skagit Bicycle Club has supported the "Spin Skagit Team" for 20 years, helping physically and financially. The team has about 20 athletes who will compete with teams from other areas in Washington at Ft. Lewis June 1,2,&3. For more information call 360-424-4619.



Out of The Saddle

By Jim Finch



FREE CARBON BIKE

Do I have your attention now?

I think the word "volunteer" can do one of two things; send people diving under tables and running for cover or it is like a magnet, draws them in and they are eager to help. I hope you are made of steel. We need your help.

This month we start our Wednesday night rides. I really encourage you to lead some rides. You can start with your favorite ride on a weekend. You know your friends will show up and it makes it fun and no stress. Maps are nice but not a requirement. It is amazing how many maps I have from other people's rides. If you lead 10 rides or more you get some swag. Really cool stuff! I have lead 10 rides for the last 5 years and have gotten; a fleece zip up jacket, a wind vest, shoe covers, rain jacket, duffel bag with my name on it and this is quality stuff, you really can't go wrong. So you ride, right? Lead a ride!! Bill Thayer is our ride coordinator and would be very happy to help you get started.

The Spring Classic this is our BIG event of the year. This is our sole fundraiser and we put a lot of time and effort into it. It is truly a Classic Event and is a favorite first of the year century for a lot of people.

A lot of the heavy lifting has been done or is in motion, but we still need help. Jamie Well's and Jill Langley are co-chairs and are right on track for another great event. Craig Langley is Rest Stop coordinator. Rest stops are the bread and butter. We are famous for homemade cookies and outgoing and lively hosts at the rest stops. There is never a dull moment and time goes quickly. We can use your talents here, please give Craig a call and volunteer. You could help with parking or registration or...

Of course we need people to bake their favorite cookies. So be warned, be ready, you may get a call to action. Or, you can beat us to the punch and call us first. Thank you in advance and hope to see you at the Spring Classic and Wednesday's starting in April and running through September.

RIDE SAFE.....JIM FINCH

SCRAM 2012 (Skagit Club Ride Around Mountain)

Thursday, July 12, 2012

RAMROD route! Come and join us as we ride over 152 miles and climb 10,000 feet. You will not have to go through the lottery process as this is a club ride for cyclists seeking a challenge. If you would like to join us, please send me an email stating if you would like to be a cyclist or a sag driver. We will need 4 vehicles again this year. We will follow the official RAMROD 2012 course. I need to know if you will be participating by Friday, June 1st to get everything finalized. I will email out the details after the sign-up deadline. There isn't a registration fee, just a \$10-15 fee to get into the park.

I am limiting this event to 18 riders with 4 sag vehicles this year.

Hotel Reservations- Park Hotel
www.parkcenterhotelenumclaw.com
360.825.4490

SCRAM 2012 (Skagit Club Ride Around Mountain)

We are in need of SAG drivers! If you would be willing to give up July 12 (Thursday) to support cyclists as they make their way around Mount Rainier , please email Craig Langley by June 1st or call 425-760-9126 for more details. This is a challenging 152 mile course with 10,000 feet of climbing. We need four sag drivers in order to fully support this event. clangley@everettsd.org

Photos needed:



Progress is going well as we update the Skagit County Bike Map. However we need photos that show off the beauty of our area with a rider or riders that would do justice to the map cover.

Choose photos that have a vertical or portrait layout. Helmets are a requirement of course. All bicyclists in the photo need to have given permission before we can use them. Photos of a family - kids on bikes or in a trailer are great subjects.

Submit all entries to: gabep@scog.net or to lcrowl@skagitvalleyhospital.org before April 21st.

“Duarte -- Serialized Cycling Fiction, Part Eight

By Ken Rasmussen

Emily put down her pencil and looked at what she had sketched. She had spent most of the day researching period frames, and had drawn half a dozen sketches of ideas she thought would work well. She decided not to proceed further until an agreement that included payment for her work had been reached. She dialed Nyro's cell phone.

“Hello, this is Emily. I've got sketches for your frames ready to show you.”

“You're a fast worker,” he said. “How about if I swing by at lunchtime tomorrow, I'll take you out, and we can look at them over lunch?”

I'm not the only fast worker, thought Emily. “Sure, that would be great,” she said. “I'll see you around noon.”

Emily indulged in a reverie. She found Nyro very attractive. It was difficult to keep her imagination in check. She tried to think of reasons not to become involved with him. It wasn't difficult: A man that wealthy and handsome would be able to pick and choose from scores of women, and if he wasn't predisposed towards monogamy there would always be rivals for his attention. But none of that seemed important at the moment. All she could think about was his physical attractiveness and commanding presence.

At last she rose. She needed to be doing something. She decided to take a quick spin on the bike to clear her head.

Half an hour later, she realized that she had unconsciously ridden to Duarte's gallery. She stopped and went in. Duarte seemed glad to see her.

“Duarte, I've decided to accept your offer,” she said. (That's funny, she thought, when did I decide that?) “I'd like to do the century ride with you. How shall we prepare?”

They worked out a training schedule, and discussed ways to practice pack riding, climbing and sprinting. Emily felt more grounded again. She was glad she'd come.

“One other thing,” she said. “I've asked you to paint a picture for me. What do you want me to paint for you?”

“You've already got several pictures I'd like to have. I love that one of the cabin. But go ahead and paint something with me in mind. Use your imagination, and see what you come up with. If I don't find it to my taste I'll gladly settle for the cabin. By the way, the gallery has space for your show in September, just before the century ride. Will that work for you?”

“I'm a little worried about having enough paintings for a show, though I could probably have several more by then. Can we include the paintings you're getting from me in the show?”

“Yes, we can use those, and I've got another artist I'd like to promote. I think your work and his would look good together. Why don't we do you both in the same show? I'll find some unifying theme or characteristic that you have in common, and advertise that as the organizing principle of the show.”

“That sounds like a good plan,” said Emily. “I've got to scoot while it's still light. Thanks for your help with everything!”

Duarte watched her go. It was bittersweet to be with her. He enjoyed her company intensely, but he knew better than to hope for a serious relationship to develop. Better half a loaf than none, he thought to himself.



Dimitri climbed the stairs to Emily's studio. He found it difficult to believe that such an attractive girl would choose to live in such surroundings. If he put his mind to it, he could make her career take off and she wouldn't need to stay in this place. On the other hand she was an alluring girl, and might be nice to spend some time with. If her career went too well it might not be as good for him.

Emily greeted him at the door. “Do you want to look at my sketches before we go to lunch? There's room to spread them out, and I can make alterations if necessary.”

“Yes, let's do that,” Dimitri said.

Emily spread out her sketches, and stepped back to watch his reaction.

“These look good,” he said. “I presume these were for the Gentileschi, and these for the Mantegna?”

“That's right.”

He pulled out two sketches. “Use these, but save the others. We might be able to use them for other projects.”

“Do you want to know how much?” Emily asked.

“I'm more concerned with the effect,” he said. “Take the time you need, and do it right. Just give me an approximation.”

“\$2,000 for the two ought to be close,” she said, “but I'll keep your flexibility in mind, and make sure you get a result you'll enjoy.”

“Fine,” he said. “Are you hungry?”

They went downstairs. Emily could scarcely believe her eyes when the chauffeur opened the door of a Rolls Royce. Dimitri enjoyed her reaction.

“Have you ridden in one of these before?” he asked.

“Not often,” she said.

He laughed. “They're nice. I don't know why they're not more popular.”

“Some of us balk at the expense,” she said. “Let's go, I'm hungry.”

Emily sat back in the leather upholstery. Mozart's Clarinet Concerto was playing through a sound system that probably cost more than Duarte's van.

“Would you care for a drink?” Dimitri asked.

“Sure,” said Emily.

“What would you like?”

“A Singapore Sling,” said Emily.

“You've got me there,” he laughed. “Do you have a second choice?”

“I'll bet you've got some good single malt scotch.”

“I do,” he said, and poured some into a tumbler for her, and then did the same for himself. “To Art!” he said.

Emily hesitated, for an instant, remembering the same toast on her first evening with Duarte, and then raised her glass, “To Art!”



FreeWheeling

IMPROVING "CHIP SEAL" ON SKAGIT COUNTY BIKE ROUTE ROADS

The Skagit Bicycle Club is working with the Active Community Task force

(ACT) of the Skagit Council of Government (SKOG) and it's leader, Liz McNett- Crowl, to improve Skagit Valley roads for cycling. The focus is on all roads designated as bicycle routes as shown on the Skagit Valley Bicycle Map. The SBC representative to ACT is Steve Jahn, although many other members of SBC are VERY involved in ACT to improve "non-motorized" resources within our County. (John Pope; Cindy Mcguiness; Mark Semrau, Marie Erb-stoeszer; Liz McNett-Crowl, and others I may have missed).

In early January, we met with Henry Hash, Director of Public Works, Skagit County. The SBC bike club sent a follow-up letter to Henry in late January. This resulted in a February meeting with the roads maintenance Superintendent and Engineer and a offer to "work with ACT" on cycling roads that will be "chip sealed" in 2012. Liz McNett-Crowl will be the point person interacting with the County. Activity will begin with their Engineer.

The County provided ACT with the list of ALL roads scheduled for maintenance in 2012. This list of roads is divided into three districts. Currently, there is no "electronic" map overlays that would facilitate determination of which scheduled maintenance sections are BIKE ROUTES. It is necessary to "manually" review the district roads scheduled for maintenance and determine which are "bike routes". This will allow our review of the important features we desire considered.

If your interested contributing to our goal of improving the Skagit County cycling road routes, please contact STEVE JAHN 425-830-4981 stevedianjahn@gmail.com and or

Liz McNett-Crowl LCrowl@skagitvalleyhospital.org

THANK YOU Steve Jahn



Little Mountain Elementary School in Mount Vernon is looking for volunteers to help with its 3rd and 4th grade Bike Club, which is on Wednesdays, running April 11-May 2, 3:30 to 5 pm. Volunteers should be experienced bicyclists and interested in working with children. Volunteers will need to complete required volunteer screen. Contact Heidi Hixson at hhixon@mv.k12.wa.us for more information.

Mount Vernon and Anacortes School Districts are looking for volunteers to help implement a new bicycle and pedestrian education program for 5th-8th graders. Volunteers should be experienced bicyclists and interested in working with children. Volunteers would work with district PE teachers, times would vary. Contact Liz McNett Crowl at LCrowl@skagitvalleyhospital.org or 360-428-2331 for more information.

Apple Valley Kiwanis Wine Country Trek

This is a fully supported ride and the price is 135.00. Go to <http://www.active.com/cycling/yakima-wa/apple-valleys-wine-country-trek--2012> to register for this event.

Date

Start: Saturday, September 29, 2012 @ 8:00 AM

End: Sunday, September 30, 2012 @ 2:00 PM

Address

Yakima, WA and Prosser, WA

1951 Beaudry Rd, Yakima, WA 98901

Registration Closing Date

Wednesday, September 21, 2012 @ 5:51PM PST

Brief Description

Enjoy gentle rolling hills and scenery and stop in at several wineries along the way. Stay overnight in a school gym or camp outdoors in Prosser. Mingle with Hot Air Balloon enthusiasts and enjoy a gourmet dinner, then attend a "Balloon Glow". A hearty breakfast on Sunday morning and return on another route back to Yakima for a Bar B Que. Rest stops along the way provide a break and of course there are the wineries! Wine purchased will be hauled for you and await you at the end of the ride.

Directions from Yakima Hotels to Start of Ride

Take I-82 East on Exit Hwy 24, turn left (East on Nob Hill Blvd). Drive approx 5 miles to Beaudry Rd and make a left turn and proceed about 1 mile and school is on the East side of the street. Total distance from downtown Yakima is approx. 7 miles



Rides & more

Don't be Shy or Intimidated... Come Join the Fun!

Conway Red Barn Ramble

Saturday 9:00 AM

Ride Purpose: To encourage riders of ALL road cycling abilities to

Meet new ride buddies – Flat, social speed for first 4 miles. No one dropped

Work a cycling pace line at moderate 15 mph speed – mile 4 to mile 13

Stop (optional) in LaConner for riders who choose to break for coffee

Sprint SneeOosh – mile 13 to mile 21. Ride at your own pace.

Regroup at Reservation Rd/Hwy 20 for pace line work back to Conway – Mile 21 to 42

We want YOU and your FRIENDS

Husbands... get your wife on her bike

Wives... get your husband on his bike

Ladies... get your girlfriends out for a ride (we need more gals)

Guys... get your buddies out (guaranteed to make you feel better than any Saturday morning sports TV)

Ride Leaders: Craig Langley (425-760-9126) and Jill Langley (360-631-9117). Route maps will be available



March 7th Joy Ride. The ride was lead by Cindy McGuinness. We had at least 18 riders. Most riders enjoyed lunch at Skagit Valley Gardens after the ride. --Janice Lisherness

Thursday, April Joy Rides

Edison Grade School 10:00 am

Join us for Social Rides on Thursdays

RAIN CANCELS



April 26 TT 6:00pm -- Norman Road. Meet in Silvana by the old firehouse.



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
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APRIL

RR	Road Ride
MB	Mountain Bike
TT	Time Trial
RLH	Ride Leader's Home
Ride Pace:	
E	Easy under 10mph
S	Social 10-12 mph
M	Moderate 12-16 mph
B	Brief 16-20 mph
S	Strenuous 20+ mph
If weather is questionable call the ride leader	

1

2:00PM RLH SRR
JEANNETTE FOLKERTSMA
360 445 5924

2

11:00AM MRR
MARCH POINT
PARK & RIDE
DAN SANDSTROM
360 708 7108

3

6:00PM
BOARD MEETING
WASHINGTON
FEDERAL SAVINGS
BANK BURLINGTON
JIM FINCH
360 770 5915

5:30PM
SPECIAL OLYMPICS-
SPIN SKAGIT
SVC TRUCK TRACK
JANE MONROE
360 424 4619

4

5:30PM
MT.BAKER MIDDLE
SCHOOL-MT. VERNON
LONG/MED JIM FINCH
360 424 5811

SHORT BARB KLINE
360 421 4669

5

10:00AM
"JOYRIDE" SRR
EDISON ELEMENTARY
SCHOOL
CINDY MCGUINESS
360 428 1816

6

*TIPTOE
through the
TULIPS*

7

8

Easter

9

11:00AM MRR
MARCH POINT
PARK & RIDE
DAN SANDSTROM
360 708 7108

10

5:30PM
SPECIAL OLYMPICS-
SPIN SKAGIT
SVC TRUCK TRACK
JANE MONROE
360 424 4619

11

5:30PM
MT.BAKER MIDDLE
SCHOOL-MT. VERNON
LONG/MED: BILL THAYER
360 757 2679

SHORT ROUTE:
CINDY MCGUINESS
360 428 1816

12

10:00AM
"JOY RIDE"
EDISON ELEMENTARY
SCHOOL
TONY PESTARINO
360 402 3050

13

9:00AM MRR RLH
BREAKFAST RIDE
ROSE PLOEG
360 202 1716

14

10:00AM
BRR RLH
CRAIG LANGLEY
360 939 0120



15



16

11:00AM MRR
MARCH POINT
PARK & RIDE
DAN SANDSTROM
360 708 7108

17

5:30PM
SPECIAL OLYMPICS-
SPIN SKAGIT
SVC TRUCK TRACK
JANE MONROE
360 424 4619

18

5:30 MT. BAKER
MIDDLE SCHOOL
LONG/MED
BILL THAYER
360 757 2679

SHORT ROUTE
KATHEA RASMUSSEN
360 766 8720

19

10:00
"JOY RIDE"
EDISON ELEMENTARY
SCHOOL
JANE MONROE
360 424 4619


20

9:00AM MRR RLH
BREAKFAST RIDE
ROSE PLOEG
360 202 1716

*Newsletter
Deadline*



21



9:00AM
BRIDGE SWEEP
BERENTSON
BRIDGE
BILL WOYSKI
360 293 9520

22

11:00
BRR RLH
CRAIG LANGLEY
360 930 0120

23

↖
11:00AM MRR
MARCH POINT
PARK & RIDE
DAN SANDSTROM
360 708 7108
↘

30

24

5:30PM
SPECIAL OLYMPICS-
SPIN SKAGIT
SVC TRUCK TRACK
JANE MONROE
360 424 4619

25

5:30PM
MT. BAKER
MIDDLE SCHOOL
LONG: MARSHALL WILL
360 929 5003

26

10:00AM
"JOY RIDE"
EDISON GRADE
SCHOOL
LINDA WHITE
360 421 1999

6PM TT OWN PACE
SYLVANA FIRE STATION
MARSHALL WILL
360 929 5003

27

9AM MRR
BKFAST RIDE
RED BARN
CONWAY
JEAN SATTLER WILL
360 710 9577

28

11:00AM MRR
RED BARN RAMBLE
CONWAY RED BARN

29

2:00PM RLH SRR
JEANNETTE FOLKERTSMA
360 445 5924



Board Briefs

SKAGIT BICYCLE CLUB GENERAL MEETING MINUTES MARCH 6, 2012

Present: Bonnie Barker, Correy Stout, Gordon Odegaard, Steve & Dian Jahn, Bill Thayer, Marshall and Jean Will, Jim Finch, Justin Dahl, Jamie and Ellie Wells, Marci Maulden, and Craig Langley.

Welcome to new member William Simon from Mount Vernon.

The February 7, 2012 meeting minutes were approved with no corrections.

Marshall Will made a motion and Jamie Wells seconded the motion to have Jim Finch and Marcia Maulden approved as signatories on Skagit Bicycling Club's bank account. All approved.

Ride Leader's Report:

2012 Wednesday evening club rides will begin in April with the following starting locations: Mt. Baker School (Section Street), Mount Vernon in April; Rothenbuhler Engineering, Sedro Woolley in May; and Skagit Valley Gardens, Mount Vernon in June.

Bill Thayer will take responsibility of the April bridge sweep.

Old Business:

Steve said the Active Community Taskforce (ACT) has gotten a list of Skagit County roads that will be chip sealed in 2012. The next step is to review the list of roads, see which ones are on the Skagit County Bike Map as regional bike routes, and work with the county as to how those roads should be chip sealed. Liz McNett will be the go between the county and ACT.

New Business:

Bonnie Barker and Correy Stout from Sprocket Science in LaConnor were present to talk about the Boneshaker Bikefest that they are organizing in La Connor for October 26 and 27. There will be bicycle friendly things to do, a costume parade, bike swap, entertainment, vendors, and a beer/wine garden. There was discussion about help from SBC to suggest routes for maps and to lead rides. Marshall said he could suggest routes for maps but further discussion led to the conclusion that ride leaders weren't advised. The goal is to get 500-1000 participants and Bonnie and Correy were encouraged to write-up a description of the Boneshaker Bikefest for one of SBC's future newsletters.

Marshall said there was a lot of interest shown from members to order jerseys but with everything the club was doing, any talk of jerseys should be put off until after Spring Classic.

Respectfully submitted by Marci Maulden

Club Information

Skagit Bicycle Club Officers & Board

President
Jim Finch
JimF@wabulb.com
Vice President
Steve Jahn
stevedianjahn@gmail.com
Secretary
Marci Maulden
mauldenm@earthlink.net
Treasurer
Marshall Will
cesiwill@msn.com
Past President
Jean Sattler-Will
cesiwill@msn.com

Board Members

Justin Dahl
justin661@gmail.com
Chris Hanson
cahanson94@comcast.net
Dian Jahn
stevedianjahn@gmail.com
Craig Langley
clangley@everettsd.org
Gordon Ogedaard
jgode@wavecable.com
Dan Sandstrom
dan.sandstrom@comcast.net

Volunteer Positions

Ride Coordinator
Bill Thayer
BhThayer@frontier.com
Spring Classic Co-Coordinators:
Jamie Wells/Jill Langely
Bridge Sweep Coordinator:
Bill Woyski
Membership List
Marshall Will
cesiwill@msn.com
Web masters:
George Haigh
george@zappo.org
Tom Jacobson Tomandlori@comcast.net

Website:

www.skagitbicycleclub.org

Mailing Address

The Skagit Bicycle Club
P.O. Box 363 Burlington WA
98233

Saddle-Post Intelligencer

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Editor Rose Ploeg
dutchpedaler@yahoo.com
See Ride Calendar for Deadlines

Bike Travel Cases: Deposit is \$100 and is refundable upon the return of the case. The borrower is responsible for the pickup and drop off of the case.

Bike Travel Trailer: "BOB" bike trailer with a water proof duffel
Club Bike Racks: Four Yakima bike carriers attach to a roof rack 1 inch round bars front and rear. fork mount/ mounts for the front wheel. Currently kept in the Storage Unit in Mount Vernon. To check out and arrange a pick up of any of the above items contact Bill Thayer 360 757 2679 or Jane Monroe 360 424 4619

If you are having issues with the email edition of the Newsletter please contact us through the website or via Marshall Will at 360 929 5003 or cesiwill@msn.com. Copies of the newsletter will be mailed upon request.

Membership benefits include 10% off at the following businesses:

Bicycles NW
31531 SR 20
Oak Harbor 360 279 8919

Skagit Cycle Center
1704 S Burlington Blvd
Burlington 360 757 7910
1620 Commercial Ave.
Anacortes 360 588 7910

Arlington Velo Sport
Bicycle Shop
401 N Olympic Ave
Arlington, WA 98223
360-629-6415
www.stanwoodvelosport.com

Club Members:
Please remember to show your membership card to receive your discount at the above businesses.

 Find us on
Facebook
<http://www.facebook.com/SkagitBicycleClub>

Skagit Bicycle Club
P.O. Box 363
Burlington WA 98233

Skagit Bicycle Club Membership Form

Check One: ___ New ___ Renewal

Annual Dues: Individual \$ 15.00 Family \$ 20.00

Name
Address
City State Postal Code
Phones
Email:

MAIL TO:

Skagit Bicycle Club P.O. Box 363 Burlington WA 98233

You will receive your Newsletter via Email ...Unless you CHECK HERE ___
to receive the paper version (not in color) via US Postal Service