



# SADDLE POST INTELLIGENCER

THE VOICE OF THE SKAGIT BICYCLE CLUB

SKAGIT VALLEY WASHINGTON

## RIDES



## BOARD BRIEFS



### McClinchy Mile Bicycle Ride March 20 in Arlington

Start your 2016 training with a scenic, well-supported bicycle ride in Arlington, WA. B.I.K.E.S. Club of Snohomish County invites you to explore the rural roads and quiet trails north of the Stillaguamish River Valley north of Seattle.

How far is a McClinchy Mile? That's up to you. Choose from flat or hilly routes: 34, 48, 52 or 100 miles. We'll be there rain or shine – how about you?

Food stops every 15-20 miles (including hot drinks!). Mechanical and vehicle SAG support on all routes.

Cost is \$35 on the day of the ride, or save \$5 by signing up early. First 200 registrants get a reflective McClinchy backpack.

McClinchy Mile supports recreational bicycling, advocacy, and bike-related local grants through B.I.K.E.S. Club of Snohomish County. We have hosted the ride for more than 30 years.

Riders can register and start from 8 - 10 a.m. Sunday, March 20. The course closes at 4 p.m. Learn more about the ride at [bikesclub.org/mcclinchy](http://bikesclub.org/mcclinchy)

### Dandy Daffodil Tweed Ride Saturday, March 26

Greetings and Salutations!

Registration is now open for the 2nd Annual Dandy Daffodil Tweed Ride.

Visit our website for current information. [www.thedandydaffodil.com](http://www.thedandydaffodil.com)

Join us in La Conner, among the daffodil fields of Skagit Valley, for a dashing bicycle ride with a bit of style. It's a perfect place to be planted and a beautiful place to bloom. Tally-ho!

What is a TWEED ride?

A tweed ride is a return to a bygone era in England when families would dress in their best clothing, assemble a picnic lunch, get on the train with their bicycles and go out to the countryside. Riding their bicycles home.



### 2016 Rides

May 21, 2016 Reach the Beach  
[Reachthebeach.org](http://Reachthebeach.org)

### Skagit Bicycle Club Board Briefs Tuesday, January 6, 2016

Open Meeting: Jamie Wells at 6:00 pm

**In Attendance:** Scott Rittscher, Steve Rutz, Steve Jahn, Diane Jahn, Diane Torset, Colby Plagge, Marshall Will, Cindy McGuinness, Randy Randall, Phil Mcloud, Jean Sattler-Will

**Secretary's Report:** December minutes approved", Motion made by Steve Jahn, seconded by Cindy McGuinness.

Club By-laws and policies were passed out to officers and board members that needed them.

**Old Business:** Discussed needing more hams for the club Christmas Party: Colby made a motion to have the club pay for three hams next year Jamie seconded the motion, motion carried.

The Helmet Coalition has changed it's name to Safe Kids NW.. The club donation will be paid to Safe Kids NW.

### Ride Report for January 15 ride:

By Jean Sattler-Will

A big thanks to Cheryl and Gary Minor for showing up a very threatening morning and to Janice Lisherness and Phil Smoots for joining us at breakfast.

We got a bit of drizzle on the way back but nothing to bad.. It turned out to be a pretty good ride! Thanks again!

### February 26

Brunch Ride: Leaving from Conway at 10:00 am. Approx. 30 miles. Brunch is at about the 15 mile mark in Silvana. Rain will cancel the ride but not brunch. Questions call Jean 360 710-9577

### Monday Rides

March Point Park And Ride All riders welcome for this ride leaving every Monday from March Point Park and Ride. Winter start times are 11 AM. Distance of 30ish miles, MRR(15-17mph) pace.. No maps, riders stick together with leader(s), and a stop for a light lunch/kcoffee at or toward end of the ride.. Fun social riding in the heart of Skagit Valley. . Rain / Wind / Ice May Cancel Ride.

*Note: Ride leader will asses the group and determine if a second more moderate pace group & leader is desired.*

**New Business:** Renewal for software for the newsletter editor was approved: Motion made by Scott seconded by Jean.

**Spring Classic Logos:** Jamie had four different logos that were voted on, #D got the most, but it can be modified for different media.

**Pricing:** The ride will be \$45.00 for pre registered with a swag bag and \$45 for day of without the swag. Children 15 yrs and younger will be \$10.00, to promote families.

**Routes:** will be the same as last year. Discussed additional signage for routes, dan henrys, publicity and promotion. Marshall will reserve the school and rest stops and get the necessary permits after insurance renewal, and the contract for the 4-H dinner.

Respectfully submitted  
Jean Sattler-Will: Secretary



### Lost & Found

At the Christmas party someone left a bread basket with two new blue-green dishtowels. Call Jane Monroe to claim. Cell number 360.391.9062.

### Ride Mileage for 2015

Send in your mileage from 2015 to Jane Monroe at [janemmonroe@aol.com](mailto:janemmonroe@aol.com). Can include bike, run, swim, walk, etc.



### IN THIS ISSUE

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# WORD OF THE DOMESTIQUE

The following is the opinion of the Super Domestique and is not intended to offend any religion, ethnic group, club, organization, company, gender, sexual orientation or individual. The views of the Super Domestique are his own or something he copied from someone else, and do not in any way reflect the views of the Skagit Bicycle Club. Furthermore, they do not necessarily reflect the views of the people who live in the same home, neighborhood or city. Please also note that the fact this piece is written in English is in no way meant to malign other languages nor to malign those who are illiterate visually impaired and thus are unable to read the piece. Compliments can be emailed to SuperD@skagitdomestique.com Complaints can be emailed to Jamie at Jamie@skagitspringclassic.org

Please keep in mind Jamie is a pretty busy guy so if you don't get a reply email the Domestique instead.

## PODIUM GIRL DROPS DOMESTIQUE ON NEW YEARS DAY CLUB RIDE !

Welcome to this live pre-recorded race coverage of the Skagit Bicycle clubs New Years day ride! On this chilly 31 degree morning, we are covering some of the action from Jean Sattler-Wills ride from Conway to LaConnor.

**10:15** Looks like we have 3 riders making the most of an early breakaway: the Domestique, accompanied by Gary and Cheryl Minor. The trio carefully cross the icy bridge from Conway onto Fir island.

**10:18** Cheryl looks over her shoulder as she turns onto the dike road and puts the hammer down.

**10:19** The gap between Cheryl and the men is growing. There appears to be some discussion between the two as they decide who is going to bring her back.

**10:22** After some angry gestures back and forth Gary begins to close the gap, the Domestique in tow.

**10:26** The breakaway group is back together. The Domestique is on the front followed by Gary and finally Cheryl.

**10:30** Wow! They are pushing the pace on these icy roads! With Gary on the front this group is touching 30mph along these flat windy icy roads!

**10:32** Cheryl's back on the front. . . The group slows for a moment. It looks like they spotted a bald eagle.

**10:33** Cheryl is back at full gas again. The group speeds along.

Who knew that these riders would be in August shape this early in January? Amazing! Watch them work as they put serious time into the trailing peleton. They will easily make it in time to take advantage of the breakfast menu in LaConner!

**10:40** Domestique is back on the front setting a comfortable pace of 28mph. For a guy who has been off his bike for awhile he is looking good.

**10:43** The group is slowing.. . What are they doing? All three have come to a stop.

**10:44** Cheryl is taking a phone call...It's Jean Sattler-Will aka. Madame Secretary aka The Podium Girl.

It's coming over race radio that our three leaders have been ordered to rejoin the peleton. Had the escapees read the late breaking news letter, sent several days earlier, they would have known that the ride start was delayed from 10am to 11am.

**11:00** The Domestique looks distraught as all three riders head back towards the start. Smart Phone on handle bars the Domestique scrolls his phone for the unread email. Gary is visibly upset, and Cheryl looks very happy.

**11:35** The large Peleton is reunited and headed for the days only categorized climb, a Category 1, the dreaded Col du Rexville.

**11:37** Podium Girl is driving the pace on the lower slopes. Domestique is looking gassed and appears to be struggling early to stay in contact.

**11:39** Podium Girl looks over her should back at the Domestique and gives him "The Look" !

**11:40** Attack ! Podium Girl Attacks! The Domestique can't match Podium Girls acceleration! He is quickly losing contact! The Minors and the rest of the peleton are jumping the gap! The Domestique has been dropped !


**12:00** The Domestique missed the breakfast menu and had to settle for a hot bowl of chilli.

LESSON OF THE DAY: When you see that you have a Late Breaking news in your in-box its probably worth a quick read.

Yours Truly,  
Domestique  
(I'll get you next time Podium Girl)

229 lbs



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p><b>1</b></p> <p>11:00 am MRR March Point Park&amp;Ride Jerry Ziegler 253.906.7975 Steve Jahn 425.830.4981 Dan Sandstrom 360.708.7108</p>	<p><b>2</b></p> <p>6:00 PM BOARD MEETING DIMENSIONAL COMMUNICATIONS JAMIE WELLS 360.424.9287</p>	<p><b>3</b></p>	<p><b>4</b></p> <p>11:00 am MRR/SRR Sedro Woolley Market State &amp; Metcalf Jane Monroe 360.391.9062</p>	<p><b>5</b></p>	<p><b>6</b></p> <p>10:00am SRR March Pt P&amp;R W. Fidalgo Loop Whit 360.757.1357 Rain Cancels</p>	<p><b>7</b></p> <p>10am MRR RLH 624 Bennett Sedro-Woolley Tom Jacobson 360.855.0593 Rain Cancels</p>
<p><b>8</b></p> <p>11:00 am MRR March Point Park&amp;Ride Jerry Ziegler 253.906.7975 Steve Jahn 425.830.4981 Dan Sandstrom 360.708.7108</p>	<p><b>9</b></p>	<p><b>10</b></p>	<p><b>11</b></p> <p>11am SRR/MRR Sedro Woolley Market State &amp; Metcalf Jack McTaggart 360.420.1857</p>	<p><b>12</b></p>	<p><b>13</b></p> <p>10am SRR/MRR Redbarn Ramble Conway Janice Lisherness 360.466.3030</p>	<p><b>14</b></p> <p>1:30p SRR RLH 17534 Fir Island Road Jeannette Folkertsma 360.445.5924</p>
<p><b>15</b></p> <p>11:00 am MRR March Point Park&amp;Ride Jerry Ziegler 253.906.7975 Steve Jahn 425.830.4981 Dan Sandstrom 360.708.7108</p>	<p><b>16</b></p>	<p><b>17</b></p>	<p><b>18</b></p> <p>11am SRR/MRR Sedro Woolley Market State &amp; Metcalf Shannon Good 360.336.3700</p>	<p><b>19</b></p> <p> <b>NEWSLETTER DEADLINE</b></p>	<p><b>20</b></p> <p>10am BRR Washington School Jim Finch 360.770.5915</p>	<p><b>21</b></p>
<p><b>22</b></p> <p>11:00 am MRR March Point Park&amp;Ride Jerry Ziegler 253.906.7975 Steve Jahn 425.830.4981 Dan Sandstrom 360.708.7108</p>	<p><b>23</b></p>	<p><b>24</b></p>	<p><b>25</b></p> <p>11am SRR/MRR Sedro Woolley Market State &amp; Metcalf Diane Torset 360.856.6296</p>	<p><b>26</b></p> <p>10am SRR Brunch Ride Red BarnConway Jean Sattler-Will 360.710.9577</p>	<p><b>27</b></p> <p>10 AM MRR/ SRR RLH 1025 E Washington Ave Burlington Rose Ploeg 360 202 1716</p>	<p><b>28</b></p> <p>1:30pm SRR RLH 17534 Fir Island Fir Island Jeannette Folkertsma 360.445.5924</p>

**29**

11:00 am MRR  
March Point  
Park&Ride  
Jerry Ziegler  
253.906.7975  
Steve Jahn  
425.830.4981  
Dan Sandstrom  
360.708.7108



# SKAGIT BICYCLE CLUB MEMBERSHIP FORM

# CLUB INFORMATION

Use Pay Pal to join or renew your membership online at [www.skagitbicycleclub.org](http://www.skagitbicycleclub.org)

Annual Dues:  
Individual \$15.00 Family \$20.00

Check One:  
\_\_\_\_New Member \_\_\_\_Renewal

Mail this form to:  
Skagit Bicycle Club  
P.O. Box 363 Burlington WA 98233

Name

Address

City State Postal Code

Phones

Email:

You will receive your Newsletter via Email  
.....**Unless** you CHECK HERE \_\_\_\_\_  
To receive the paper version (not in color)  
Via US Postal Service



## Skagit Bicycle Club

### Officers & Board

President  
**Jamie Wells**  
Jamie@skagitspringclassic.org  
Vice President  
**Phil McCloud**  
Phil.McCloud@gmail.com  
Secretary  
**Jean Sattler-Will**  
cesiwill@msn.com  
Treasurer  
**Marshall Will**  
cesiwill@msn.com  
Past President  
**Colby Plagge**  
Colbyp@demensional.net

### Board Members

**Steve Jahn**  
SteveDianJahn@gmail.com  
**Marty Johnson**  
A\_Mjohnson@comcast.net  
**Cindy McGuinness**  
mcguinesscc@gmail.com  
**Scott Rittscher**  
seaking@wavecable.com  
**Steve Rutz**  
steven.rutz@edwardjones.com  
**Diane Torsett**  
ddtorset@comcast.net

### Volunteer Positions

Ride Coordinator  
**Whit Whitford**  
nx7q@frontier.com  
360 757 1357  
Spring Classic Coordinator:  
**Colby Plagge**  
Bridge Sweep Coordinators:  
**Steve & Dian Jahn**  
Membership List  
**Marshall Will**  
cesiwill@msn.com

### Website:

[www.skagitbicycleclub.org](http://www.skagitbicycleclub.org)  
Web masters:  
**Jamie Wells**  
Jamie@skagitspringclassic.org  
**Tom Jacobson**  
Tomandlori@comcast.net

### Mailing Address

The Skagit Bicycle Club  
P.O. Box 363 Burlington WA 98233

### Saddle-Post Intelligencer

Published by  
The Skagit Bicycle Club  
Editor Rose Ploeg  
dutchpedaler@yahoo.com  
See Ride Calendar for Deadline

**Bike Travel Cases:** Deposit is \$100 and is refundable upon the return of the case. The borrower is responsible for the pickup and drop off of the case.

**Bike Travel Trailer:** "BOB" bike trailer with a water proof duffel.

**Club Bike Racks:** Four Yakima bike carriers attach to a roof rack 1 inch round bars front and rear. Fork mount/ mounts for the front wheel. Currently kept in the Storage Unit in Mount Vernon.

To check out and arrange a pick up of any of the above items contact Jane Monroe 360 391 9062 or Colby Plagge 360 540 4554

**Membership benefits include 10% off at these local businesses.** Please remember to show your membership card to receive your discount.

Goody's Rack Shop  
1817 Bouslog Rd  
Burlington WA 9823  
360.899.9903  
GoodyRacks@gmail.com

Skagit Cycle Center  
1704 S. Burlington Blvd. Burlington  
360 757 7910  
1620 Commercial Ave. Anacortes  
360 588 8776  
skagitcyclecenter.com

Arlington Velo Sport  
Bicycle Shop  
401 N Olympic Ave  
Arlington, WA 98223  
360-629-6415  
[www.arlingtonvelosport.com](http://www.arlingtonvelosport.com)

If you are having issues with the email edition of the Newsletter please contact us through the website or call or email Marshall Will at 360 929 5003 or cesiwill@msn.com. Copies of the newsletter will be mailed upon request.



<http://www.facebook.com/SkagitBicycleClub>

**SKAGIT BICYCLE CLUB  
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