

# Saddle-Post Intelligencer

The Voice of the Skagit Bicycle Club -Skagit County-Washington

July 2014

## Ride Leader Points

Here are the ride leader points for the current year thru 1st week of June. If you have swept the bridge or lead a ride and turned in your Safety Affirmation & Release Form (new & updated on website) it will show on this list. If you earn 10 points by September 30th, 2014 you will receive a gift from the club. This year will be arm warmers to match our new club jerseys & a travel mug (thanks to Steve & Dian Jahn). We need some lead time to get the arm warmers ordered so turn your ride sheets in soon. You can mail them to me or our PO Box. To lead rides and have more information please contact Janice Lisherness @ bikerjan1@hotmail.com.

Graeme Blake -1  
Hanspeter Gehrig-16  
Tim Holloran-9  
Mike Harrold-1  
Steve Jahn-2  
Dave Mazzarella-10  
Jane Monroe-11  
Colby Plagge-9  
Scott Rittscher-1  
Kent Stelby-3  
Diane Torset-1  
Linda White- 6  
Jean Sattler-Will-8  
Bill Woyski-1

Cheryl Calhoun-1  
Karla Gulke-1  
Ted Hegg-1  
Dian Jahn-5  
Janice Lisherness-8  
Jennifer McCoy-8  
Gordon Odegaard-1  
Roy Pringle -1  
Dan Sandstrom-1  
Phil Smoots-1  
Don Torset-1  
Whit Whitford-3  
Marshall Will-7  
Jerry Ziegler-2

## Club Jersey Order

Thanks to the folks who got their orders in early for the new club jerseys. I'd like to have our order ready to send to VO Max by July 5th, so if you're interested please get your order in before then. We are again offering them in either short sleeve (for \$40) or long sleeve (for \$50).

To order, please specify length: (Long or Short Sleeve), Men's or Women's, and either racing or club cut: If in doubt on the cut, ask around for advice, plus I'll have some samples with me on rides, or, check out: <http://www.vomax.com/content/sizing%20chart.pdf>

Send order info with payment to:  
Skagit Bicycle Club  
PO Box 363  
Burlington, WA 98233



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Some club members were part of a commercial shoot

# The Script

(Who's Next?)

By Dan Sandstrom

## Rides

Hello "CYCLISTS", first of all if you haven't seen the video on you tube about "cyclists" check it out and if you don't get a kick out of it you might not be a cyclist. I've noticed a jump in participation in the group rides with lots of new faces so congrats on making our new members feel good about being members. I have some copies of the ride sign-in and disclaimer sheet that Valora made for me that passed inspection Monday, call me or email me if you need one to copy. Other than that how about those Mariners (JUST KIDDING). For you ladies Bernie Santiago is giving her work shop at the bike shop in Anacortes, for more info call her at Skagit Cycle Center. So for now Have a great July of riding and keep the rubber down. See You Soon--Dan



Last month's  
Guess Who  
Jill Langley

### Who's Next

They have been married 33 years and ride a red bicycle they call "Heart Throb". They've traversed the continent twice on their bicycle built for two, once on their own and once with another couple, also on a tandem. Although friends, relatives and coworkers fretted that they might not be safe on these journeys, captain and stoker encountered only hospitality and kindness along the way.

These adventures actually led the couple to decide to live in Anacortes. After starting Adventure Cycling's Northern Tier Route, here in 1994, they returned with their son, for a vacation in 1995. The San Juan Islands captured his heart and he and his wife moved to Friday Harbor in 2003. The mystery couple was soon to follow, buying their Anacortes home in 2007.

Although relatively new to the club, you may have seen them on the Monday morning rides. They ride singles too but have a special appreciation for team work and the connectedness that tandeming provides.

Who are they?

### Regular Scheduled Rides

Mondays - 10:00 am from March Point Park & Ride at Western end of S. March Point Rd. Social to Moderate road ride, route dependent upon winds & weather. Rain cancels. Contact ride leader if in doubt. See ride calendar for leaders.

MONDAY, JULY 21- SPECIAL COUPEVILLE "MONDAY RIDE"- New member Greg Sivertsen has offered to host the Monday Ride on July 21st that will depart 10 AM in COUPEVILLE from the Library/Farmer's Market Parking lot on the corner of NE Alexander St & 8 St NW. 40ish miles, Moderate Pace, maps provided. Lunch after the ride in Coupeville, so bring change of clothes if desired. Come enjoy riding in a different area and lunch in Coupeville! Greg Sivertsen 206-979-7659 gksivertsen@frontier.com

Mondays - 1:00 pm on July 14th, 21st, & 28th. Start from March Point Park & Ride at Western end of S. March Point Rd. Easy to Social (10 to 14 miles per hour) depending who is there to ride. NO RIDER LEFT BEHIND!

Tuesdays - 6:00 pm Ladies Road Ride out of Skagit Cycle Center in Anacortes.

Wednesday - 6:00 pm road ride out Bayview State Park for the month of July. A Discovery Pass is required (\$30.00) for the year or \$10.00 for the evening. You can park on the main road or up at the Padilla Bay Interpretive Center free. Two ride leaders. One for the Long and medium routes. One for the short route. Brisk to Social/Easy. Check the calendar for leaders & phone #'s.

NO POTLUCK IN JULY

Thursdays Joy Rides - 10:00 am from Edison Grade School. Social road ride. Rain cancels. See ride calendar for leaders.

Thursday - 5:30 pm for all levels of riders starts at Arlington Velo Sport 401 N Olympic Ave, Arlington. Noel Easton 360 547 2261.

Saturday - July 12th & 20th at 10:00 am. Ramble Ride starting at the Red Barn in Conway. This ride is for everyone (all speeds). Ride together for the first 5 miles. Then split off into different paces. Check the calendar for leaders.

Sundays - 10 am from Arlington VeloSport, social ride mostly on Centennial Trail. Rain cancels. Mark Everett 360 629 6415.

July 17th - Ladies "Bike Basics" Repair Class from 6:00 pm to 8:00 pm at (Anacortes) Skagit Cycle Center 1620 Commercial Ave., Anacortes. Bernie Santiago 360 588 8776

# Rides & Ride Reports

July 5

Bakery ride Arlington to Clearview

65 miles MRR. Start location Arlington city center parking lot adjacent to Centennial trail red restrooms. 9:30 am  
Total 40 miles of trail and 25 miles of road with 3 mile uphill to bakery for treats and coffee. Nice training ride

MV Farmer's Market Ride

Saturday, July 5 @ 9:30 am

Meet at the parking lot just south of the MV Library at 315 Snoqualmie in the south end of old downtown. The Farmer's Market is located in the parking lot of Skagit Bank just across the street. We'll do approx 26 mile ride to Conway and return around the west side. Afterwards, we can enjoy some lunch/ shopping at the Farmer's Market. The Swedish pancakes are always a treat!

Jeannette Folkertsma

360 445 5924

July 20 to San Juan Island.

Boat sails at 0900—remember to get there at least a half hour prior to get tickets and bicycles load first. Hope to see you there. whit

La Conner Ice Cream Ride

Sunday, July 27 @ 2:00 pm (RLH)

Celebrate summer with a bike ride and some ice cream. We'll do approx 20 mile bike ride from Fir Island to La Conner and stop for ice cream at Snow Goose Produce on the way back.

Jeannette Folkertsma

360 445 5924

## Washington Discover Pass

For the month of July, 2014, the Wednesday night rides will start from Bayview State Park. That means you'll need a Washington Discover Pass to park in the parking lots. You can park for free at various places along the road in the area or at Breazeale Interpretive Center. The Discover Pass costs \$10 per day visit or \$30 for a year long pass and can be purchased online or through the DNR office on Hwy 9, the NW Region Headquarters in Burlington, at the state parks during office hours, and at stores where hunting and fishing licenses are sold (like Big 5 and Walmart). At the June SBC business meeting we debated the impact paying for parking may have on our members and on turnout for July's rides. However we thought that the location was a good starting spot that we had used for years and that most of our membership would be willing to support Washington State Parks in this way. If anyone feels the cost of this Pass is too prohibitive to come to the Wednesday night rides, please contact me, Jennifer McCoy, 336-2528.

## Wenatchee Apple Bike Ride

Submitted by Jeannette Folkertsma

Greg Vlasak, Ken Wallis, Cheryl Calhoun & I headed over the mountains to participate in the Wenatchee Apple Bike ride on Sat. June 7. Cheryl had a flat before we even headed out the parking lot, but that turned out to be the only problem we had. We headed towards Leavenworth on a scenic route that winds around the back side of the orchards near Highway 2. In the tiny town of Peshastin, we found ourselves almost part of a Kids & Pet's parade complete with a marching band. Ken was far ahead doing the 100 mile route, while the rest of us did the 50. After a good lunch stop in Leavenworth at the high school, Greg headed back while Cheryl & I made a quick stop in Leavenworth. We enjoyed ice cream and a concert there of German folk music including some fine yodeling...see what you missed out on Greg! We headed back and knew we were in for it when they had us turn onto Deadman Hill Road. Lots of challenging hill climbing with temps in the mid 80's. At the bottom, we almost joined some kids jumping in the river there and plucked a few ripe cherries from an orchard by the road. After a quick stop at the Aplets & Cotlets Candy factory in Cashmere (free samples!) we made it to the finish with 54 miles on our bikes.





# Etcetera



# Board Briefs

## SPOKES FIGHTING STROKES

Doctors told Dan Zimmerman that he would never walk or talk again after suffering a major stroke eight years ago at the age of 41. Dan proved them wrong.

Although his gait is unsteady at times and his speech hesitant as he searches for a word, he realizes that recovery is a life-long process. "I am now able to do many things that were previously considered unattainable," Zimmerman blogged.

Topping the list is undertaking an ambitious project to pedal a recumbent Catrike 5,200 miles diagonally across country this coming summer. His journey will start June 29 at the Anacortes in Washington and end Nov. 29 at Key West, Fla.

Zimmerman owned and operated Woodworks by Dan Inc. on Colony Drive for 23 years until his stroke. His cabinet and furniture-making business had eight employees and more than \$540,000 in annual sales. It took eight weeks before he could hobble with a walker after the stroke. For six months he visited job sites in a wheel-chair and pointed to communicate as his business wrapped up projects. A year passed before he could barely talk, and three years before he could spell simple words. The father of two sons, his main source of income is rent from his wood working building.

He is recruiting bike riders to accompany him on the entire journey or 11 segments of the trip that he is calling "The Road to Margaritaville" He started non-profit "Spokes Fighting Strokes, Inc."

Interested donors can pledge for miles ridden to benefit the National Stroke Association or Hereditary Hemorrhagic Telangiectasia (HHT) Foundation or donate directly to [www.spokesfightingstrokes.org](http://www.spokesfightingstrokes.org) can assist with trip expenses.

HHT is a disease where the lungs fail to filter clots efficiently. HHT killed his older brother, Kevin, at the age of 19; his mother & grand mother; and is present in Dan and his younger son, Zack, 12. He also has a 17-year-old son, Josh.

He began riding a recumbent trike in 2009, logging 500 to 600 miles monthly. The exercise improves blood flow to all areas of his body, especially the brain, he said. "I ride four years; talking better. I get out of house. I drive but no way to experience life," he said. "I continue to demonstrate on a daily basis that I am willing to do the work necessary to improve my life and share hope with others."

### Cross-country

Zimmerman started planning his cross country trip nine months ago. Last year he rode 6,292 miles mostly on five one-week long trips in Wisconsin, Iowa and Michigan. He lost 63 pounds in preparation for the rides. Many individuals ride bicycles across the United States, but Zimmerman said few make the trip on a trike & survived a stroke. Crossing the Continental Divide will be a challenge because of the elevation gains. The trip breaks down to Northern Tier, Lewis & Clark regions, Great Rivers South, Underground Railroad, Southern Tier and Atlantic Coast.

The Adventure Cycling Association mapped out the route. He plans to raise awareness about recovery from strokes and offer hope of stroke survivors through television, radio and newspaper interviews.


### Lessons learned

Experiencing a debilitating stroke altered Zimmerman's outlook on life.

"I lost my business, house. I used to be a prick, Now glad a stroke happened," said Zimmerman. "Teach me patience, humility and smell the roses. Life is more important than boats and money." He is in a relationship with Sandy Puerner, a medical technician who drew blood from him on his hospital visits. Seven years later they began dating. She will accompany him in a RV support vehicle twice during the ride. He will turn 50 years old on the trip. "Life goes on," he observed.

If interested in supporting Zimmerman, contact him by email at [Dan@SpokesFightingStrokes.org](mailto:Dan@SpokesFightingStrokes.org) or his website: [www.SpokesFightingStrokes.org](http://www.SpokesFightingStrokes.org)

Attitude is 90% of life, think positive!  
DanTrikeMan



## SKAGIT BICYCLE CLUB GENERAL MEETING MINUTES June 3, 2014

Present: Mike Tallering, Marshall & Jean Sattler-Will, Steve Jahn, Jim Finch, Jennifer McCoy, Janice Lisherness, Scott Rittscher, Dan Sandstrom, Colby Plagge, Shaun Bridge, Gordon Odegaard, John Pope, Jane Monroe, Jamie Wells, and Marci Maulden

The April 1st and May 6th 2014 SBC meeting minutes were approved with no corrections.

Welcome to new members Laura Aseltine from Camano Island, Paul Hoagland from Mount Vernon, Michael & Dawn Lee from Stanwood, and Marty & Anita Johnson from Anacortes.

### Ride Coordinator's Report:

After much discussion, and several votes, it was decided that the July Wednesday night rides would be held at Bayview State Park. Jennifer McCoy will write a statement about this decision for the newsletter explaining that you must pay a \$10.00 parking fee if you don't display a Discovery Pass in your automobile.

### New Business:

The Anacortes Bicycle and Pedestrian Advisory Committee and the City of Anacortes are sponsoring Open Streets Anacortes on Sunday, September 14. This event will be open only to non-motorized transportation. The SBC Board voted to contribute \$300 to the Anacortes Parks & Recreation to support this event and Colby Plagge volunteered to coordinate SBC's presence there by organizing a table with new membership forms and Spring Classic T-shirts and glasses for sale.

There seems to be additional interest in another jersey order. Marshall Will will send out a late breaking news email advising members they can purchase club jerseys at \$40 for short sleeve and \$50 for long sleeve.

After working with the Skagit Bicycle Club to endorse US Bike Route 10 through Skagit County in 2013, John Pope was present to announce that the American Association of State Highway and Transportation Officials (AASHTO) has approved official recognition for US Bike Route 10. The USBR 10 interstate route will eventually connect all the northern tier states, linking Washington State to Maine and running from the Pacific to the Atlantic Ocean. John did a lot of the route verification and identified route options with road managers/engineers, bike clubs, and regional transportation organizations in Washington State.

The next SBC Board Meeting will be held at 6:00pm on Tuesday, August 5th at Dimensional Communications on 1220 Anderson Road, Mount Vernon.

Meeting was adjourned at 7:35pm.

Respectfully submitted by Marci Maulden



Monday		Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
RR Road Ride MTB Mountain Bike TT Time Trial RLH Ride Leader's Home Ride Pace: E Easy under 10mph S Social 10-12 mph M Moderate 12-16 mph B Brisk 16-20 mph ST Strenuous 20+ mph If weather is questionable call the ride leader	<b>1</b> 6:00 pm Ladies RR Skagit Cycle Center Anacortes Bernie Santiago 360 588 8776	<b>2</b> 6:00 pm Bayview State Park NO POTLUCKS IN JULY Med/Long Route Jon Kvernmo 360 873 8645 Short Route Jeannette Folkertsma 360 445 5924 6:00 pm SRR Skagit Cycle Center Anacortes Bernie Santiago 360 588 8776	<b>3</b> 10:00 am SRR Joy Ride Edison Elementary Jennifer McCoy 360 336 2528 5:30 pm All ride levels Arlington Velo Sport Noel Easton 360 547 2261	<b>4</b>  <i>Independence Day</i>	<b>5</b> 9:30 am SRR Farmers Market -parking lot south of Library in Mount Vernon Jeannette Folkertsma 360 445 5924 9:30 am MRR Arlington City Hall parking lot next to trail Lou Rivetti 425 446 9019	<b>6</b> 10:00 am SRR Centennial Trail Arlington VeloSport Mark Everett 360 629 6415	
<b>7</b> 10:00 am MRR March point Park & Ride Anacortes Gordon Odegaard 360 421 0573	<b>8</b> 6:00 pm Ladies RR Skagit Cycle Center Anacortes Bernie Santiago 360 588 8776	<b>9</b> 6:00 pm Bayview State Park Med/Long Marshall Will 360 929 5003 Short: Jeannette Folkertsma 360 445 5924 6:00 pm SRR Skagit Cycle Center Anacortes Bernie Santiago 360 588 8776	<b>10</b> 10:00 am SRR Joy Ride Edison Grade School Whit Whitford 360 202 9283 5:30 pm All Ride levels Arlington Velo Sport Noel Easton 360 547 2261	<b>11</b> 	<b>12</b> 10:00 am All riding levels Ramble Ride Conway Red Barn Jean Sattler-Will 360 629 4597	<b>13</b> 9:00 am BRR (Tires for some gravel) RLH-624 Bennett Sedro Woolley Tom Jacobson 360 855 0593 10:00 am SRR Centennial Trail Arlington VeloSport Mark Everett 360 629 6415	
<b>14</b> 10:00 am MRR March Point Park & Ride Dan Sandstrom 360 708 7108 1:00 pm S/MRR March Point Park & Ride Kathea Rasmussen 360 766 8720	<b>15</b> 6:00 pm Ladies RR Skagit Cycle Center Anacortes Bernie Santiago 360 588 8776	<b>16</b> 6:00 pm Bayview State Park Med/Long Whit Whitford 360 202 9283 Short Cheryl Minor 360 424 4836 6:00 pm SRR Skagit Cycle Center Anacortes Bernie Santiago 360 588 8766	<b>17</b> 10:00 am SRR Joy Ride Edison Elementary Jane Monroe 360 424 4619 5:30 pm All riders levels Arlington Velo Sport Noel Easton 360 547 2261 6-8 pm Ladies Basic Repair Class Skagit Cycle Center-Anacortes Bernie Santiago 360 588 8766	<b>18</b> 	<b>19</b> 8:00 am S/M RR to Lynden Edison Elementary Rose Ploeg 360 202 1716 9:00 am MTB Hwy 20 & Fruitdale Rd. (Trailhead) Sedro Woolley Dave Mazzarella 360 336 3982	<b>20</b> 9:00 am SRR Anacortes Ferry to San Juan Island Whit Whitford 360 202 9283 10:00 am SRR Centennial Tail Arlington VeloSport Mark Everett 360 629 6415	
<b>21</b> 10:00 am MRR -see newsletter Library/Farmer's Market Parking lot NE Alexander St & 8 St NW-Coupeville Greg Sivertsen 206 979 7659 1:00 pm S/MRR March Point Park & Ride Kathea Rasmussen 360 766 8720	<b>22</b> 6:00 pm Ladies RR Skagit Cycle Center Anacortes Bernie Santiago 360 588 8776	<b>23</b> 6:00 pm Bayview State Park Med/Long Marshall Will 360 929 5003 Short Jean Sattler-Will 360 710 9577 6:00 pm SRR Skagit Cycle Center Anacortes Bernie Santiago 360 588 8776	<b>24</b> 10:00 am SRR-Joy Ride Edison Elementary Linda White-Canfield 360 770 1050 5:30 pm All levels Arlington Velo Sport Noel Easton 360 547 2261	<b>25</b>  <i>Newsletter Deadline</i>	<b>26</b> 10:00 am Ramble Ride All riding levels Conway Red Barn Gary Minor 360 755 9848	<b>27</b> 10:00 am SRR Centennial Trail Arlington Velo Sport Mark Everett 360 629 6415 2:00 pm SRR Ice Cream Ride RLH-17534 Fir Island Road Conway/Mount Vernon Jeannette Folkertsma 360 445 5924	
<b>28</b> 10:00 am MRR March Point Park & Ride Anacortes Gordon Odegaard 360 421 0573 1:00 pm S/MRR March Point Park & Ride Anacortes Kathea Rasmussen 360 766 8720	<b>29</b> 6:00 pm Ladies RR Skagit Cycle Center Anacortes Bernie Santiago 360 588 8776	<b>30</b> 6:00 pm Bayview State Park Med/Long Steve Jahn 425 830 4981 Short Dian Jahn 425 830 5381 6:00 pm SRR Skagit Cycle Center Anacortes Bernie Santiago 360 588 8776	<b>31</b> 10:00 am SRR Edison Elementary Cheryl Minor 360 424 4836 5:30 pm All levels Arlington Velo Sport Noel Easton 360 547 2261 5				



# Freewheeling



## News provided by Washington Bikes:

### Washington State's First US Bike Route Designated

Bicycling in the nation's #1 Bicycle Friendly State just got a boost: official designation of Washington's first interstate bike route in the nationwide US Bicycle Route System. The American Association of State Highway and Transportation Officials (AASHTO) has approved official recognition for USBR 10. It will be designated in future updates of the highway design manual followed by transportation planners and engineer at all levels of government, providing the basis for maintaining and improving the route over time.

The 407-mile route follows the northern, cross-state-highway corridor, State Route 20, from Newport, Washington, at the Idaho border to Anacortes, Washington's international ferry terminal. The USBR 10 interstate route will eventually connect all the northern tier states, linking Washington state to Maine and running from the Pacific to the Atlantic Ocean.

### Bike Travel a Booming Business

"This bike route designation is an example of what can be accomplished by working with partners like Washington Bikes and local communities," said WSDOT Secretary Lynn Peterson. "It's estimated by the Outdoor Industry Association that Washington could see as much as \$650 million annually from bike travel statewide. These are benefits that will be shared throughout the route."

When fully developed, the United States Bicycle Route System will contain more than 50,000 miles of interstate bicycle routes crisscrossing the country and providing route guidance to touring cyclists, commuters and recreational riders.

The USBRS effort in Washington state is being coordinated by Washington Bikes, in partnership with the Washington State Department of Transportation. The project depends on volunteers from Washington Bikes to collect and harmonize input from bicycle clubs, tour groups, cities, tribes, counties and regional transportation organizations.

Washington Bikes executive director Barb Chamberlain said, "Washington Bikes works to promote bike travel across the state, and the USBR mapping effort is helping us develop detailed information on a fantastic set of major connections. Identifying the best route provides value not just for those who go on bike tours of Washington state, but also for those seeking everyday bicycle connections town to town."

Chamberlain also serves as co-chair of Gov. Inslee's Blue Ribbon Task Force on Parks and Outdoor Recreation, which includes promotion of Washington's outdoor economy as one of its focus areas.

Echoing Sec. Peterson's emphasis on the economic value of bicycle travel, Chamberlain noted, "Bike travel is particularly good for small towns, since bike travelers are fueled by calories and stop many times along the way. We just helped publish a guide to multi-day bike tours in the state, *Cycling Sojourner Washington*; some of those tours make use of parts of USBR 10 and all of them identify great places to stop, stay, and spend. Bike-friendly towns that welcome visitors are good for the people who live and ride there every day, too."

- See more at: <http://wabikes.org/2014/06/04/washington-states-first-us-bicycle-route-designated/>

### Cycling Sojourner: Great Bike Travel Book to Help You Plan Your Washington State Bike Touring

If you're planning a bike touring vacation in Washington state you need this book: the first guide to multi-day bike tours in Washington to come out in over a decade!

Reviewers describe it as an essential guide to bike touring in the Evergreen State, with plenty of how-to on planning your bicycle trip along with detailed maps and cue sheets, difficulty ratings, and reviews of places to stay, eat, drink, and have fun. The book also helps you put together pieces from different tours to create your own unique bicycle trip through Washington's great outdoors.

### How to Get Your Own Copy

- Come into our bike gift shop store in Seattle's Pioneer Square (open Monday-Friday 9:30am-4:30pm). In addition to buying a copy of this book you can pick up bike maps from around the state, Ellee's Oregon guide, other bicycling books, and bike-themed gifts, if you're so inclined
- Order your copy of *Cycling Sojourner Washington* online directly from us
- Check with local bookstores and REI. If your favorite bookstore doesn't carry it, tell them they can order through book distributor IPG



**The 2014 Gigantic Bicycle Festival** will take place August 22-24, at Centennial Fields Park and surrounding venues in Snoqualmie, WA. The mission of Gigantic is to show off and celebrate the Pacific Northwest bicycle community. It's important to us to be connecting with and supporting the clubs and shops in the region.

For tent space at the festival grounds, please contact Greta Schreurs -> [Greta@theleveebreaking.org](mailto:Greta@theleveebreaking.org)

Anyone interested in volunteering at the festival grounds, along the Century, or as a support rider, please email me at [Pamela@giganticbicyclefestival.org](mailto:Pamela@giganticbicyclefestival.org). Volunteers get a weekend pass, a camp site, and are free to ride for next year.

Gigantic Bicycle Festival is an official supporter of WA Bikes, Bike Works, and Crush Kids' Cancer. Riders can select an organization from the drop down at the bottom of the online registration form, type in the code below, and have 15% of their registration fee go to support the group they want.

For WA Bikes: "wabikes"  
For Bike Works; "bikeworks"  
For Crush Kids Cancer: "CKC2014"

The full festival weekend lineup, ride registration & maps, Film Festival and Inky Spokes Bicycle Art Series schedule, and all else can be found at the festival website: [www.giganticbicyclefestival.org](http://www.giganticbicyclefestival.org)

# Skagit Bicycle Club Membership Form

Use PayPal to join or renew your membership online at [www.skagitbicycleclub.org](http://www.skagitbicycleclub.org)

Annual Dues:  
Individual \$15.00 Family \$20.00

Check One:  
 New Member  Renewal

Mail this form to:  
Skagit Bicycle Club  
P.O. Box 363 Burlington WA 98233

<b>Name</b>
<b>Address</b>
<b>City State Postal Code</b>
<b>Phones</b>
<b>Email:</b>

You will receive your Newsletter via Email ..... **Unless** you CHECK HERE  to receive the paper version (not in color) via US Postal Service



# Club Information



## Skagit Bicycle Club Officers & Board

President  
**Dan Sandstrom**  
dan.sandstrom@comcast.net  
Vice President  
**Colby Plagge**  
Colbyp@demensional.net  
Secretary  
**Marci Maulden**  
mauldenm@earthlink.net  
Treasurer  
**Shaun Bridge**  
sbridge007@gmail.com  
Past President  
**Gordon Ogedaard**  
jgode@wavecable.com

## Board Members

**Jennifer McCoy**  
jlmccoy@ncia.com  
**Cindy McGuinness**  
mcguinnesscc@gmail.com  
**Jane Monroe**  
janemmonroe@aol.com  
**Scott Rittscher**  
seaking@wavecable.com  
**Mike Tallering**  
mike.tallering@siemens.com  
**Jamie Wells**  
Jamie@skagitspringclassic.org

## Volunteer Positions

Ride Coordinator  
**Janice Lisherness**  
360 391 3931 /360 466 3030  
bikerjan1@hotmail.com  
Spring Classic Coordinator:  
**Colby Plagge**  
Bridge Sweep Coordinator:  
**Steve & Dian Jahn**  
Membership List  
**Marshall Will**  
cesiwill@msn.com

**Website:**  
[www.skagitbicycleclub.org](http://www.skagitbicycleclub.org)  
**Web masters:**  
**Jamie Wells**  
Jamie@skagitspringclassic.org  
**Tom Jacobson**  
Tomandlori@comcast.net

**Mailing Address**  
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P.O. Box 363 Burlington WA 98233

**Saddle-Post Intelligencer**  
Published by  
The Skagit Bicycle Club  
Editor Rose Ploeg  
dutchpedaler@yahoo.com  
See Ride Calendar for Deadline

**Bike Travel Cases:** Deposit is \$100 and is refundable upon the return of the case. The borrower is responsible for the pickup and drop off of the case.

**Bike Travel Trailer:** "BOB" bike trailer with a water proof duffel.

**Club Bike Racks:** Four Yakima bike carriers attach to a roof rack 1 inch round bars front and rear. fork mount/ mounts for the front wheel. Currently kept in the Storage Unit in Mount Vernon.

To check out and arrange a pick up of any of the above items contact Jane Monroe 360 424 4619

**Membership benefits include 10% off at these local businesses.** Please remember to show your membership card to receive your discount.

Skagit Cycle Center  
1704 S Burlington Blvd Burlington  
360 757 7910  
1620 Commercial Ave. Anacortes  
360 588 8776  
[skagitcyclecenter.com](http://skagitcyclecenter.com)

Arlington Velo Sport  
Bicycle Shop  
401 N Olympic Ave  
Arlington, WA 98223  
360-629-6415  
[www.arlingtonvelosport.com](http://www.arlingtonvelosport.com)

If you are having issues with the email edition of the Newsletter please contact us through the website or call or email Marshall Will at 360 929 5003 or cesiwill@msn.com. Copies of the newsletter will be mailed upon request.



**Skagit Bicycle Club**  
**P.O. Box 363**  
**Burlington WA 98233**