

Saddle-Post Intelligencer

The Voice of the Skagit Bicycle Club -Skagit County-Washington

June 2014



25th Annual Jan Selvig Ride

Marblemount to Mazama August 9th & 10th

This Event is offered to Skagit Bicycle Club members only

Event cost \$150 per person (residual balances will be refunded)

For more information visit www.skagitbicycleclub.org or email sbridge007@gmail.com

Registration Closes July 11th

Space very limited-SAG drivers are wanted

In This Issue:

The Script (Who's Next) by Dan Sandstrom	Page 2
Etcetera, Etcetera	Page 2
Rides	Page 3
Board Briefs	Page 4
Ride Calendar	Page 5
Club Info & Membership Form	Page 6
New Ride Leader Waiver Form	Insert

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Long mind numbing climbs followed by intense downhills
It doesn't get any better than this....

The Script

(Who's Next?)

By Dan Sandstrom

Hello everyone, just want to start off by saying what a great job you all did on the spring classic. It's such an honor to have my position in this club when all I do is set back and watch this well oiled machine just work through what ever gets in their way and make tough things look easy. And for that I want to say thanks for being you. So now our time is here, time to have fun with other SBC members on our bikes. I know the Monday march's point ride is talking about mixing in island rides which have been a lot of fun in the past. So let's get having fun and mix it up this spring and summer. Again thanks for letting me watch all you worker bees that make things happen and make it look easy with a smile. You are rare birds and great people thanks again for being you. Your watcher bee

Dan

Who's Next?

Last months guest:



Gary Santiago Owner,
Skagit Cycle Center

Etcetera

I would like to thank all of the great volunteers that help to safely park all the cars at the Spring Classic Ride on May 10th at Bayview School. They are Duff Walker, Jerry Ziegler, Barb Kline, Phil Smoots, Jeannette Folkertsma, John Erbstoesz, Linda White, and Cheryl Calhoun. Janice Lisherness

Is it too difficult to keep up with the "hotshots"? Have you just joined the club but don't know the "rules of the road"? Or perhaps you've resumed riding your bike again after a long hiatus? This ride is for you. We will start at March Point and go from 10 to 20 miles on either flat or hilly terrain depending on who shows up and what the group is interested in doing. The average speed will be between 10 and 14 mph and I will make sure that the slowest rider has company. There will also be optional sprint intervals during the last mile of the course. Come join us. Kathea Rasmussen

Who's Next?

Who Am I?

My trusty road steed is a Trek Madone, Adorned with a web and a spider to call her own. She lives in the garage with my 3 other bikes, Not equally as used but just as nice. Fiona is my Focus who likes "crossing" around, She's my favorite bike for racing and likes putting the hammer down. Stella is my oldest bike and is graceful in age, 18 years and 30,000 miles, she still likes keeping up the pace. Monty my mountain bike gets less use than desired, What can I say, having 4 bikes to ride makes me want to retire. No children I have, so my bikes are my babes, I love them all dearly because of the friendships I've made. Tanzania to Thailand I have travelled abroad, What matters most to me, though, is my God, my hubby, good chemistry, and friends in my back yard.



Etcetera



If you want to lead a ride from a Washington State Park this year these are the dates when there is free access. They are June 7-8 National Trails Day, June 14th National Get Outdoors Day, August 25th in honor of National Park Service's birthday, September 27th, National Public Lands Day, and November 11th in honor of Veterans Day.--Janice Lisherness, Ride Coordinator.

A " SPECIAL BIKE" 4-SALE BILL THAYER'S 54CM KESTREL



EMS 300SBC is helping Helen Thayer find a new owner for Bill's 54cm Kestrel EMS 300 (B5465). Helen hopes to find a new owner who would enjoy cycling as much as Bill, and who will appreciate the bike Bill assembled and kept in perfect condition. Kestrel- Enhanced

Modules EMS 300 54cm carbon frame and fork with Shimano Ultegra 10 speed grupo and pedals, computer. Bontrager Neuvation wheels and an extra rear wheel set. (Frame and fork were about \$1700 new...bike reviews on this bike are excellent!)HELP FIND A NEW OWNER! Contact Steve Jahn 425-830-4981. Asking \$650 obo



Rides

Regular scheduled rides for the month of June.

Monday - 10:00 am from March Point Park & Ride at Western end of S. March Point Rd. Social to moderate road ride, route dependent upon winds & weather. Rain cancels. Contact ride leader if in doubt. Dan Sandstrom 360 708 7108 or Hanspeter Gehrig 360 588 9149 or Steve Jahn 425 830 4981.

Special Monday ride- June 16th LOPEZ ISLAND meet at Ferry --9:35 am Ferry departure. Return from Lopez @ 3:20 pm. Gordon Odegaard 360 421 0573

Monday - 1:00 pm from March Point Park & Ride at Western end of S. March Point Rd. Social (10 to 14 mph). Ride 10 to 20 miles on either flat or hilly terrain depending on who shows up and what the group is interested in doing. Led by Kathea Rasmussen 360 766 8720.

Tuesday - 8:45 am from Arlington VeloSport, (401 N. Olympic Ave., Arlington). "Spicycakes": a 2 hour brisk road ride with hills. Mark Everett: 360 629 6415

Tuesday - Ladies Road Ride @ 6:00 pm from Skagit Cycle Center in Anacortes (1620 Commercial Ave). Contact - Bernie Santiago 360 588 8776.

Wednesday - 6:00 pm road ride out of Skagit Valley Gardens 18923 Peter Johnson Road, Mount Vernon (near Conway) for the month of June. Two ride leaders. One for the long and medium routes. One for the short route. Brisk to Social/Easy. Check the calendar for ride leaders & phone #'s.

Wednesday - Social Ride @ 6:00 pm from Skagit Cycle Center in Anacortes (1620 Commercial Ave). Contact - Bernie Santiago 360 588 8776.

Thursday - Joy Rides 10:00 am from Conway Red Barn. Social road ride. Rain cancels. See ride calendar for leaders.

Thursday - 5:30 pm from Arlington VeloSport (401 N. Olympic Ave., Arlington) For riders of all levels. Leader - Noel Easton 360 547 2261.

Saturday - June 14th & 28th at 10:00 am. Ramble Ride starting at the Red Barn in Conway. This ride is for everyone (all speeds). Ride together for the first 5 miles, then split off into different paces. Check the calendar for leaders.

Sundays - 10:00 am from Arlington VeloSport, social ride mostly on Centennial Trail. Rain cancels. Mark Everett 360 629 6415.

RED BARN RAMBLE RIDE & BRIDGE SWEEP

-Red Barn Ramble ride that starts at 10 AM All levels welcome! Lunch afterward.

Then , meet at the Berensten Bridge, Hwy 20 @ Twin Bridges Marina entrance at 3 PM

Help sweep the bridge with fellow cyclists. 1 ½ hrs MAX. Treats for participants!...plus good time to socialize with fellow club members.

Steve Jahn 425-830-4981 stevedianjahn@gmail.com

BERENTSEN BRIDGE SWEEP- SATURDAY JUNE 28 3 PM

Skagit Bicycle Club plans to sweep the Berentsen bridge Saturday, JUNE 28, @ 2 PM, AFTER THE RED BARN RAMBLE RIDE AND LUNCH . This should take about 1 ½ hrs MAX.

Meet at the East end of the Berentsen bridge on the North side off ramp into the Twin Bridges Marina. Brooms/shovels/wheelbarrow/sweeper are provided. However, we appreciate your bringing your favorite broom/shovel. Gloves suggested.

This is always a fun "social/work" event, and a special treat for those participating will be supplied !!!...So, MARK YOUR CALENDAR...and see you there!...AND JOIN THE RED BARN RAMBLE RIDE and lunch before sweeping the bridge!! .

Steve Jahn 425-830-4981 stevedianjahn@gmail.com



Skagit
Spring
Classic
2014



New Zeland Ride Report By Gordon Odegaard

I have a grand daughter who has been working in New Zealand since October 2013 at Polo Farm. I thought they would be called Polo Ranches but I was wrong they are farms. Since Lizzie ventured off to New Zealand, Joanne and I planned a trip to New Zealand since we had never been there and now we have a grand daughter working in New Zealand. The sad part is that Lizzie was thrown from a horse as she was riding into the arena for training. The farm buys former thorough breeds to train as polo ponies. Lizzie suffered a severe concussion and was in the hospital for several days. She is still on the road to recovery. Lizzie was able to travel with though out the Northern Island. I may mention that Sophie, Lizzie's sister traveled with us and did 95 percent of the driving on the left side of the road. I did not realize she was in training for the Indianapolis 500, but that is the way you better drive in New Zealand.



Since I was not able to ride a bike in New Zealand I would always look with envy people who were riding. The first morning in New Zealand I walked out onto the road near the Polo Farm and saw a pace line riding by very smoothly. I new I could not hold their wheel, but it was nice to see. Our first venture was to the most northern part of the North Island whereThe Tasman Sea meets the Pacific Ocean. We came upon of group of cyclists calling themselves the Geriatrics Bicycle Club. There were really a loosely organized group of elderly cyclists riding about 40 to 50 kilometers a day. The second picture shows their sag wagon. The model would not remove anymore clothing to illustrate the Naked Cyclist. It is probable a good thing she stopped disrobing when shel did. The sign was to get motorist attention and to have them slow down. Should we try that tactic on the Jan Selvig ride?



When we came across the Geriatric Cyclists they were eating lunch so I immediately walked up to them and started a conversation. The leader had cycled all the way from Wellington and the members of the group were from all over New Zealand. They were like any other cycling group anxious to share there trip, bicycles and itinerary. There was a barrier between the picnic tables and the road. One of the cyclist picked up his bike over the barrier. I tested the weight of the bike, it weighed more than my first multispeed bike, a Schwinn Varsity.

So after lunch the group cycled off for another 20 kilometers or so all smiling and having a great time. One member of the group stated, "We are really happy we can do what we are doing at our age." This was truely a seasoned group of cyclists.

Board Briefs

SKAGIT BICYCLE CLUB
GENERAL MEETING MINUTES
May 6, 2014

Present: Steve & Dian Jahn, Jennifer McCoy, Jim Finch, Jane Monroe, Shaun Bridge, Dan Sandstrom, Marshall & Jean Sattler-Will, Colby Plagge, Janice Lisherness, Phil Smoots, Scott Rittscher, Cindy McGuiness, Gordon Odegaard, and Marci Maulden.

Welcome to new members Phil McLoud from Mount Vernon and Charles Arndt from Coupeville.

Treasurer's Report:

Shaun Bridge reported that Washington Federal would not give him any information about SBC's accounts without first presenting a signed copy of the SBC minutes authorizing him as a signatory (Marci Maulden signed a copy of the January 7, 2014 minutes and gave it to Shaun for his presentation to Washington Federal). Shaun stated he also filed the 990 Annual Statement (tax return).

Ride Leader's Report:

The June Wednesday night rides will start from Skagit Valley Gardens and the Thursday Joy Rides will start from Conway. Ramble rides will be held on June 14 and June 28. We will place the Arlington Velo Sport rides led by Noel Easton on the calendar.

Janice Lisherness brought a copy of the revised Safety Affirmation & Release Form and asked for a vote on approving the new form. It was passed around and later in the meeting Jennifer McCoy read the form in its completion and the SBC Board approved the contents with the suggestion that the font be made larger so it is easier to read. It was also suggested that we send a copy of the newly revised form to Rose Ploeg for inclusion in the newsletter so all the club members could read it. The new form will be included as an attachment to these minutes so we will have a record of what was approved.

Old Business:

Colby Plagge reported that we had approximately 300 pre-registrations for the 2014 Spring Classic. The SBC Board had already previously voted on \$200 to allow for spending at the Church Road and Donovan rest stops. The Board voted to allow \$125.00 for spending on food at the Chuckanut and Samish School rest stops. The Board also voted to charge \$5 per mug and \$10 per tee shirt for day-of registration sales. Pre-registered riders and Spring Classic volunteers will get free tee-shirts. Steve Jahn said he will have the Green Tomatoes Band start playing at Bayview Elementary School at 12:00pm. For our appreciation to the band for their volunteerism, the Board voted to give each member of the band a free tee shirt and a spaghetti dinner.

New Business:

Jim Finch reported that he received a letter from a lady looking for bicycle classes. After discussion, it was decided that Jim should refer her to the Cascade Bicycle Club.

The meeting was adjourned at 7:34pm The next SBC Board meeting will be held at 6:00pm on Tuesday, June 3rd at Dimensional Communication on 1220 Anderson Road, Mount Vernon.

Respectfully submitted by Marci Maulden



JUNE 2014

RR	Road Ride
MTB	Mountain Bike
TT	Time Trial
RLH	Ride Leader's Home
Ride Pace:	
E	Easy under 10mph
S	Social 10-12 mph
M	Moderate 12-16 mph
B	Brisk 16-20 mph
ST	Strenuous 20+ mph
If weather is questionable call the ride leader	

1 8AM Special
Olympics-JBLM
Jane Monroe 360
424 4619

9:00 am MTN Bike Gravel
RLH- 624 Bennett
Sedro Woolley Tom Jacobson
360 855 0593

10:00 am SRR
Arlington Velo Sport
Mark Everett
360 629 6415

2 10:00 am MRR
March Point
Park & Ride-
Anacortes
Ride Leader:
See Newsletter

1:00 pm SRR
March Point Park & Ride-
Anacortes
Kathea Rasmussen
360 766 8720

3 8:45 am BRR
Arlington VeloSport
Mark Everett 360
629 6415

6:00 pm SBC Mtg.@
Dimensional Communications
1220 Anderson Rd MV
Dan Sandstrom 360 708 7108

6:00 pm Ladies RR
Skagit Cycle Center
1620 Commercial Ave Anacortes
Bernie Santiago
360 588 8776

4 6:00 pm
Skagit Valley
Gardens
Conway
Med/Long Route
Jim Finch 360 770 5915
Short Route Mike Rathvon
306 708 9284

6:00 pm SRR
Skagit Cycle Center 1
620 Commercial Ave
Anacortes
Bernie Santiago
360 588 8776

5 10:00 am
SRR Joy Ride
Conway Red Barn
Rain Cancels
Janice Lisherness
360 391 3931

5:30 pm All levels
Arlington Velo Sport
Noel Easton
360 547 2261

6

7 Apple Century
applebikeride.com

8 10:00 am MRR
RLH-1025 E.
Washington Ave
Burlington
Rose Ploeg
360 202 1716

10:00 am SRR
Centennial Trail
Arlington VeloSport
Mark Everett
360 629 6415

9 10:00 am MRR
March Point Park
& Ride Anacortes
Hanspeter, Dan, or Steve
See Newsletter

1:00 pm MRR
March Point Park & Ride
Anacortes
Kathea Rasmussen
360 766 8720

10 8:45 am BRR
Arlington
VeloSport
Mark Everett
360 629 6415

6:00 pm Ladies RR
Skagit Cycle Center
1620 Commercial Ave
Anacortes
Bernie Santiago
360 588 8776

11 6:00 pm
Skagit ValleyGardens
Conway
Med/Long Marshall Will
360 929 5003 Short:
Jeannette Folkertsma
360 445 5924

6:00 pm SRR
Skagit Cycle Center
1620 Commercial Ave
AnacortesBernie Santiago
360 588 8776

12 10:00 am
SRR-Joy Ride
Conway Red Barn
Rain Cancels
Jane Monroe
360 424 4619

6-8 pm
All Ride levels
Arlington Velo Sport
Noel Easton 360 547 2261

13

14 10:00 am
All riding levels
Ramble Ride
Conway Red Barn
Scott Rittscher
360 552 7668

15 10:00 am
SRR
Centennial
Trail
Arlington
VeloSport
Mark Everett
360 629 6415

1:00 pm SRR
RLH 1820 Walter St
Mount Vernon
Dave Mazzarella
360 336 3982

16 9:35 am
Ferry MRR
Anacortes
Ferry
See
Newsletter
Gordon Odegaard
360 421 0573

1:00 pm-10 to 14 mph
March Point Park & Ride-
Anacortes
Kathea Rasmussen
360 766 8720

17 8:45 am
BRR
Arlington
VeloSport
Mark
Everett
360 629 6415

6:00 pm Ladies RR
Skagit Cycle Center
1620 Commercial Ave
Anacortes
Bernie Santiago
360 588 8776


18 6:00 pm
Skagit
Valley
Gardens
Conway
Med/Long
Steve Jahn 425 830 4981
Short Dian Jahn 425 830
5381

6:00 pm SRR
Skagit Cycle Center
1620 Commercial Ave
Anacortes
Bernie Santiago
360 588 8766

19 10:00 am
SRR Joy
Ride-
-Conway
Red Barn
Gordon Odegaard
360 421 0573

5:30 pm All riders levels
Arlington Velo SportNoel
Easton 360 547 2261

6-8 pm Ladies Basic
Repair Class
Skagit Cycle Center-Anac.
Bernie Santiago
360 588 8766

20 

**Newsletter
Deadline**

9:00 am
Breakfast Ride
All levels
Conway Red Barn
Jean Sattler-Will
360 710 9577

21 8:00 am
Mount
Baker Ride

Samish School
Highway 9
Dave Mazzarella
360 336 3982

Welcome/Mount Baker Hwy
Jane Monroe
360 424 4619

22 10:00 am
SRR
Centennial
Tail Arlington
VeloSport
Mark Everett
360 629 6415

1:00 pm SRR
RLH-1820 Walter St
Mount Vernon
Dave Mazzarella
360 336 3982

23 10:00 am MRR
March Point Park & Ride -
See Newsletter

1:00 pm 10 to 14 mph
March Point Park & Ride-
Anacortes
Kathea Rasmussen
360 766 8720

30 Same as
above

24 8:45 am BRR
Arlington
VeloSport
Mark Everett
360 629
6415

6:00 pm Ladies RR
Skagit Cycle Center
1620 Commercial Ave
Anacortes
Bernie Santiago
360 588 8776

25 6:00 pm
March Point Park & Ride-
Anacortes
Med/Long Jamie Wells
360 941 1270
Short Whit Whitford
360 202 9283

6:00 pm SRR
Skagit Cycle Center 1620
Commercial Ave
Anacortes
Bernie Santiago
360 588 8776

26 10:00 am
MRR-Joy
Ride
Conway
Red Barn
Kent Stellby
360 299 8912

5:30pm All levels
Arlington Velo Sport
Noel Easton
360 547 2261

5

27

28 10:00 am
Ramble Ride
All riding levels
Conway Red Barn
Gordon Odegaard
360 421 0573

29 10:00 am
SRR
Centen-
nial Tail
Arlington
VeloSport
Mark Everett
360 629 6415

1:00 pm SRR
RLH-1820 Walter St
Mount Vernon
Dave Mazzarella
360 336 3982

Skagit Bicycle Club Membership Form

Use PayPal to join or renew your membership online at www.skagitbicycleclub.org

Annual Dues:
Individual \$15.00 Family \$20.00

Check One:
 New Member Renewal

Mail this form to:
Skagit Bicycle Club
P.O. Box 363 Burlington WA 98233

Name
Address
City State Postal Code
Phones
Email:

You will receive your Newsletter via Email**Unless** you CHECK HERE to receive the paper version (not in color) via US Postal Service



Club Information

Skagit Bicycle Club

Officers & Board

President
Dan Sandstrom
dan.sandstrom@comcast.net
Vice President
Colby Plagge
Colbyp@demensional.net
Secretary
Marci Maulden
mauldenm@earthlink.net
Treasurer
Shaun Bridge
sbridge007@gmail.com
Past President
Gordon Ogedaard
jgode@wavecable.com

Board Members

Jennifer McCoy
jlmccoy@ncia.com
Cindy McGuinness
mcguinesscc@gmail.com
Jane Monroe
janemmonroe@aol.com
Scott Rittscher
seaking@wavecable.com
Mike Tallering
mike.tallering@siemens.com
Jamie Wells
Jamie@skagitspringclassic.org

Volunteer Positions

Ride Coordinator
Janice Lisherness
360 391 3931 /360 466 3030
bikerjan1@hotmail.com
Spring Classic Coordinator:
Colby Plagge
Bridge Sweep Coordinator:
Steve & Dian Jahn
Membership List
Marshall Will
cesiwill@msn.com

Website:
www.skagitbicycleclub.org
Web masters:
Jamie Wells
Jamie@skagitspringclassic.org
Tom Jacobson
Tomandlori@comcast.net

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The Skagit Bicycle Club
P.O. Box 363 Burlington WA 98233

Saddle-Post Intelligencer

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Editor Rose Ploeg
dutchpedaler@yahoo.com
See Ride Calendar for Deadline

Bike Travel Cases: Deposit is \$100 and is refundable upon the return of the case. The borrower is responsible for the pickup and drop off of the case.

Bike Travel Trailer: "BOB" bike trailer with a water proof duffel.

Club Bike Racks: Four Yakima bike carriers attach to a roof rack 1 inch round bars front and rear. fork mount/ mounts for the front wheel. Currently kept in the Storage Unit in Mount Vernon.

To check out and arrange a pick up of any of the above items contact Jane Monroe 360 424 4619

Membership benefits include 10% off at these local businesses. Please remember to show your membership card to receive your discount.

Bicycles NW
31531 SR 20
Oak Harbor 360 279 8919

Skagit Cycle Center
1704 S Burlington Blvd Burlington
360 757 7910
1620 Commercial Ave. Anacortes
360 588 8776
skagitcyclecenter.com

Arlington Velo Sport
Bicycle Shop
401 N Olympic Ave
Arlington, WA 98223
360-629-6415
www.arlingtonvelosport.com
If you are having issues with the email edition of the Newsletter please contact us through the website or call or email
Marshall Will at
360 929 5003 or cesiwill@msn.com.
Copies of the newsletter will be mailed upon request.



<http://www.facebook.com/SkagitBicycleClub>



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