



# Saddle-Post Intelligencer

**The Voice of the Skagit Bicycle Club -Skagit County-Washington**

**MARCH 2015**



## Berentsen Bridge Sweep-Saturday, March 28, 2015

Skagit Bicycle Club plans to sweep the Berentsen bridge in March, June, and September, 2014.

The first date will be Saturday, March 28, at 2 PM, after the Red Barn Ramble Ride and Lunch. This should take about 1 ½ hrs.

Meet at the East end of the Berentsen bridge on the North side off ramp into the Twin Bridges Marina. Brooms/shovels/wheelbarrow/sweeper are provided. However, we appreciate your bringing your favorite broom/shovel. Gloves suggested.

This is always a fun “social/work” event, and a special treat for those participating will be supplied !!!...So, **Mark Your Calendar...**and see you there! Steve Jahn 425-830-4981 [stevedianjahn@gmail.com](mailto:stevedianjahn@gmail.com)

## Skagit Bicycle Club Storage Locker

Skagit Bicycle club has a storage locker located at Save On Storage (2329 Market St, Mt Vernon, WA 98273).

The club stores SBC documents, Spring Classic materials, bridge sweep materials, and bicycle items to loan to SBC members!

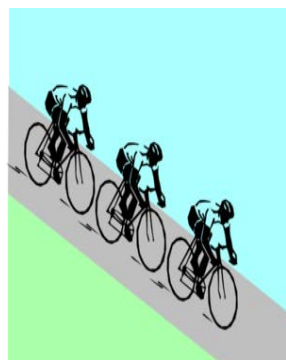
The items currently available are:

- 1) 4 bike shipping cases
- 2) BOB trailer
- 3) 3 Yakima style bike roof racks
- 4) Yakima Roof towers for roof “rail” mount.

Any SBC member need only to contact Steve Jahn 425.830.4981 [stevedianjahn@gmail.com](mailto:stevedianjahn@gmail.com) to arrange. We will provide you with the Storage Unit #, entry password, and Storage Locker combination. You can pick up the item, complete the “Loan” information and leave a \$50 deposit check. Upon returning the item, you would sign it as “returned”, take your deposit check. While Steve Jahn has volunteered to “manage” the storage locker, other SBC members are also authorized : Jane Monroe; Marshall Will; Jamie Wells; Jim Finch; Shaun Bridge; Colby Plagge Finally, do you have something that you think SBC members would like to borrow??. Contact us and we can discuss.



## Mileage for 2014



Janice Lisherness .....	1274 miles
Phil Smoots.....	207
Jane Monroe.....	2073
Ken Wallis.....	5355
Kit Rawson.....	2924
Kathy Thornburgh.....	2462
Dan Sanstrom.....	9263
Robert Whitford.....	4300
Jenniifer McCoy.....	722
Robert Franklin.....	2084

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## Memories Of Alan Mazonson For Daughter Nadia

The SBC Alan Mazonson’s memorial bicycle rides was 8/2013, following his passing earlier that year. Now, his daughter Nadia is beginning to want to learn more about her Dad’s past, and Mom, Nora, would now like to begin to engage with the photos and memories which many of you have shared so generously. If you have a memory or photo, please feel free to share. Many thanks to you all for being a part of this healing project. Nancy Mazonson [nmazonson@gmail.com](mailto:nmazonson@gmail.com) (Alan’s first cousin) 617 633 1568



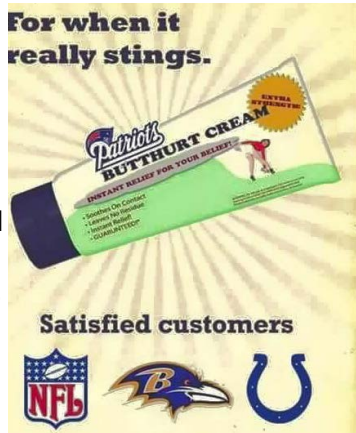
Cookie Callers are needed for the Spring Classic contact Diane Jahn.

# WORD OF THE DOMESTIQUE

The following is the opinion of the Super Domestique and is not intended to offend any religion, ethnic group, club, organization, company, gender, sexual orientation or individual. The views of the Super Domestique are his own or something he copied from someone else, and do not in any way reflect the views of the Skagit Bicycle Club. Furthermore, they do not necessarily reflect the views of the people who live in the same home, neighborhood or city. Please also note that the fact this piece is written in English is in no way meant to malign other languages nor to malign those who are illiterate visually impaired and thus are unable to read the piece. Compliments can be emailed to SuperD@skagitdomestique.com Complaints can be emailed to Colby at Colby@skagitspringclassic.org

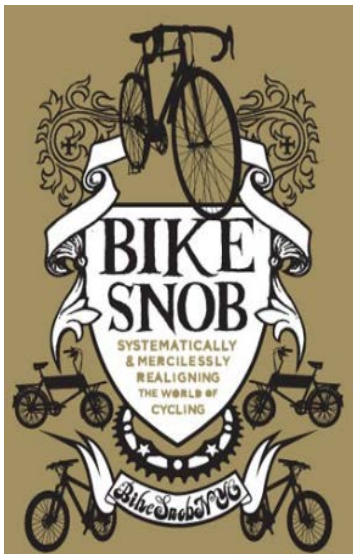
Please keep in mind Colby is a pretty busy guy so if you don't get a reply he is probably to busy to respond to a bunch of whining mountain bikers.

There is an exciting new entry in the chamois cream market to compete with the likes of Butt'r and DZ-Nuts (David Zabriskie's brand) I personally have not had the need to try this new product dubbed "Butthurt Cream" but based on the quality of the organization behind this product I believe it is top shelf. Some would even say championship level. It should be great for those long centuries or even if you want to go out in public and are feeling a little chapped in the nether regions.



But lets move on to this month's book re-review.

## Bike Snob Systematically & Mercilessly Realigning the world of cycling, Written by the Bike Snob NYC



This is an older book, Published in 2010 and one I have reviewed before in a previous life.

My questions was. Would this book be as entertaining the second time?

Answer: YES !

The book Bike Snob Systematically & Mercilessly Realigning the world of cycling is intended to be an aid to new cyclist and describes the history and the

sub cultures that make up modern day cycling.

The Bike Snob (BS for short) is from NYC and therefore the book is also based on the culture of this city. The first part of the book is mildly entertaining describing the origins of cycling in the NYC area.

Once out of the history of cycling the book gets better. BS touches on the similarities between Cyclist and Vampires. (More similarities than one would think.)

The next section of this book is so good that if the book started on page 57 and ended on page 86 you would still feel like your \$13 (Amazon) was well spent.

BS has broken down cyclist into the following categories and then describes each in great detail so that by the time you are finished you could identify each of our club members and appropriately categorize them. BS then goes into further detail describing why other cyclist don't like the group being described and finally determines the described groups compatibility with other cyclist.

For example a lengthy description of a triathletes includes a description of their bike handling skills and then sums up the section referring to them as "slimy interlopers" and "The turkuckens of the cycling world."

Even after my second read Bike Snob Systematically & Mercilessly Realigning the world of cycling receives the highest recommendation from the Super Domestique. It is laugh out loud funny. While Super D does not agree with all of the opinions of BS it should be noted that BS is a very cunning wordsmith and no cycling group is spared his considerable wit.

There are two other books offered by the BS one of which I recently ordered from Amazon but have yet to read. Bike Snob Abroad: Strange Customs, Incredible Fiets, and the Quest for Cycling Paradise. In this book the BS takes on the challenge of riding with family abroad. It should be a good read.

I'll be sure to let you know if this book is worth the price of admission but I don't think I'll be disappointed and requiring any Butthurt Cream.

You can also check out the BS blog at: <http://bikesnobnyc.blogspot.com/>

240 miles biked - 68 miles walking 229lbs:(

Bike Snob Systematically & Mercilessly Realigning the world of cycling  
Text Copyright 2010 by Eben Weiss Chronicle Books LLC





# Rides & Ride Reports

# Board Briefs



**Monday Rides- March Point Park And Ride**  
 All riders welcome for this ride leaving every Monday from March Point Park and Ride. Fall/winter start time of 11 AM. Distance of 35ish miles , MRR(15-17mph) pace. Ride leader will asses the group and determine if a second slightly slower group leader is desired. No maps, riders stick together withleader(s), and a stop for a light lunch at or toward end of the ride.. Fun social riding in the heart of Skagit Valley. **Rain And Snow May Cancel Ride**

**Washington Bike Summit  
 March 16-17, 2015 - Governor Hotel in Olympia**

Connect with community advocates and professionals who share your vision for better bicycling in the Evergreen State at the Washington Bike Summit in Olympia!

- Lunch plenary sessions both days
- Breakfast plenary session on Tuesday
- Two days of workshops for advocates and professionals (with CEUs)
- Legislative reception Monday evening
- Transportation Advocacy Day for advocates on Tuesday

Space is limited! More details and registration at [WAbikes.org/summit](http://WAbikes.org/summit). Washington Bike Summit is presented by Washington Bikes

Sponsored by:  
 Platinum Bicycle Cascade Bicycle Club Group Health  
 Gold Wheel Washington State Department of Transportation  
 Silver Spoke Raleigh USA  
 Bronze Gear REI SRAM Foundation for Healthy Generation

**McClinchy Mile Oso Strong Ride**

This year's McClinchy Mile Oso Strong Bicycle Ride on March 15 will take you through the scenic beauty of the Stillaguamish River Valley, as well as the devastation of the Oso Landslide zone. Route options of 37 and 57 miles include a unique food stop at Rhodes River Ranch, where the restaurant will provide "cowgirl biscuits & gravy," hot beverages, and other snacks.

Ride fee is \$30 in advance and \$35 on the day of the ride, which starts at Haller Middle School, 600 E. First Street, Arlington, WA. Helmets are required for safety.

Rider fees will support the Oso-area Whitehorse Trail and bike tourism through the Centennial Trail Coalition and Washington Bikes. McClinchy also supports B.I.K.E.S. Club of Snohomish County, which has hosted the event for more than 30 years.

Register by March 1 for a chance to win an overnight stay and dinner at Angel of the Winds Casino near Arlington. Registration and event updates at [www.bikesclub.org/mcclinchy](http://www.bikesclub.org/mcclinchy)

General Meeting Minutes February 3, 2015

Present:  
 The meeting began at 6:00 pm with Colby Plagge, Mike Tallering, Shaun Bridge, Cheryl Calhoun, Marty Johnson, Diane & Steve Jahn, Cindy McGuiness, Jane Monroe, Jim Finch, Scott Rittscher, Whit Whitford, Jamie Wells in attendance.

Meeting Minutes:  
 The January 6, 2015 SBC meeting minutes were approved with no corrections.

New members: Timothy Rogers, Anacortes; Lane Holback, Arlington; Charles (Marshall) Eberhart, Sedro Woolley

Treasurer's Report:  
 Shaun Bridge gave the treasurer's report.

Ride Coordinator's Report:  
 Whit reported that permission where necessary has been obtained and that the ride venues for 2015 are:

- Wednesday Night Rides:
- April 5:30 pm Mt. Baker School; May 6:00 pm March's Point
  - June 6:00 pm Skagit Gardens
  - July 6:00 pm POTLUCK Shaun Bridges home, Sedro Woolley
  - August 6:00 pm Bayview School; September 5:30 pm Maiben Park

Thursday Joy Rides:  
 April: March's Point May: Conway  
 June: Allen Playfields July: Bayview School  
 August: Edison School Sept: Conway

Steve Jahn reported that the bridge sweeps dates are now coordinated with Red barn Ramble ride in the morning and sweep in afternoon. First bridge sweep of 2015 to be Sat. March 28th.

Old Business:  
 Colby briefly reported on Skagit Spring Classic. Design poster with 2015 logo was displayed. No changes needed – Looks great. Colby also mentioned that the on-line membership form has been added and that the Adobe program cost significantly less than approved at last meeting as it was considered an upgrade and not a new program. Saving our club approximately \$200.

New Business:  
 It was discussed that Skagit Bicycle Club's Storage Unit had only been in Bill Thayer's name. Bill's widow, Helen, was very helpful in our being able to modify the contract to now include 5/6 names instead of one so one of the 5, Colby Plagge, Steve Jahn, Marshall Will, Jamie Wells, Jim Finch or Jane Monroe, can access and assist members when needed.

Storage Unit  
 Steve Jahn and Jane Monoe will do a spring cleaning of the storage unit. And restock rest-stop containers.  
 Lock with digit tumbler padlock will be obtained.  
 Steve Jahn will articulate in newsletter items available for member to borrow.

2014 ride miles  
 Jane still collecting and posting the 2014 miles ridden by members.

Skagit Pedal Sport is having their Annual Sale on March 20-22nd. They welcome any Club information we want to provide.

Spring Classic:  
 Brief discussion volunteers needed. Rest-stops hosts:  
 Jahn's: Edison Church; Jim Finch: Sammish; Jean Sattler-Will: Donovan Park  
 Marci we think with again do Chuckanut.

Meeting Concluded:  
 The next SBC Board Meeting will be held at 6:00 pm on Tuesday, March 3rd, 2015 at Dimensional Communications, 1220 Anderson Road, Mount Vernon.  
 Meeting was adjourned at 6:45 pm  
 Respectfully submitted by Cheryl Calhoun.



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
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# March 2015

**1**

1:00 PM MRR  
 RLH/1025 E  
 Washington Ave  
 Burlington  
 Rose Ploeg  
 360 202 1716

**2**

11:00 am MRR  
 March Point  
 Park & Ride  
 Dan Sandstrom  
 360708 7108  
 Steve Jahn  
 425 830 4981  
 Hanspeter Gehrig  
 360.588.9149

**3**

6:00 pm  
 SBC Board  
 Meeting  
 Dimensional  
 Communications  
 1220 Anderson Rd  
 Mount Vernon  
 Colby Plagge  
 360 540 4554

**4**

**5**

11:00 am  
 SRR-Joy Ride  
 The Farmhouse  
 Restaurant  
 Hwy 20 &  
 LaCWhitney Rd  
 Whit Whitford  
 360.757.1357

**6**

**7**

10:00 am BRR  
 Washington School  
 West Mount Vernon  
 Jim Finch  
 360 770 5915

**8**

1:30 PM  
 SRR RLH  
 17534 Fir Isl Rd  
 Janette  
 Folkertsma  
 360.445.5924

**9**

11:00 am MRR  
 March Point  
 Park & Ride  
 Dan Sandstrom  
 360708 7108  
 Steve Jahn  
 425 830 4981  
 Hanspeter Gehrig  
 360.588.9149

**10**

**11**

**12**

11:00 am  
 SRR Joy Ride  
 The Farmhouse  
 Restaurant  
 Hwy 20 &  
 LaCWhitney Rd  
 Jack McTaggart  
 360.420.1857

**13**

**14**

**15**

**16**

11:00 am MRR  
 March Point  
 Park & Ride  
 Dan Sandstrom  
 360708 7108  
 Steve Jahn  
 425 830 4981  
 Hanspeter Gehrig  
 360.588.9149

**17**

10:00 AM SRR  
 Centennial Trail  
 Nakashima Barn  
 Jane Monroe  
 360.391.9062



**18**

**19**

11:00 am  
 SRR-Joy Ride  
 The Farmhouse  
 Restaurant  
 Hwy 20 &  
 LaCWhitney Rd  
 Self Lead/On  
 Your Own

**20**



**Newsletter  
 Deadline**

**21**

Skagit Cycle Sale  
 10:00 am  
 All levels  
 Conway Red Barn  
 Ramble Ride  
 Scott Rittscher  
 360 652 7668

**22**

Skagit Cycle Sale

**23**



11:00 am MRR  
 March Point  
 Park & Ride  
 Dan Sandstrom  
 360708 7108  
 Steve Jahn  
 425 830 4981  
 Hanspeter Gehrig  
 360.588.9149

**24**

**25**

**26**

11:00 am  
 SRR-Joy Ride  
 The Farmhouse  
 Restaurant  
 Hwy 20 &  
 LaCWhitney Rd  
 Diane Torset  
 360.856.6296

**27**

**28**

9:30 [www.thedandy-daffodil.com](http://www.thedandy-daffodil.com) Tweed Ride  
 10:00 MRR Red Barn Ramble Conway Marshall Will  
 360.929.5003  
 Bridge Sweep After Red Barn Ramble Steve Jahn  
 425.830.4981

**29**

1:00 PM MRR  
 RLH/1025 E  
 Burlington Ave  
 Rose Ploeg  
 360 202 1716

**30**

**31**

# Skagit Bicycle Club Membership Form

Use Pay Pal to join or renew your membership online at [www.skagitbicycleclub.org](http://www.skagitbicycleclub.org)

Annual Dues:  
Individual \$15.00 Family \$20.00

Check One:  
 New Member  Renewal

Mail this form to:  
Skagit Bicycle Club  
P.O. Box 363 Burlington WA 98233

Name

Address

City State Postal Code

Phones

Email:

You will receive your Newsletter via Email  
.....**Unless** you CHECK HERE   
To receive the paper version (not in color)  
Via US Postal Service



# Club Information

## Skagit Bicycle Club Officers & Board

President  
**Colby Plagge**  
Colbyp@demensional.net  
Vice President  
**Mike Tallering**  
mike.tallering@siemens.com  
Secretary  
**Cheryl Calhoun**  
Calhoun@fidalgo.net  
Treasurer  
**Shaun Bridge**  
sbridge007@gmail.com  
Past President  
**Dan Sandstrom**  
dan.sandstrom@comcast.net

## Board Members

**Steve Jahn**  
SteveDianJahn@gmail.com  
**Marty Johnson**  
A\_Mjohnson@comcast.net  
**Cindy McGuinness**  
mcguinesscc@gmail.com  
**Jane Monroe**  
janemmonroe@aol.com  
**Scott Rittscher**  
seaking@wavecable.com  
**Jamie Wells**  
Jamie@skagitspringclassic.org

## Volunteer Positions

Ride Coordinator  
Whit Whitford  
nx7q@frontier.com  
360 757 1357  
Spring Classic Coordinator:  
**Colby Plagge**  
Bridge Sweep Coordinators:  
**Steve & Dian Jahn**  
Membership List  
**Marshall Will**  
cesiwill@msn.com

## Website:

[www.skagitbicycleclub.org](http://www.skagitbicycleclub.org)  
Web masters:  
**Jamie Wells**  
Jamie@skagitspringclassic.org  
**Tom Jacobson**  
Tomandlori@comcast.net

## Mailing Address

The Skagit Bicycle Club  
P.O. Box 363 Burlington WA 98233

## Saddle-Post Intelligencer

Published by  
The Skagit Bicycle Club  
Editor Rose Ploeg  
dutchpedaler@yahoo.com  
See Ride Calendar for Deadline

**Bike Travel Cases:** Deposit is \$100 and is refundable upon the return of the case. The borrower is responsible for the pickup and drop off of the case.

**Bike Travel Trailer:** "BOB" bike trailer with a water proof duffel.

**Club Bike Racks:** Four Yakima bike carriers attach to a roof rack 1 inch round bars front and rear. Fork mount/ mounts for the front wheel. Currently kept in the Storage Unit in Mount Vernon.

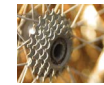
To check out and arrange a pick up of any of the above items contact Jane Monroe 360 391 9062 or Colby Plagge 360 540 4554

**Membership benefits include 10% off at these local businesses.** Please remember to show your membership card to receive your discount.

Skagit Cycle Center  
1704 S. Burlington Blvd. Burlington  
360 757 7910  
1620 Commercial Ave. Anacortes  
360 588 8776  
skagitcyclecenter.com

Arlington Velo Sport  
Bicycle Shop  
401 N Olympic Ave  
Arlington, WA 98223  
360-629-6415  
www.arlingtonvelosport.com

If you are having issues with the email edition of the Newsletter please contact us through the website or call or email  
Marshall Will at  
360 929 5003 or  
cesiwill@msn.com.  
Copies of the newsletter will be mailed upon request.



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**Burlington WA 98233**