



Saddle-Post Intelligencer

The Voice of the Skagit Bicycle Club -Skagit County-Washington October 2014



Skagit Bicycle Club Annual Dinner Meeting October 8, 2014

The annual Skagit Bicycle Club (SBC) dinner meeting began at 6:00pm at the Senior Citizen Center in Sedro Woolley. Our President, Dan Sandstrom, opened the meeting by calling on Janice Lisherness, Ride Leader Coordinator, to present mugs and arm warmers to those people who qualified for ride leader awards.

Then we observed a moment of silence in memory of Bill Thayer. Dan also expressed appreciation with a gift to exceptional volunteers and board members this year, including a special presentation to Colby Plagge and Jill Langley for their work on the 2014 Spring Classic.

In turn, Gordon Odegaard presented Dan with a plaque for his work as the SBC 2014 President.

A motion was made by Jane Monroe, and seconded by Jean Sattler-Will to accept the board as nominated.

All approved the following 2015 nominated board members:

President (2015): Colby Plagge

Vice President (2015): Mike Tallering

Secretary (2015): Cheryl Calhoun

Board Member (thru the end of 2017): Marty Johnson

Board Member (thru the end of 2017): Steve Jahn

There are five other board members who will remain on the board to fill out their terms as follows:

Treasurer (thru the end of 2015): Shaun Bridge

Board Member (thru the end of 2015): Jane Monroe

Board Member (thru the end of 2015): Jamie Wells

Board Member (thru the end of 2016): Scott Rittscher

Board Member (thru the end of 2016): Cindy McGuiness

Members also voted on organizations to which SBC donations will be made. Dan will tally the ballots to determine which of the following organizations will receive our donations:

Bakerview BMX;

Skagit County Active Community Taskforce;


Special Olympics- Skagit County Branch;


League of American Bicyclist;


Washington Bikes; and

Medic One Bicycle Helmet Program.

The SBC Board will determine the amount to be distributed among these worthy organizations.

 Jennifer McCoy gave a presentation on a recent bicycle trip she made on the Katy Trail in Missouri

 Jane Monroe gave an update on the Bill Thayer memorial bench which will be placed on the Padilla Bay Trail.

 Larry Tomovick, avid trike rider, was our guest speaker for the evening. His personal story was an inspiration to us all.



Save the Date!

Skagit Bicycle Club

Christmas Party  Sunday, December 7

More details coming in December newsletter.



In This Issue:

The Script (Who's Next) by Dan Sandstrom	Page 2
Board Briefs	Page 3
Rides/Reports	Page 3
Ride Calendar	Page 4
Club Info & Membership Form	Page 5



The Script (Who's Next?)

By Dan Sandstrom

Hello All, well I think we had a pretty good annual meeting from the responses I have had from some of you. We did have a good number in attendance and we were all treated to a great show by Larry Tomovick. If you don't know him you should, he is a great guy with a great sense of humor. It looks like summer is leaving us but it was a nice one for cycling, even most of October, so it looks like time to break out the rollers and get back into the gym. Or, you could starve yourself till spring but don't think that sounds fun or healthy, so keep exercising (or don't). We do have one more party that is fun and that is our Christmas party. The date is December 7th so if I don't see you on the road, hope to see you at the Christmas party. Thanks again to all of you who make this club the great club it is.

Have a great day!!!

And keep the rubber on the road.

Later Dan

Last Months Who's Next



Marty & Anita Johnson

Who's Next?

Nearly 25 years ago I was bicycling from Big Lake to Sedro Woolley with a friend, the longest ride for either of us. We were so full of ourselves we agreed to ride from the Peace Arch down the Pacific Coast to Tijuana Mexico. We recruited another rider, purchased Cannondale touring bikes, panniers and camping gear. We trained for the next three months starting with about 8 miles a day. Our longest training ride was fully loaded from Mt. Vernon to Oak Harbor and back. In late June that year we started from the Peace Arch and camped our first night at Fort Warden. Three weeks later we arrived in Mexico, guys that could barely fix our own flats and we were still alive. Back in Mt. Vernon my loving Wife signed me up as new member of the SBC. That was over 20 years and over 100,000 miles ago. Many miles, good friends, bike trips, maintenance and training May the wind be your friend.tips. Thank You Skagit Bicycle Club for all the memories.



Rides & Ride Reports

Board Briefs

Kathea Rasmussen

360 766 8720

Mondays 1:00pm 10 to 14 mph

No drop from my home RLH 6290 Ershig Rd

Liz Jenkins

360 588 8776

Skagit Cycle Center

1620 Commercial Ave, Anacortes

8:00 am MRR No Drop

Fidalgo Island, Rain Cancels

Dave Mazzarella

360 840 5602

6:00 pm SRR

RLH 1820 Walter St. Mount Vernon

Bring lights



Ride report -- Ramble Ride--October 11.

By Jennifer McCoy.

Three hardy souls turned out for the Ramble ride. Gary Minor, new member- Cindy Lindquist, and I headed out just as it began to rain. Just as we reached the corner of Dry Slough and Moore we heard the first clap of thunder so we headed back to the start. 7 thunder claps later and a deluge of rain we were back at the Red Barn just as the rain turned back to a drizzle. By that time we were drenched however. All totaled we got 14 miles.



SKAGIT BICYCLE CLUB

GENERAL MEETING MINUTES

October 7, 2014

Present: Dan Sandstrom, Colby Plagge, Shaun Bridge, Cindy McGuinness, Jane Monroe, Jamie Wells, Marshall Will, Scott Rittscher, Janice Lisherness, Phil Smoots, Jennifer McCoy, and Marci Maulden

The September 2, 2014 SBC meeting minutes were approved with no corrections.

Welcome to new members Samuel & Diane Hill from Mount Vernon and Tim Turner from Lake Stevens.

Ride Coordinator's Report:

Janice Lisherness is working on the November ride calendar. Janice said she had Mondays taken care of but needed ride leaders for the two ramble rides held respectively on November 8 and 22.

Old Business:

Jane Monroe gave an update on the Bill Thayer memorial bench which will be located on the Padilla Bay Trail. Helen Thayer donated \$100 towards the bench. The memorial bench will have a bronze plaque on it, and Jane passed around three different samples of what the bronze plaque would look like. The board members voted to select the sample that had our club logo on it.

New Business:

Our treasurer, Shaun Bridge, can't make it to the SBC Annual Meeting, so Dan Sandstrom presented Shaun with a shirt for his work this year for the club.

Because of competing markets and cost issues, Marshall Will advised that SBC should not be involved in the Woolley Cross venue. The board accepted his recommendation.

Marshall noted that the new chipseal in Skagit County is a big improvement over what has been done in the past. He volunteered to put together a letter from SBC commending the county for their work. Marshall will present his letter to the SBC Board for their approval.

Jane suggested that there be another name and phone number in the newsletter for the storage unit besides her own. Colby Plagge volunteered to add his name and phone number.

The next SBC Board Meeting will be held at 6:00pm on Tuesday, November 4th at Dimensional Communications on 1220 Anderson Road, Mount Vernon.

Meeting was adjourned at 6:37pm.

Respectfully submitted by Marci Maulden

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<h1>November 2014</h1>				RR Road Ride MTB Mountain Bike TT Time Trial RLH Ride Leader's Home Ride Pace: E Easy under 10mph S Social 10-12 mph M Moderate 12-16 mph B Brisk 16-20 mph ST Strenuous 20+ mph If weather is questionable call the ride leader	<p>8:00 am MRR No Drop Rain Cancels Skagit Cycle Center Anacortes Liz Jenkins 360 588 8776</p>	<p>10:00 am MRR Arlington Velo Sport 401 N Olympic Ave. Mark Everett 360 840 7457</p>

<p>11:00 am MRR March Point Park & Ride Dan Sandstrom 360708 7108 Hanspeter Gehrig 360 588 9149 Steve Jahn 425 830 4981</p> <p>1:00pm SRR RLH: 6290 Ershig Rd Bow Kathea Rasmussen 360 766 8720</p>	<p>6:00 pm SBC Board Meeting Dimensional Communications 1220 Anderson Rd Mount Vernon Dan Sandstrom 360 708 7108</p>	<p>6:00 pm SRR RLH 1820 Walter St. Mount Vernon Dave Mazzarella 360 840 5602 Bring Lights</p>	<p>11:00 am SRR Joy Ride Conway Red Barn Jennifer McCoy 360 336 2526</p>	<p>8:00 am MRR No Drop Rain Cancels Skagit Cycle Center Anacortes Liz Jenkins 360 588 8776</p> <p>Conway Red Barn Ramble Ride All riding levels Jean Sattler-Will 360 710 9577</p>	<p>9:00 am RLH 624 Bennett St. Sedro Woolley Long BRR Semper Fi Tom Jacobson 360 710 2834</p> <p>10:00 am MRR Arlington Velo Sport 401 N Olympic Ave Mark Everett 360 840 7457</p>
---	--	---	--	--	--

<p>11:00 am MRR March Point Park & Ride Dan Sandstrom 360708 7108 Hanspeter Gehrig 360 588 9149 Steve Jahn 425 830 4981</p> <p>1:00pm SRR RLH: 6290 Ershig Rd Bow Kathea Rasmussen 360 766 8720</p>	<p>Veterans Day</p> <p>6:00 pm MTB Little Mountain Trail Head Mount Vernon Dave Mazzarella 360 840 5602</p>	<p>6:00 pm SRR RLH 1820 Walter St. Mount Vernon Dave Mazzarella 360 840 5602 Bring Lights</p>	<p>11:00 am MRR-Joy Ride Conway Red Barn Jane Monroe 360 424 4619</p>	<p>8:00 am Skagit Cycle Center Anacortes MRR No Drop Liz Jenkins 360 588 8776</p> <p>10:00 am BRR Washington School West Mount Vernon Jim Finch 360 770 5915</p>	<p>10:00 am MRR Arlington Velo Sport 401 N Olympic Ave Mark Everett 360 840 7457</p> <p>1:30 pm SRR RLH 17534 Fir Island Rd Mount Vernon Fir Island Ride Jeannette Folkertsma 360 445 5924</p>
---	--	---	---	--	--

<p>11:00 am MRR March Point Park & Ride Dan Sandstrom 360708 7108 Hanspeter Gehrig 360 588 9149 Steve Jahn 425 830 4981</p> <p>1:00pm SRR RLH: 6290 Ershig Rd Bow Kathea Rasmussen 360 766 8720</p>	<p>6:00 pm MTB Little Mountain Trail Head Mount Vernon Dave Mazzarella 360 840 5602</p>	<p>6:00 pm SRR RLH 1820 Walter St. Mount Vernon Dave Mazzarella 360 840 5602 Bring Lights</p>	<p>11:00 am SRR Joy Ride Conway Red Barn Janice Lisherness 360 391 3931</p>	<p>Newsletter Deadline</p> <p>8:00 am Skagit Cycle Center Anacortes MRR No Drop Liz Jenkins 360 588 8776</p> <p>10:00 am Conway Red Barn Ramble Ride All levels Jennifer McCoy 360 336 2528</p>	<p>10:00 am MRR Arlington Velo Sport 401 N Olympic Ave Arlington Mark Everett 360 840 7457</p>
---	---	---	---	--	--

<p>11:00 am MRR March Point Park & Ride Dan Sandstrom 360708 7108 Hanspeter Gehrig 360 588 9149 Steve Jahn 425 830 4981</p> <p>1:00pm SRR RLH: 6290 Ershig Rd Bow Kathea Rasmussen 360 766 8720</p>			<p>Thanksgiving Day</p>		<p>8:00 am Skagit Cycle Center Anacortes MRR No Drop Liz Jenkins 360 588 8776</p> <p>9:00 am BRR Mount Baker Middle School Mount Vernon Colby Plagge 360 540 4554</p>	<p>10:00 am MRR Arlington Velo Sport 401 N Olympic Ave Mark Everett 360 840 7457</p> <p>1:30 pm SRR RLH 17534 Fir Island Rd Mount Vernon Fir Island Ride Jeannette Folkertsma 360 445 5924</p>
---	--	--	------------------------------------	--	---	--

Skagit Bicycle Club Membership Form

Use PayPal to join or renew your membership online at www.skagitbicycleclub.org

Annual Dues:
Individual \$15.00 Family \$20.00

Check One:
 New Member Renewal

Mail this form to:
Skagit Bicycle Club
P.O. Box 363 Burlington WA 98233

Name
Address
City State Postal Code
Phones
Email:

You will receive your Newsletter via Email**Unless** you CHECK HERE to receive the paper version (not in color) via US Postal Service



Club Information



Skagit Bicycle Club

Officers & Board

President
Dan Sandstrom
dan.sandstrom@comcast.net
Vice President
Colby Plagge
Colbyp@demensional.net
Secretary
Marci Maulden
mauldenm@earthlink.net
Treasurer
Shaun Bridge
sbridge007@gmail.com
Past President
Gordon Odegaard
jgode@wavecable.com

Board Members

Jennifer McCoy
jlmccoy@ncia.com
Cindy McGuinness
mcguinesscc@gmail.com
Jane Monroe
janemmonroe@aol.com
Scott Rittscher
seaking@wavecable.com
Mike Tallering
mike.tallering@siemens.com
Jamie Wells
Jamie@skagitspringclassic.org

Volunteer Positions

Ride Coordinator
Janice Lisherness
360 391 3931 /360 466 3030
bikerjan1@hotmail.com
Spring Classic Coordinator:
Colby Plagge
Bridge Sweep Coordinator:
Steve & Dian Jah
Membership List
Marshall Will
cesiwill@msn.com

Website:
www.skagitbicycleclub.org
Web masters:
Jamie Wells
Jamie@skagitspringclassic.org
Tom Jacobson
Tomandlori@comcast.net

Mailing Address
The Skagit Bicycle Club
P.O. Box 363 Burlington WA 98233

Saddle-Post Intelligencer
Published by
The Skagit Bicycle Club
Editor Rose Ploeg
dutchpedaler@yahoo.com
See Ride Calendar for Deadline

Bike Travel Cases: Deposit is \$100 and is refundable upon the return of the case. The borrower is responsible for the pickup and drop off of the case.

Bike Travel Trailer: "BOB" bike trailer with a water proof duffel.

Club Bike Racks: Four Yakima bike carriers attach to a roof rack 1 inch round bars front and rear. fork mount/ mounts for the front wheel. Currently kept in the Storage Unit in Mount Vernon.

To check out and arrange a pick up of any of the above items contact Jane Monroe 360 424 4619 or Colby Plagge 360 540 4554

Membership benefits include 10% off at these local businesses. Please remember to show your membership card to receive your discount.

Skagit Cycle Center
1704 S Burlington Blvd Burlington
360 757 7910
1620 Commercial Ave. Anacortes
360 588 8776
skagitcyclecenter.com

Arlington Velo Sport
Bicycle Shop
401 N Olympic Ave
Arlington, WA 98223
360-629-6415
www.arlingtonvelosport.com

If you are having issues with the email edition of the Newsletter please contact us through the website or call or email Marshall Will at 360 929 5003 or cesiwill@msn.com. Copies of the newsletter will be mailed upon request.



Skagit Bicycle Club
P.O. Box 363
Burlington WA 98233