



Saddle-Post Intelligencer



The Voice of the Skagit Bicycle Club -Skagit County-Washington October 2014



Anacortes Open Streets Event A Big Success By Steve Jahn

Skagit Bicycle Club hosted 6 booths at the first an Annual Anacortes Open Streets Event which drew 1200 visitors who biked; skated; roller bladed; walked; jogged and enjoyed the 1/2 mile closed loop on downtown Anacortes streets. The SBC supported booths were: Skagit Bicycle Club. Special Olympics booth with two athletes. Bakerview BMX and 6 riders. Used bike & Parts Swap & Sell. Safe Routes to School safety Course. Concours d'Elegance Classic bike show and Retro Ride. US Bike Route 10 Dedication. The club greatly benefited from the exposure (we signed 5 new members) and we were amazed at the number and diversity of people and bikes that enjoyed the freedom riding streets without cars.

THANK YOU to all SBC Volunteers. Your participation significantly contributed to a fantastic event! Colby Plagge & wife; Jane Monroe; Janice Lisherness; Phil Smoots; Jamie Wells; Marcia Books; Bob Maguire; Gary Minor; Marty and Anita Johnson; Mike Tallering and son ; John & Michelle Pope; Liz McNett Crowl & crew;...hope I did not forget anyone!! See you next year at an even better event!!!

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Ballot Insert for Members Only	



Katy Trail Ride By Jennifer McCoy.

I just got back from the Katy Trail ride in Missouri. It was a fantastic ride. The Katy Trail is the longest rails to trails in the US at 238 miles. It starts in St. Louis, MO and goes to Clinton, MO. The "Katy" is actually the old MKT (Missouri-Kansas-Texas) railroad which ran from the late 1800s to 1988. If the whole line is eventually turned over to trail it will be about 700 miles. We had great weather, a nice group of riders – 22 of them including 2 former railroad engineers, retired US Army General, retired Deputy Marshall, current airline pilot for United, a Federal Judge among others. Our oldest rider was 83, our youngest in their 40s. Our tour leader was Bubba's Pampered Pedalers and I'd recommend Bubba for any ride he does. Janice, Jane and I met Bubba on Cycle North Carolina as our "sherpa" service and he led the Florida Keys tour that I had so much fun on last year.

We started in St. Charles, MO just out of St. Louis and headed west on the Katy. Our second night was spent in Hermann, MO. It is a historically German town named after the barbarian, Hermann, who defeated the Romans initially as they made their way into northern Europe some 2000 years ago. The early Germans to Missouri brought with them their grape vines and began wine making. We may not think of Missouri for its vineyards but in the late 19th and early 20th centuries it produced much. The area around Hermann was beautiful hills, green as could be even in late summer, misty kind of like the Great Smokey Mountains and warm. Then onto Jefferson City, Missouri's capitol which I thought was smartly positioned in the geographic middle of the state.

We stayed in historic Bed and Breakfasts with excellent breakfasts and dinners. Sag stops were fine for lunches. We rode from 24 to 48 miles a day for 6 days which was just perfect on crushed limestone trail. The trail followed the Missouri River which is beautiful with high bluffs adjacent to the trail. Often we rode through canopies of trees like a natural tunnel. When we looked out on fields they were mainly corn, soybean and sunflower. I hope to have a video of my trip on the Katy at the annual meeting. Next year Bubba is also including a ride on the Great Allegheny Passage and C and O canal from Pittsburgh to Washington D.C. I'm looking forward to that!



The Script (Who's Next?)

By Dan Sandstrom

Hi everybody! Well, it's that time for voting for new officers and board members. I hope the ballot is self explanatory. If you don't have a write-in, the nominee is your vote. You can email or mail your ballot to the club secretary up to 5 days before the annual meeting (10-08-14). If not, you can vote at the meeting. I sure hope we get more RSVP's for the annual meeting as we only have about 30 people so far and you don't want to miss the guest speaker as he is very special. I really do hope to see a large crowd for our one few big dinner and a speaker for this annual get together, if you have any questions please feel free to call or email me.

Keep the rubber down,
Dan

Last month's Who's Next? **Next month's Who's Next?** Janice Lisherness



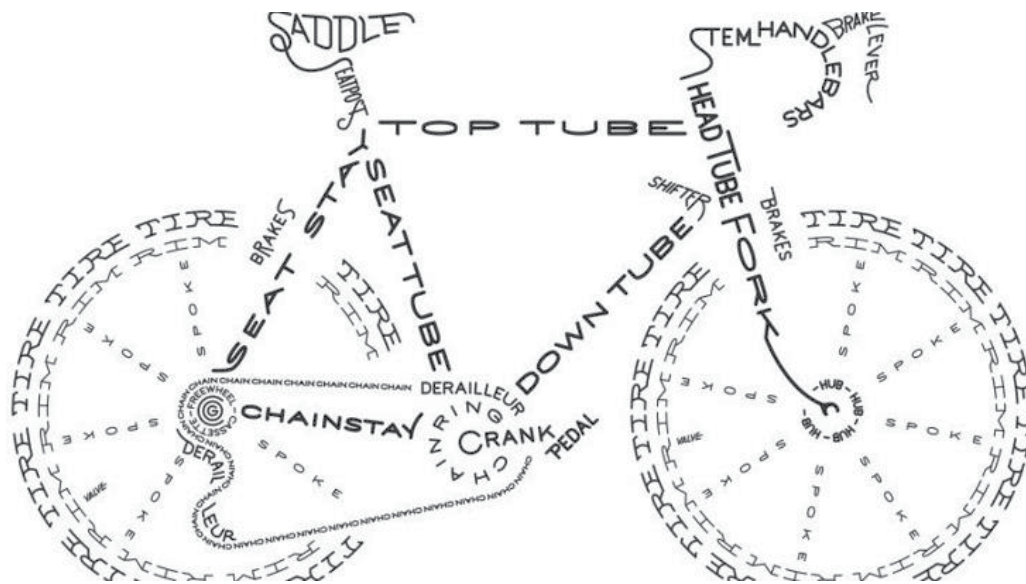
They were married 42 years ago. Both of them have ridden bikes throughout their adult lives along with other activities they have done together like back packing, Hobie Cat® racing, racket ball, sea kayaking, and Frisbee® (which they were both state champs at). They both did some commuting to work by bike early on. He got into riding road bikes and even though she owned a couple road bikes over the years, she never really rode them and stuck to the mountain bike. For 10 years they owned a

sail boat and cruised the Northwest waters extensively, as far north as Desolation Sound. They carried Bike Friday bikes on their boat and rode together on shore where ever they went. They kept their boat in Anacortes and that is how they came to know and love it and why they bought their retirement home there.

Early on he met a guy at work that was a Cat 2 racer. He started riding with this new friend and soon bought a Specialized Allez and started racing himself. After racing for 2 to 3 years he felt like it was taking too much time away from being with his family so he quit. A couple years later one of their sons took up juggling and the other one took up bike racing. The bike racer son went on to win 9 national championships, a silver medal at the world championships and raced extensively with the national team. Years later, when the father was 48, their son mentioned that he wanted to try bike racing again. So he stripped down his bike and shipped all his components to San Diego so his son could build a bike. The son then proceeded to win another national championship.

Without a road bike they both rode exclusively on mountain bikes for the next 12 years. They took and continue to take trips all over the Western USA seeking out mountain bike rides, as well as riding in the woods of Anacortes when they are home. One time they took a four day guided/supported trip on White Rim in Moab UT.

They both got new road bikes just this spring and joined and started riding with the club. He is getting used to riding a road bike again after 12 years off. She is basically getting used to road riding as a new thing. She is doing really well and feels like she will keep it up this time since this is the first time that she feels like she has a bike that fits her and she is comfortable riding.



Rides & Ride Reports

Board Briefs

Monday Rides- March Point Park And Ride - All Riders Welcome For This Ride Leaving Every Monday From March Point Park And Ride. Fall/Winter Start Time Of 11 Am. Distance of 35 Miles , MRR(15-17Mph) pace. Ride leader will asses the group and determine if a second slightly slower group leader is desired. No maps, riders stick together with leader(s), and a stop for a light lunch at or toward end of the ride.. Fun social riding in the heart of Skagit Valley.

Thursday, October Joy Rides will begin at The Farmhouse off Hwy 20. It's a social road ride. Often a coffee or lunch stop is included. Twenty to thirty miles this time of the year.

Ride Leaders Needed

October is the start of the new year for Ride Leader Points. It only takes 10 to receive a ride leader award. Start now with one ride a month and you will have it!! If you are a new ride leader give me a call or email to get started. Thank you. Janice 360 391 3931 or bikerjan1@hotmail.com



Skagit Bicycle Club- General Meeting Minutes

September 2, 2014

Present: Steve Jahn, Dan Sandstrom, Colby Plagge, Shaun Bridge, Gordon Odegaard, Cindy McGuiness, Jane Monroe, Jamie Wells, Marshall Will, Scott Rittscher, Marty Johnson, and Marci Maulden

The August 5, 2014 SBC meeting minutes were approved with no corrections. Welcome to new member Bob Maguire from Anacortes.

Ride Coordinator's Report:

Mike Tallering volunteered to do the ride calendar in September for the October ride schedule but could not be at the September board meeting. Jane Monroe passed a calendar around and will get with Mike about the October calendar. The calendar needs to be turned in to Rose Ploeg by the 19th of September to be included in the October newsletter.

Old Business:

Steve Jahn gave the SBC Board an overview of what will be happening at Open Streets Anacortes on September 14 from 11:00am to 3:00pm. SBC will have a table there which will be coordinated by Colby Plagge and Jane Monroe will also man a table to represent Special Olympics. Among many happenings, there will be four different music venues; the Retro Bike Ride coordinated by Ken Rasmussen; Bakerview BMX coordinated by Jamie Wells; used bike parts swap and sale coordinated by Steve Jahn. Among the many activities of special interest to bikers will be the dedication of USBR 10 which will take place at 1:00pm with the Secretary of Transportation Lynn Peterson officiating.

Jane will meet with Brian Adams from Skagit Parks and Recreation to identify where the Bill Thayer memorial bench will be located on the Padilla Bay Trail. It will be made from composite material with a bronze plaque.

Discussion continues on the effort to move the start/finish of the Spring Classic from Bayview School to Edison Elementary. The first major hurdle is parking. There are approximately 150 parking spaces at Edison Elementary but we are estimating a need for at least 500 parking spaces.

The October Annual Meeting will be held on October 8th this year at 6:00pm. The bylaws dictate that the Annual Meeting be held on the 3rd Wednesday of October but the Sedro Woolley Senior Center was not available at that time this year so the SBC Board approved an exception for 2014. Dan Sandstrom announced that Larry Tomovick, whom should prove to be an inspiration to us all, will be our speaker. Jane said Jim Finch agreed to provide flowers for decorations.

New Business:

Marshall Will gave an update for the nominating committee for the 2015 year. The nominees are as follows: President- Colby Plagge; Vice-President- Mike Tallering; Secretary- Cheryl Calhoun; Board Member (thru the end of 2017)- Marty Johnson; Board Member (thru the end of 2017)- Steve Jahn. The committee still needs to find a new volunteer to be the Ride Coordinator.

Donations to be voted on at the Annual Meeting are as follows: Skagit County Parks and Recreation; Skagit County EMS/Medic 1 Helmet Coalition; Baker-view BMX; Special Olympics (Skagit Branch); Skagit County Active Community Taskforce; Washington Bicycle; and League of American Bicycles. There will also be a chance for members to write-in their choice of charities by Other.

In the wake of the controversy caused by Ken Rasmussen's Retro Ride Prologue article in the September 2014 Saddle-Post Intelligencer, the SBC Board approved the decision to require an editorial review of all written submissions to the Saddle-Post Intelligencer from Ken Rasmussen from here on out. Cindy McGuiness and Jane Monroe will write a letter to Rose Ploeg, newsletter editor, explaining this decision. All articles from Ken will have to be submitted to the SBC President for distribution to the SBC Board for acceptance or rejection at the very next occurring board meeting.

The next SBC Board Meeting will be held at 6:00pm on Tuesday, October 7th at Dimensional Communications on 1220 Anderson Road, Mount Vernon. Meeting was adjourned at 7:26pm.

Respectfully submitted by Marci Maulden

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
OCTOBER 2014						
		1	2 11:00 am SRR Joy Ride Farmhouse Hwy 20 Jennifer McCoy 360 336 2528	3	4 8:00 am MRR No Drop Rain Cancels Skagit Cycle Center Anacortes Liz Jenkins 360 588 8776 10:00 am MRR Rain Cancels Washington School Westside Mount Vernon Marty Johnson 360 982 2513	5 10:00 am MRR Arlington Velo Sport 401 N Olympic Ave. Mark Everett 360 840 7457 2:00 pm SRR Ice Cream Social Ride RLH 17534 Fir Island Road, Mount Vernon (Conway) Jeannette Folkertsma 360 445 5924
6 11:00 am MRR March Point Park & Ride Dan Sandstrom 360 708 7108 Hanspeter Gehrig 360 588 9149 1:00pm SRR March Point Kathea Rasmussen 360 766 8720	7 6:00 pm SBC Board Meeting Dimensional Communications 1220 Anderson Rd Mount Vernon Dan Sandstrom 360 708 7108	8 Annual SBC Dinner Meeting 5:30 pm Social 6:00 dinner 7:00 program Sedro Woolley Senior Center 724 State ST Sedro Woolley Dan Sandstrom 360 708 7108	9 10:00 am SRR Joy Ride Farmhouse Hwy 20 Cheryl Minor 360 424 4836	10 9:00 am Breakfast ride Conway Red Barn Jean Sattler-Will 360 710 9577	11 8:00 am MRR No Drop Rain Cancels Skagit Cycle Center Anacortes Liz Jenkins 360 588 8776 10:00 am All riding levels Ramble Ride Conway Red Barn Jennifer McCoy 360 336 2528	12 10:00 am Long BRR Washington School Westside Mount Vernon Jim Finch 360 770 5915 10:00 am MRR Arlington Velo Sport 401 N Olympic Ave Mark Everett 360 840 7457
13 11:00 am MRR March Point Park & Ride Dan Sandstrom 360 708 7108 Hanspeter Gehrig 360 588 9149	14	15	16 10:00 am MRR-Joy Ride Farmhouse Hwy 20 Jack McTaggart 360 420 1857	17  Newsl et t er Deadl ine	18 9:00 am MRR RLH 624 Bennett St. Sedro Woolley Tom Jacobson 360 710 2834	19 10:00 am MTB Pilchuck Forrest East end of 300th St. Marshall Will 360 929 5003 10:00 am MRR Arlington Velo Sport 401 N Olympic Ave Mark Everett 360 840 7457
20 11:00 am MRR March Point Park & Ride Dan Sandstrom 360 708 7108 Hanspeter Gehrig 360 588 9149 1:00pm SRR March Point Kathea Rasmussen 360 766 8720	21	22	23 10:00 am SRR Joy Ride Farmhouse Hwy 20 Janice Lisherness 360 391 3931	24	25 8:00 am MRR no drop Skagit Cycle Center Anacortes Liz Jenkins 360 588 8446 9:30 am Woolley Cross Cyclocross Race Northern State Complex Sedro Woolley Marshall Will 360 929 5003 10:00 am All levels Ramble Ride Conway Red Barn Jeannette Folkertsma 360 445 5924	26 10:00 am MRR Arlington Velo Sport 401 N Olympic Ave Arlington Mark Everett 360 840 7457
27 11:00 am MRR March Point Park & Ride Anacortes Dan Sandstrom 360708 7108 Hanspeter Gehrig 360 588 9149 Steve Jahn 425 830 4981 1:00pm SRR March Point Kathea Rasmussen 360 766 8720	28	29	30 10:00 am SRR Joy Ride Farmhouse Hwy 20 Jerry Zeigler 253 906 7975	31  Happy Halloween!		RR Road Ride MTB Mountain Bike TT Time Trial RLH Ride Leader's Home Ride Pace: E Easy under 10mph S Social 10-12 mph M Moderate 12-16 mph B Brisk 16-20 mph ST Strenuous 20+ mph If weather is questionable call the ride leader



Skagit Bicycle Club Membership Form

Use PayPal to join or renew your membership online at www.skagitbicycleclub.org

Annual Dues:
Individual \$15.00 Family \$20.00

Check One:
 New Member Renewal

Mail this form to:
Skagit Bicycle Club
P.O. Box 363 Burlington WA 98233

Name
Address
City State Postal Code
Phones
Email:

You will receive your Newsletter via Email**Unless** you CHECK HERE to receive the paper version (not in color) via US Postal Service



Club Information



Skagit Bicycle Club

Officers & Board

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Mike Tallering
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Jamie Wells
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Volunteer Positions

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Spring Classic Coordinator:
Colby Plagge
Bridge Sweep Coordinator:
Steve & Dian Jahn
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dutchpedalar@yahoo.com
See Ride Calendar for Deadline

Bike Travel Cases: Deposit is \$100 and is refundable upon the return of the case. The borrower is responsible for the pickup and drop off of the case.

Bike Travel Trailer: "BOB" bike trailer with a water proof duffel.

Club Bike Racks: Four Yakima bike carriers attach to a roof rack 1 inch round bars front and rear. fork mount/ mounts for the front wheel. Currently kept in the Storage Unit in Mount Vernon.

To check out and arrange a pick up of any of the above items contact Jane Monroe 360 424 4619

Membership benefits include 10% off at these local businesses. Please remember to show your membership card to receive your discount.

Skagit Cycle Center
1704 S Burlington Blvd Burlington
360 757 7910
1620 Commercial Ave. Anacortes
360 588 8776
skagitcyclecenter.com

Arlington Velo Sport
Bicycle Shop
401 N Olympic Ave
Arlington, WA 98223
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